

Alphabet Song

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=7U4Ugu1Y1u0>
3. Watch video with your child.
Encourage him/her to sing along.
4. Ask questions about the video, ex:
"What sound does 'r' make?" Continue asking the various letter sounds.



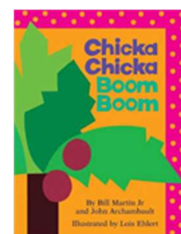
Chicka Chicka Boom Boom

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=A-V4zzXzpT8>
3. Listen to this read aloud book with your child.
4. Ask questions related to the story, ex:
"What happened when all of the alphabet climbed up the tree?"



Coconut Bowling

Materials: 10 water bottles (alt. blocks building blocks, Legos®, small boxes, etc.), rubber ball

Preparation: Set bottles up in a triangle pattern on the floor.

Instructions:

1. Encourage your child to take the ball (coconut) and roll it at the bottles (pins).
2. Have fun together as a family.
3. Add a twist and add letters to the bottles. Have your child identify them.



Hopscotch Letter Jump

Materials: chalk (if inside, tape), item to toss (rock, lid, etc.), letter flash cards (can be homemade)

Preparation: Make a hopscotch board and place letter cards in various squares.

Instructions:

1. Demonstrate how to hopscotch, toss the rock, hop to the square and pick up a letter. Identify the letter, its sound, and an item starting with that letter.
2. Encourage your child to try it. Have him continue until all letters have been identified.



Virtual Field Trip: A Trip to the Nursery

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=gqLPEFGCdHU>
3. Watch video with your child.
4. Ask questions about the video, ex:
"What were the four kinds of plants?"



Fletcher and the Springtime Blossoms

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=RXU2KYQRir8>
3. Listen to this read aloud book with your child.
4. Ask questions related to the story, ex:
"When Fletcher saw snow, what did he do?" and "What was it instead of snow?"



Flowers in the Garden

Materials: paint (markers or crayons), paintbrush, paper

Preparation: Find a flat workspace and gather all materials.

Instructions:

1. Encourage your child to draw or paint their own flower garden.
2. Have your child tell you a story about the flower garden.



Alphabet Relay

Materials: 2 containers, marker, paper, scissors

Preparation: Write letters (upper and lower case) on paper and cut out. Place in 1 container outside. Then place the other container 20ft. away.

Instructions:

1. Have your child stand at the empty container and call out a letter.
2. Encourage your child to run to the container and find the letter to place in the empty container.
3. Have your child say the letter sound long and short. (Assist if necessary.) Then, continue until all letters are in the other container.

Virtual Field Trip: How Does A Seed Become A Plant?

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=tkFPyue5X3Q>
3. Watch video with your child.
4. Ask questions about the video, ex:
"How does a seed become a plant?"



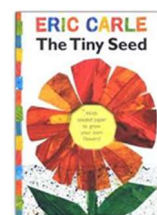
The Tiny Seed

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=ls6wTeT2cKA>
3. Listen to this read aloud book with your child.
4. Ask questions related to the story, ex:
"What places did the seeds land?" "What seasons did the seed go through?" "What happened to the seed?"



Ring the Flower

Materials: 4 paper plates, cardboard tube, markers (or crayons), scissors (child-sized)

Preparation: Gather all materials and make a stand for the cardboard tube using one of the plates.

Instructions:

1. Encourage your child to color 3 paper plates and cardboard tube. Then cut out the center (with your assistance if needed) making a ring.
2. Place the stabilized cardboard tube on the floor.
3. Encourage your child to toss the paper plates onto the ring. As he/she accomplishes "ringing the flower," then move him/her back a few steps.



Seed to Flower Yoga

Materials: none

Preparation: Practice before doing with your child.

Instructions:

1. Utilizing yoga moves. Let's stretch.
2. Encourage your child to become a seed:
Seed pose: sit back on your heels and bring forehead down to rest on the floor.
3. Now become a flower:
Flower pose: Slowly move body up into a squat position. Then move into a standing position slowly with arms stretching. Then, spread your arms out wide as a flower.



Virtual Field Trip: How to Plant a Garden | Farmers Market Field Trip

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=E1GrO6UbaXY>
3. Watch video with your child.
4. Ask questions about the video, ex:
"What is the difference between a fruit and a vegetable?"



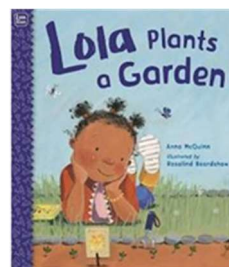
Lola Plants a Garden

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=C-VHFMhLR6k>
3. Listen to this read aloud book with your child.
4. Ask questions related to the story. i.e.
"What did Lola want to grow?"



Springing into AB Patterns

Materials: forks, spoons

Preparation: Gather all materials.

Instructions:

1. Encourage your child to make an AB pattern using forks and spoons. (Fork, spoon, fork, spoon, fork, spoon.) "What do you think comes next?"
2. When successful, use other objects to make an AB pattern.



Socks in the Basket

Materials: laundry basket, socks

Preparation: Roll up pairs of socks and set laundry basket out.

Instructions:

1. Set laundry basket away from your child. Demonstrate how to throw the socks into the laundry basket.
2. Encourage him/her to throw the socks into the basket. Keep moving it back as he/she becomes successful. Count how many pairs of socks are made each time.



Virtual Field Trip: Cooking Vegetables for Kids

by Steve and Maggie

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=aVC2ekVlb7I>
3. Watch video with your child.
4. Ask questions about the video, ex: "What items did Steve add to his salad?"



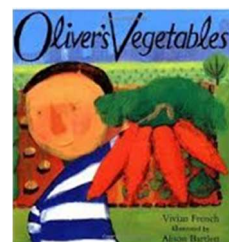
Oliver's Vegetables

Materials: internet access

Preparation: Preview the video.

Instructions:

1. Go to Youtube.com.
2. Place link in the search box:
<https://www.youtube.com/watch?v=IhmqiEXe8dc>
3. Listen to this read aloud book with your child.
4. Ask questions related to the story, ex: "What did Oliver tell his grandfather he only eats?" "What vegetables did he find?"



Vegetable Flower

Materials: variety of vegetables, plate

Preparation: Cut vegetables into various shapes to make a flower.

Instructions:

1. Encourage your child to create a flower using his/her vegetables.
2. Discuss the different vegetables and colors.
3. Encourage your child to eat her flower.



Picking Vegetables

Materials: none

Instructions:

1. Have your child bend over touching his/her hands to the ground. Then, move them further between her legs acting like she is pulling up vegetables. Come straight back up clap. Repeat.
2. Encourage your child to continue picking up vegetables calling out the various vegetables he/she has learned about.

