

Kids 'R' Kids Mini Camp



Travel Club



Travel Club

Introduction:

Mapping Out our Journey

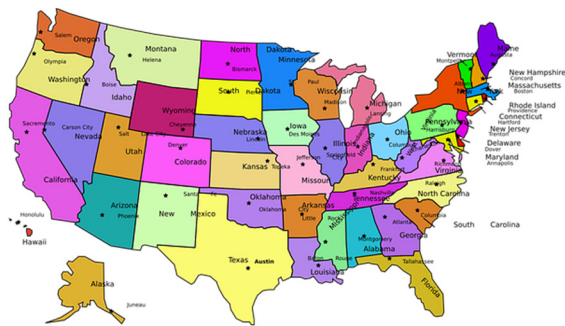
Materials: chart paper, marker, large map of the united states, internet access, tablet or smartboard, markers, individual paper for each camper, pencils

Time: approximately 30 minutes

Instructions:

Welcome campers to Travel Club!

"Welcome to the Travel Club where adventure awaits you! We will be visiting 6 different states across the United States. Along the way, we will make stops at different attractions, make crafts, cook, and even design our own postcards. Each state is unique, making our experiences for each one unique!" Share with campers the states that this club will be visiting.



Florida, New York, Vermont, Wisconsin, Idaho, and Hawaii.

Every travel adventure must begin with a plan! Share with Campers that you are going on a road trip to visit the states above. Before you get going, you need to map out and plan for your trip! Give each camper a piece of paper, pencil, and markers. Share with campers that everyone going on a trip should have an

itinerary. An itinerary is a list of places and activities in order from first to last. Encourage campers to make their own itinerary of your trip as you discuss the details.

Using your large map of the United States, discuss as group the following questions:

- In what order will we visit these states? Encourage campers to order the states in the most direct route, avoiding jumping all over the country.
- How are you going to travel? Cars? RV? Plane? If you are going by car or RV look up the time it would take to get from one state to the next. If you decide you will go by plane, discuss what airports you would fly from.
- What will you need to pack? Will you need different types of clothes for each state? Look up the weather in each state to help campers plan accordingly.

On the large map of the United States, draw out your journey based on your discussion with campers. Identifying where you will start, where you will go next, and where you will end your journey. Allow campers to help decorate the map. Hang this where campers can refer to it throughout the following weeks.

At the end of this camp share with campers: I hope you enjoyed visiting the states and that the memories will last! But most important, I hope you learned something about each state. Each state is unique and has something to offer as a product, destination of interest, beauty, or location.

Florida

Materials: chart paper, marker, internet access, tablet or smartboard, your map of the United States

Preparation: Preload and screen the links below.

Time: approximately 40 minutes

Instructions:

It's time to visit Florida! Revisit the information you shared about Florida as a group when you mapped out your journey. What was the weather like? It's important that you are prepared for your visit to Florida. Will you need a raincoat?

Ask campers the following questions:

- Has anyone visited Florida?
- What is Florida known for? What is the state bird? The capital?
- Name some of the attractions that you visited while you were there or some Florida attractions that you have heard about.
- What were your favorites? Where would you like to go?
- Would you like to live in Florida? Why or Why not?
- What part of the country is Florida located in?

We are going to visit the Kennedy Space Center in Cape Canaveral, Florida.

Show the link below about the space center:

https://www.youtube.com/watch?v=9_6terwDDWU – Virtual Tour (25 minutes long)

<https://www.kennedyspacecenter.com/> - Official Website with detailed information.

Building a Rocket:

Materials: cardboard cone or make one from cardboard, metallic paint or regular paint of various colors, square piece of cardboard, glue, sequins/stars, stickers, markers, and any other materials you would like to make available.

Time: approximately 25 minutes

Instructions:

1. Campers will paint or color their cardboard cone.
2. Next, roll the flat piece of cardboard into a cylinder and glue it to hold its shape. Once it is dry, campers will attach their cone to it.
3. Once the rocket has been assembled, campers can now decorate and design their rockets using their creative minds!
4. Have each camper label their rocket with their first and last name.



<https://wemadethislife.com/how-to-make-a-space-rocket/>

*** Complete the states based on the route that you planned out with your campers in order.

Snack - Astronaut Pudding Snack:

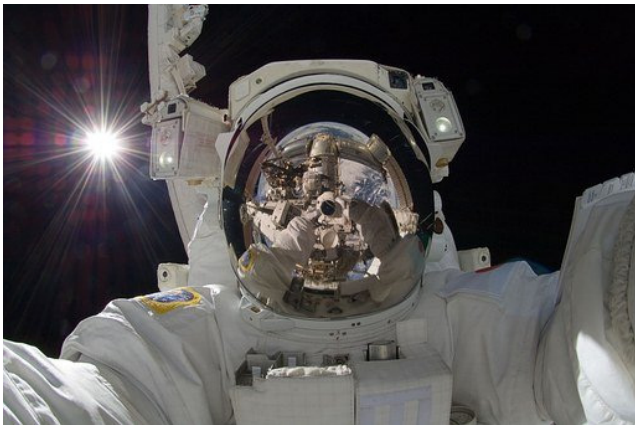
Materials: instant pudding mix, powdered milk, water

Time: approximately 25 minutes

Instructions:

1. Put one tablespoon and 2 teaspoons of dry instant pudding mix into plastic Ziploc bag,
2. Add 1 tablespoon and 2 teaspoons of powdered milk into bag. Mix it up. Share with campers that this is how the package would arrive at the space station.
3. Add just under ½ cup water to the bag. Close the Ziploc bag and make sure it is sealed tight.
4. Squish and squeeze the bag and mix the pudding until blended. Allow time for pudding to set.
5. Tear corner of bag and squeeze into your mouth.

Discuss with campers their thoughts on this experience and the way that astronaut's food is prepared.



Florida Postcard:

Materials: internet access, tablet or smartboard, index cards or similar sized card stock (one for each camper), pencils, markers, crayons, small 8x10 photo albums (one for each camper, labeled with their name)

Preparation: Preload and screen video:

<https://www.youtube.com/watch?v=DtfKHp4Gmcg>

Time: approximately 30 minutes

Instructions:

If this is the first-time campers are making a postcard for a state or if they need a refresher, share the video linked above.

It's time to make a postcard for Florida! When designing the front of your postcard, think about all the different information you discussed as a group about Florida. Encourage campers to include things like unique attractions, symbols of their weather, plant life, wildlife, etc. Once campers have completed their postcards, they will place them in their individual photo albums. At the end of this camp, they will have a photo album full of postcards they have created from each state that was visited.



New York

Materials: chart paper, marker, internet access, tablet or smartboard, your map of the United States

Preparation: Preload and screen the links below.

Time: approximately 40 minutes

Instructions:

Discuss how different New York is from any other states you visited so far. Revisit the information you shared about New York as a group when you mapped out your journey. What was the weather like? It's important that you are prepared for your visit to New York.

Ask campers the following questions:

- Has anyone visited New York?
- What is New York known for? What is the state bird? The capital?
- Name some of the attractions that you visited while you were there or some New York attractions that you have heard about.
- What were your favorites? Where would you like to go?
- Would you like to live in New York? Why or Why not?
- What part of the country is New York located in?

Look up pictures of New York and its big attractions. Here are a few links to get you started:

Statue of Liberty -

<https://www.history.com/topics/landmarks/statue-of-liberty>

Times Square -

<https://earth.google.com/web/@40.7591133,-73.9850006,2.8a,0d,60y,273.48276289h,98.51934738t,0r/data=Ck8aTRJHCiUweDg5YzI1ODU1YzY0ODAyOTk6MHg1NTE5NGVjNWExYWUwNzJlIGYgMq3gjYURAIabR5GIMf1LAKgxUaW1lcyBTcXVhcmUYASABiJAKLEFGMVfpcFB0TXhhSEJQRzNjQ0diZm1oR0ZWN29hQ3hWeC0ycHZjUFI0eTZCEAU>

Art - Sculpting the Statue of Liberty:

Materials: sculpting clay (green/mint colored), any sculpting tools, pictures of the statue of liberty

Preparation: Preload and screen the link:

<https://www.youtube.com/watch?v=tBMZNV63E6s>

Time: approximately 35 minutes

Instructions:

Give each camper sculpting clay and have various pictures of the statue of liberty out for them to refer to while sculpting their own Statue of Liberty. You can share the above video with campers for ideas on how to create a Statue of Liberty replica from clay. As campers are creating, discuss the different features and details that you observe on the Statue of Liberty. Spend some time looking at each camper's



sculpture and discuss their techniques with them. Once campers are finished, label each statue with child's first and last name. Display them in a special place in the school for everyone to see!

*While the children are creating the sculpture, play this classic New York song by Frank Sinatra:

<https://youtu.be/xMfz1jlyQrw>

*** Complete the states based on the route that you planned out with your campers in order.

Snack - Personal Pizza:

Materials: wax paper or foil, sharpie, english muffins split in half, tomato/pizza sauce, shredded mozzarella cheese, and any toppings you would like to provide such as pepperoni, cooked ground beef, chopped vegetables etc.

Preparation: Gather all ingredients needed. Notify your school's chef about this activity and using the oven.

Time: approximately 30 minutes

Instructions:

Talk about New York's ethnic neighborhoods with campers. Share with them that Little Italy is a popular tourist attraction in New York. Long ago, people from Italy settled in an area in New York, and it became the Little Italy known today. It is famous for Italian food.

1. Each camper will have a sheet of wax paper or foil in front of them labeled with their first and last name. Give each camper an English muffin that they will pull apart.
2. Campers will cover both halves with sauce first.
3. Next campers will add shredded mozzarella.
4. Allow campers to add any toppings they would like that you have available.
5. Once ready, bake them until the cheese melts. About 5-10 minutes.



New York Postcard:

Materials: internet access, tablet or smartboard, index cards or similar sized card stock (one for each camper), pencils, makers, crayons, small 8x10 photo albums (one for each camper, labeled with their name)

Preparation: Preload and screen video: <https://www.youtube.com/watch?v=DtfKHp4Gmcg>

Time: approximately 30 minutes

Instructions:

If this is the first-time campers are making a postcard for a state or if they need a refresher, share the video linked above.

It's time to make a postcard for New York! When designing the front of your postcard, think about all the different information you discussed as a group about New York. Encourage campers to include things like unique attractions, symbols of their weather, plant life, wildlife, etc. Once campers have completed their postcards, they will place them in their individual photo albums. At the end of this camp, they will have a photo album full of postcards they have created from each state that was visited.



Vermont

Materials: chart paper, marker, internet access, tablet or smartboard, your map of the United States

Preparation: Preload and screen the links below.

Time: approximately 40 minutes

Instructions:

Discuss how Vermont may differ from any other states you visited so far. Revisit the information you shared about Vermont as a group when you mapped out your journey. What was the weather like? It's important that you are prepared for your visit to Vermont.

Ask campers the following questions:

- Has anyone visited Vermont?
- What is Vermont known for? What is the state bird? The capital?
- Name some of the attractions that you visited while you were there or some Vermont attractions that you have heard about.
- What were your favorites? Where would you like to go?
- Would you like to live in Vermont? Why or Why not?
- What part of the country is Vermont located in?

Look up and discuss different facts and characteristics about Vermont.

Here are some links to help you get started:

Sugar making, Vermont -

<https://www.youtube.com/watch?v=aWjxExjASK8>

Facts about Vermont -

<https://www.ducksters.com/geography/state.php?State=Vermont>

Ben and Jerry's Ice Cream Factory -

<https://www.youtube.com/watch?v=GDYOHq-Vb1Y>

Snack - Homemade Maple Syrup & Pancakes/Waffles:

Materials: 2 cups granulated sugar, 1 cup brown sugar, 1/4 cup honey or corn syrup, 1 1/2 cups hot water, 1 teaspoon maple extract, 1 teaspoon pure vanilla extract



Preparation: Prepare the café for campers to help with this activity. Gather materials. Give notice to the chef.

Time: approximately 20 minutes

Instructions:

Campers have learned about sugar making and making maple syrup in Vermont. Now allow campers to learn how they can make their own maple syrup at home. Gather campers at tables in the café.

1. In a large pot combine 2 cups of granulated sugar, 1 cup of brown sugar, 1/4 cup of honey, and 1 1/2 cups hot water. Discuss each step with campers as you complete them. Talk about how your process is similar or different than what you saw in the video.
2. Hand the pot to the chef in the kitchen to cook. Bring campers back to their classroom while the chef finishes making the syrup. Cook the syrup over medium heat. Stirring until combined. The chef will bring it to a boil. Once boiling, lower the heat to medium-low to simmer and stir frequently for 8-10 minutes.
3. Remove from heat and let it sit for five minutes. Once it is set, stir in a teaspoon of maple extract and a teaspoon of vanilla extract.
4. Serve over waffles or pancakes for campers and enjoy!

*** Complete the states based on the route that you planned out with your campers in order.

Vermont Postcard:

Materials: internet access, tablet or smartboard, index cards or similar sized card stock (one for each camper), pencils, makers, crayons, small 8x10 photo albums (one for each camper, labeled with their name)

Preparation: Preload and screen video:
<https://www.youtube.com/watch?v=DtfKHp4Gmcg>

Time: approximately 30 minutes

Instructions:

If this is the first-time campers are making a postcard for a state or if they need a refresher, share the video linked above.

It's time to make a postcard for Vermont! When designing the front of your postcard, think about all the different information you discussed as a group about Vermont. Encourage campers to include things like unique attractions, symbols of their weather, plant life, wildlife, etc. Once campers have completed their postcards, they will place them in their individual photo albums. At the end of this camp, they will have a photo album full of postcards they have created from each state that was visited.



Wisconsin

Materials: chart paper, marker, internet access, tablet or smartboard, your map of the United States

***** Complete the states based on the route that you planned out with your campers in order.**

Preparation: Preload and screen the links below.

Time: approximately 40 minutes

Instructions:

Discuss how Wisconsin may differ from any other states you visited so far. Revisit the information you shared about Wisconsin as a group when you mapped out your journey. What was the weather like? It's important that you are prepared for your visit to Wisconsin.

Ask campers the following questions:

- Has anyone visited Wisconsin?
- What is Wisconsin known for? What is the state bird? The capital?
- Name some of the attractions that you visited while you were there or some Wisconsin attractions that you have heard about.
- What were your favorites? Where would you like to go?
- Would you like to live in Wisconsin? Why or Why not?
- What part of the country is Wisconsin located in?

Discuss and learn new facts about Wisconsin. Use the links below to help you get started:

Museum of Wisconsin Art Virtual Tour -
<https://wisconsinart.org/visit/virtual-tours.aspx>

Wisconsin facts -
<https://www.coolkidfacts.com/wisconsin-facts/>

Wisconsin State Capital Virtual Tour -
<https://capitol.wisconsin.gov/>

Discuss that it is state known as a dairy farm state. Swiss cheese was the world's first cheese produced in Wisconsin. Name dairy products. Make a chart of dairy products. Do you think we could make a dairy product?

Snack - Butter and Toast:

Materials: a glass jar (large mason jar works great), heavy whipping cream (35% whipping cream), 2-3 glass marbles (optional)

Preparation: Gather ingredients needed.

Time: approximately 20 minutes

Instructions:

1. Fill your jar up halfway with heavy whipping cream. If you decided to use marbles to assist in the process, drop them in now. Screw the lid back onto the jar and ensure it is tight.
2. Begin shaking it vigorously. Allow all camp members to take turns shaking the jar. After a few minutes the cream will thicken, and you will no longer hear liquid sloshing around. Keep Shaking!
3. As the liquid thickens, it turns into ship cream first! Discuss this with campers.
4. Keep shaking for a few more minutes! You soon hear liquid sloshing around again, it has now become buttermilk! The Buttermilk is beginning to separate from the butter. Keep shaking a few more minutes, taking turns, until the butter forms a solid mass.
5. Pour off the Buttermilk and remove the butter from the jar. Rinse your butter under COLD water. Knead it as your rinse it just a little bit.
6. After you are finished making the butter, make some toast to spread it on, and enjoy!

Wisconsin Postcard:

Materials: internet access, tablet or smartboard, index cards or similar sized card stock (one for each camper), pencils, makers, crayons, small 8x10 photo albums (one for each camper, labeled with their name)

Preparation: Preload and screen video:
<https://www.youtube.com/watch?v=DtFKHp4Gmcg>

Time:
approximately 30 minutes

Instructions:



***** Complete the states based on the route that you planned out with your campers in order.**

If this is the first-time campers are making a postcard for a state or if they need a refresher, share the video linked above.

It's time to make a postcard for Wisconsin! When designing the front of your postcard, think about all the different information you discussed as a group about Wisconsin. Encourage campers to include things like unique attractions, symbols of their weather, plant life, wildlife, etc. Once campers have completed their postcards, they will place them in their individual photo albums. At the end of this camp, they will have a photo album full of postcards they have created from each state that was visited.



Idaho

Materials: chart paper, marker, internet access, tablet or smartboard, your map of the United States

Preparation: Preload and screen the links below.

Time: approximately 40 minutes

Instructions:

Discuss how Idaho may differ from any other states you visited so far. Revisit the information you shared about Idaho as a group when you mapped out your journey. What was the weather like? It's important that you are prepared for your visit to Idaho.

Ask campers the following questions:

- Has anyone visited Idaho?
- What is Idaho known for? What is the state bird? The capital?
- Name some of the attractions that you visited while you were there or some Idaho attractions that you have heard about.
- What were your favorites? Where would you like to go?
- Would you like to live in Idaho? Why or Why not?
- What part of the country is Idaho located in?

Discuss facts and characteristics about Idaho with campers. Use the following links to help you get started:

Idaho Pictures and Facts -

<https://kids.nationalgeographic.com/explore/states/idaho/>

Virtual tours in Idaho -

<https://www.boiseartsandhistory.org/explore/virtual-tours/>

Idaho Potato Farm -

<https://idahopotatomuseum.com/>



The shape of Idaho is unique. Have campers cut out the shape of Idaho from construction paper. Allow campers to look at the shape of Idaho for two minutes before hiding it. They will draw from memory. See who got the closest to the real shape!

Snack – Potatoes:

Materials:

chart paper, marker, types of potatoes to eat (French fries, baked potatoes, hash browns), dipping sauces, toppings etc. (optional)



Preparation: Give notice to the chef. Gather ingredients.

Time: approximately 20 minutes

Instructions:

Remind campers about the history of potatoes and Idaho. Using chart paper, chart which form of potatoes is everyone's favorite: French fries, baked potatoes, hash browns etc. Which type of potato is the most popular? Have the chef cook the most voted for type of potato or even a few different types of potatoes. Have dipping sauces, or toppings etc. for campers to create their perfect potato treat!

*** Complete the states based on the route that you planned out with your campers in order.

Idaho Postcard:

Materials: internet access, tablet or smartboard, index cards or similar sized card stock (one for each camper), pencils, markers, crayons, small 8x10 photo albums (one for each camper, labeled with their name)

Preparation: Preload and screen video:

<https://www.youtube.com/watch?v=DtfKHp4Gmcg>

Time: approximately 30 minutes

Instructions:

If this is the first-time campers are making a postcard for a state or if they need a refresher, share the video linked above.

It's time to make a postcard for Idaho! When designing the front of your postcard, think about all the different information you discussed as a group about Idaho. Encourage campers to include things like unique attractions, symbols of their weather, plant life, wildlife, etc. Once campers have completed their postcards, they will place them in their individual photo albums. At the end of this camp, they will have a photo album full of postcards they have created from each state that was visited.



Hawaii

Materials: chart paper, marker, internet access, tablet or smartboard, your map of the United States

Preparation: Preload and screen the links below.

Time: approximately 40 minutes

Instructions:

Discuss how Hawaii may differ from any other states you visited so far. Revisit the information you shared about Hawaii as a group when you mapped out your journey. What was the weather like? It's important that you are prepared for your visit to Hawaii.

Ask campers the following questions:

- Has anyone visited Hawaii?
- What is Hawaii known for? What is the state bird? The capital?
- Name some of the attractions that you visited while you were there or some Hawaii attractions that you have heard about.
- What were your favorites? Where would you like to go?
- Would you like to live in Hawaii? Why or Why not?
- What part of the country is Hawaii located in?

Discuss facts and characteristics about Hawaii. Use the following links to help you get started:

Facts about Hawaii -

<https://kids.nationalgeographic.com/explore/states/hawaii/>

Virtual tour of Hawaii beaches -

https://www.youtube.com/watch?v=XnhZq_SF0ec

Volcano virtual tours -

<https://www.youtube.com/watch?v=Fff7UZv1UJU> and <https://www.youtube.com/watch?v=dh2Z6s68R0s>

Craft - Hawaiian Lei or Grass Skirt:

Materials: plastic tablecloths (green preferred), scissors, glue, Velcro with sticky back, flower stickers, paper flowers, drinking straws cut into 1-inch pieces, hole punch, yarn or think string

Preparation: Gather materials and have them prepared for campers.

Time: approximately 40 minutes

Instructions:

Allow campers to decide if they would like to make a Hawaiian Lei or a grass skirt. They can make both if they would like and time and resources permit.

Grass Skirts:

1. Start by cutting your tablecloth in half. One tablecloth will give you 2 grass skirts. One at a time, fold each half of the full tablecloth horizontally. With the fold at the top, fold it vertically a few times until you have about 5-6 inches to work with.

2. Cut 1 or 2-inch strips into the tablecloth, stopping 4-5 inches from the top fold line. Continue cutting until you've cut all along the folds vertically across.

3. Open your cut tablecloth. You will need to see how wide to make each skirt. Measure each camper and fold it perfectly to fit.

4. Once you have your size determined, add a line of glue to the top of the uncut skirt. When you add your line of glue, fold it over to make a thicker edge for the top. Glue the sides of the folded over edge as well.

5. Add a strip of sticky back Velcro to each side of the skirt at the back to help secure it to each camper's waist. Allow campers to decorate skirts with flower stickers if time permits.

*** Complete the states based on the route that you planned out with your campers in order.

Hawaiian Lei:

1. Start by cutting your straws into 1-inch pieces and punching holes in the center of your paper flowers.



2. Cut your yarn or string to the desired length.

3. Campers will add a straw then a flower, creating a pattern. You could use multiple colors of flowers and make an even brighter pattern.

4. When finished adding straws and flowers, tie the end strings together! Now you have a very cute Paper Lei! You are ready to HULA!

After making the grass skirt and Hawaiian Lei, show the following video to learn the Hula Dance:

<https://www.littlepassports.com/blog/hawaii/learn-hula-dance/>

Snack - Fruit Palm Trees:

Ingredients: Bananas, Kiwi, Grapes, Pineapples, sliced

Preparation: You can pre-slice the fruit to save time.

Time: approximately 20 minutes

Instructions

1. Slice banana in half and lay on a plate.
2. Add kiwi for the leaves at top of banana.
3. Add grapes hanging from leaves like coconuts.
4. Use the sliced pineapple to make a sun.
5. Let Campers get creative in creating their fruit palm trees! Enjoy your snack!!



Hawaii Postcard:

Materials: internet access, tablet or smartboard, index cards or similar sized card stock (one for each camper), pencils, markers, crayons, small 8x10 photo albums (one for each camper, labeled with their name)



Preparation: Preload and screen video:

<https://www.youtube.com/watch?v=DtfKHp4Gmcg>

Time: approximately 30 minutes

Instructions:

If this is the first-time campers are making a postcard for a state or if they need a refresher, share the video linked above.

It's time to make a postcard for Hawaii! When designing the front of your postcard, think about all the different information you discussed as a group about Hawaii. Encourage campers to include things like unique attractions, symbols of their weather, plant life, wildlife, etc. Once campers have completed their postcards, they will place them in their individual photo albums. At the end of this camp, they will have a photo album full of postcards they have created from each state that was visited.