

Week 18 SERIES 1000-1050

**LEARNING GOALS**

- Exhibits interest in people and things in his/her surroundings
- Coordinates motions using eyes and hands
- Attends to bright or contrasting colors
- Shows interest in books
- Demonstrates ability to move objects
- Attends to bright or contrasting colors
- Exhibits body awareness and starts to move intentionally
- Experiments with sound

**DAILY SCHEDULE**

Morning Routine  
(Brush teeth, get dressed, breakfast)  
**Curriculum Activity**  
Snack  
Independent Play  
**Brain Waves**  
Lunch  
Rest/Nap  
**Curriculum Activity**  
Outdoor Play  
Evening Routine

**MATERIALS NEEDED**

- book
- book about green objects
- box
- flashlight
- green cloth or green paper streamer
- green objects
- green towel or blanket
- green toys
- paper (red and green)
- pillow
- scissors
- string
- toys

**CURRICULUM SCHEDULE**

**MONDAY**

Theme Exploration: *Grass, Trees, Leaves, Oh My!*  
Language/Literacy: *Leaves are Green*  
Brain Waves: *Follow the Beam*

**TUESDAY**

Theme Exploration: *A Day at the Park*  
Music and Movement: *Red Light, Green Light*  
Brain Waves: *Follow the Beam*

**WEDNESDAY**

Music and Movement: *Get that Green Thing*  
Cognitive Exploration: *Green Push and Pull*  
Brain Waves: *Follow the Beam*

**THURSDAY**

Language/Literacy: *Green Read-In 5*  
Theme Exploration: *Green Up, Green Down*  
Brain Waves: *Follow the Beam*

**FRIDAY**

Music and Movement: *Green Crawling*  
Creative Exploration: *Goodbye, Green*  
Brain Waves: *Follow the Beam*

## Theme Exploration

### Grass, Trees, Leaves, Oh My!

**Learning Goal:** Exhibits interest in people and things in his/her surroundings

**Instructions:**

1. Take your baby outside or hold him/her to look out of a window.
2. Describe green things that can be seen, such as grass and leaves.
3. If outside, allow him/her to touch a leaf or blades of grass and talk about the textures.
4. Wash hands after activity.



## Language/Literacy

### Leaves are Green

**Learning Goal:** Shows interest in shared reading experiences and looking at books

**Materials:** book

**Instructions:**

1. Display cover and discuss the illustrations as you read the book. Emphasize all things “green.”
2. Change voice and tone to reflect characters in the story.
3. Observe facial expressions and body movements for engagement in the story.



## Theme Exploration

### A Day at the Park

**Learning Goal:** Attends to bright and contrasting colors

**Materials:** green blanket or towel, toys

**Preparation:** Lay blanket out. Place several toys (some green) on top.

**Instructions:**

1. Talk about the blanket's color and texture as you encourage your baby to interact with the toys.
2. Acknowledge each toy and all things green.
3. Praise your baby for looking at green things.
4. Wash hands.



## Music and Movement

### Red Light, Green Light

**Learning Goal:** Attends to bright and contrasting colors

**Materials:** paper (green and red), scissors

**Preparation:** Cut a circle from each color of paper.

**Instructions:**

1. Say to your baby, "Look at these circles. One is red and one is green."
2. Place the circles apart but within reach of him/her.
3. Encourage him/her to reach for or crawl toward a circle. Acknowledge which circle was chosen.
4. Praise any effort!



## Music and Movement

### Get that Green Thing

**Learning Goal:** Attends to bright or contrasting colors

**Materials:** green object, string

**Preparation:** Attach a green object to a string so that it will dangle.

**Instructions:**

1. Sit with your baby.
2. Dangle something green in front of him/her. Encourage your baby to reach for the green object.
3. Dangle the object from side-to-side and up and down. Dangle fast and slow. Have fun!
4. Continue activity as long as interest remains.



## Cognitive Exploration (Science)

### Green Push and Pull

**Learning Goal:** Demonstrates ability to move objects

**Materials:** box, green objects

**Instructions:**

1. Sit with your baby.
2. Show him/her all the green objects.
3. Invite your baby to assist you with putting all the green objects into a box. Have him/her help you push the box of items around the room. Stop. Have him/her to help you pull the items around the room.
4. Each time use language to describe what you are doing. For example, say, "Now we are pushing the box. Now we are pulling the box."
5. Continue activity as long as interest remains.



## Language/Literacy

### Green Read-In 5

**Learning Goal:** Shows interest in books

**Materials:** book about green objects (if you do not have one, use a book with green items that you can discuss throughout)

**Instructions:**

1. Hold your baby so that he/she is facing the book.
2. Read at an easy pace. Point out details in pictures.
3. Ask and answer questions even if your baby cannot speak.
4. Allow your baby to hold and explore the book.
5. Continue activity as long as interest remains.



## Theme Exploration

### Green Up, Green Down

**Learning Goal:** Coordinates motions using eyes and hands

**Materials:** green toys

**Instructions:**

1. Give your baby a green toy and keep a green toy for yourself.
2. Grasp the green toy and move it up then down.
3. As you move it say, "Green is up, now green is down."
4. Praise your baby's ability to grasp the item and move it.
5. Continue activity as long as interest remains.



## Music and Movement

### Green Crawling

**Learning Goal:** Exhibits body awareness and starts to move intentionally

**Materials:** green cloth or green paper streamer

**Instructions:**

1. Sit with your baby.
2. Hold your baby and show the green cloth. Begin to drag it away from him/her.
3. Encourage to crawl to get the cloth.
4. Change the speed at which you drag the cloth.
5. Continue activity as long as interest remains.



## Creative Exploration

### Goodbye, Green

**Learning Goal:** Experiments with sound

**Materials:** green blanket or towel, green toy, pillow

**Instructions:**

1. Show your baby the pillow and blanket. Pretend to make a bed.
2. Get the green toy and say the green toy has to go to bed.
3. Say and sign “green.”
4. Encourage your baby to sing:

Goodbye, green.  
Goodbye, green.  
Goodbye, green.  
It's time to go to bed.

5. Continue activity as long as interest remains.

green

Shake the dominant “G” hand from the wrist.



## Supporting the Development of the Occipital Lobe

The occipital lobe is the part of the brain responsible for visual processing. Neurons for vision begin to form during the first few months of a child's life, so providing lots of visual stimulation during these critical periods is important. The occipital lobe identifies shapes and colors and interacts with other lobes to process visual information received.



## Visual Stimulation

### Follow the Beam

**Materials:** flashlight

**Instructions:**

1. Place your baby on your lap.
2. Turn on flashlight and shine toward wall.
3. Encourage your baby to look at the beam of light on the wall.
4. Move the flashlight slowly and encourage him/her to follow the beam.
5. Using an upbeat tone, tell your baby how well he/she did following the beam of light.
6. Continue activity as long as your baby remains interested.

*This activity builds eye-muscle coordination, tracking, and eye teaming skills in infants.*