

PRESCHOOL

Week

27

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Virtual Tour of Antarctica

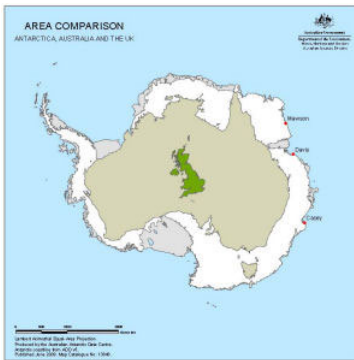
Materials: internet access, website:

<https://youtu.be/X3uT89xoKuc>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions related to the video, ex: "What is on this continent?" "Would you explore it?"



One Day on Our Blue Planet

by Ella Bailey

Materials: internet access, website:

<https://youtu.be/y5ro4U4QpVU>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to the place, ex: "What would it be like to live in the cold?" "Would you swim?"



Sounds of Antarctica

Materials: internet access, website:

<https://youtu.be/WqnQo3DgEoo>

Preparation: Preview video.

Instructions:

1. Watch the video with your child and listen to all the sounds of nature on this continent.
2. Ask, "What is your favorite sound?" "What makes you feel peaceful?"



Delicious Penguins

Materials: bananas, chocolate sauce, candy eyes, orange-colored candy

Preparation: Cut bananas in half. Melt chocolate sauce.

Instructions:

1. Ask your child to create a snack. Dip half banana in warm chocolate sauce on the end.
2. Stick eyes onto the face before chocolate dries.
3. Place orange candy as the nose and feet.
4. Enjoy!



Video: Months of Year in ASL

Materials: internet access, website:

<https://youtu.be/YwIDGxRKg0Y>

Preparation: Preview video.

Instructions:

1. Watch video with your child and try to learn a new sign language sign today.
2. Ask your child, "What is your favorite sign?" "What is the best season?"



Same Difference

by Calida Rawles

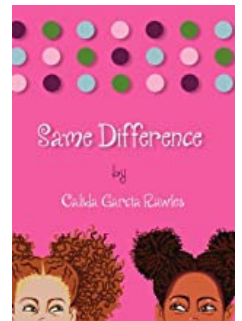
Materials: internet access, website:

<https://youtu.be/XpSLtVXF0Mc>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child about diversity in our world.
2. Ask questions related to the story, ex: "Do you look like all your cousins?"



Red Light, Green Light

Instructions:

1. Red Light, Green Light is great for teaching patience.
2. One child stands facing away at the other side of the yard. The goal is to be the first to touch that person, without getting caught moving.
3. When the person is facing away, that's a green light and children can move toward them. When the leader turns around to face the group, that's a red light, and children must stop.
4. Anyone the leader catches still in motion has to go back to the start.
5. To win at Red Light, Green Light, children need to rein in their impulse to run, instead choosing a pace where they can stop instantly. They'll also have to learn how to wait for the exact right moment to rush forward. If they misjudge and go too soon, they'll have to start over.



Video: 7 Continents

Materials: internet access, website:

<https://youtu.be/nmwv3sTGajs>

Preparation: Preview video.

Instructions:

1. Watch video with your child.
2. Ask your child, "What continent do you live on?" "Where would you like to visit?"



Only One You

by Linda Kranz

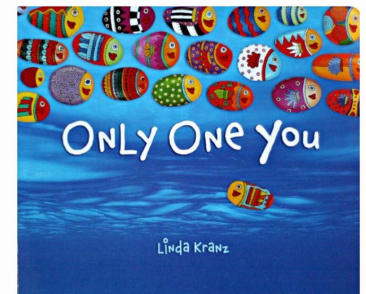
Materials: internet access, website:

https://youtu.be/v8tN1CQp_jY

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, such as "What was your favorite fish? How are you special?"



Hide & Seek

Instructions:

Hide and Seek is a great game for teaching problem solving. In order to stay hidden for the longest time, children have to assess their options so they can pick the best possible hiding spot. This builds spatial awareness, because children must consider factors such as which hiding places will offer the most cover.

As they gain experience, children will take an even more in-depth assessment approach, thinking about which spots are frequently used and therefore most likely to be checked first.



Video: Africa

Materials: internet access, website:

<https://youtu.be/PSYHMWmyVfo>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask your child questions about the video, ex: "What did you learn about Africa?" "What's your favorite place?"



One Day on Our Blue Planet in the Savannah

by Ella Bailey

Materials: internet access, website:

https://youtu.be/XeS5u_5w5Bs

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child.
2. Ask questions related to the story, ex: "What was your favorite part of the book?" "What was your favorite animal?"

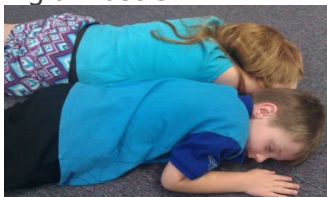


Sleeping Lions

Instructions:

It's important for children to learn how to stay focused despite distractions. Sleeping Lions is a fun way for kids to learn this life skill.

1. All the children lie down and pretend to be asleep.
2. Then, one person walks among the group (without touching anyone) trying to convince others to react and open their eyes.
3. The last child to still look like they're "sleeping" is the winner.
4. Sleeping lions encourages kids to be silly as they try to wake up their peers. To stay "asleep," kids have to keep themselves focused on not moving a muscle.



Video: Blue Planet

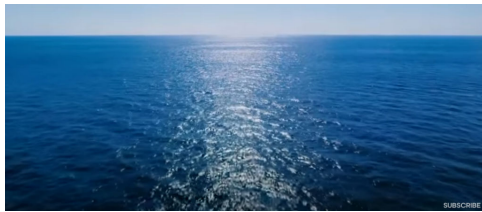
Materials: internet access, website:

https://youtu.be/_38JDGnr0vA

Preparation: Preview video.

Instructions:

1. Watch the video with your child on our planet.
2. Ask your child, "What do you think about the ocean?" "What surprised you?"



One Day on Our Blue Planet... in the Ocean

by Ella Bailey

Materials: internet access, website:

<https://youtu.be/l3b0rXUfMUM>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book with your child as another child reads the story.
2. Ask questions related to the story, ex: "What was your favorite part of the sea?" "Name ways we can help ocean animals."



Animals All Around

Materials: 2 papers (one blue, one green), variety of stuffed land and water animals

Instructions:

1. Place the blue paper at one end of the play area and the green at the other end. Put the animals in the center.
2. Tell your child these animals need to find their homes. Some live on continents (land) and some live in oceans (water).
3. Show the sheets and tell children green represents a continent and blue represents an ocean.
4. Ask your child to sort the animals and put them on the appropriate sheet.

