

Elephant March

Materials: picture of an elephant or stuffed/toy elephant

Instructions:

1. Talk about elephants and how they move.
2. Help your infant to march like an elephant.
3. Remember to make sound effects!

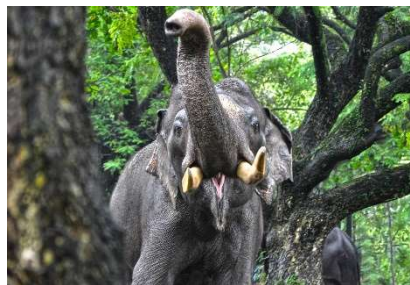


Elephant Trunk

Materials: picture of an elephant or stuffed/toy elephant

Instructions:

1. Talk about an elephant's trunk movement.
2. Move your infant's arms like the trunk.
3. Remember to make funny elephant sounds!



Dear Zoo

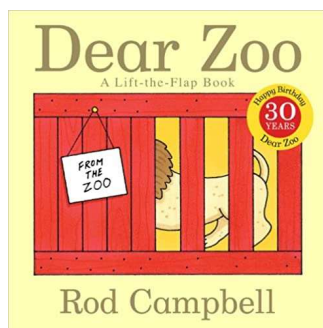
by Rod Campbell

Materials: internet access, website:
<https://youtu.be/phBt7CLp1UI>

Preparation: Preview the video.

Instructions:

Enjoy *Dear Zoo* by Rod Campbell.



Flying Birds

Materials: picture of a bird or toy bird

Instructions:

1. Talk to infants about how birds fly.
2. Gently move infant arms in a flapping motion.
3. Assist/modify as needed.



Birdy Bird

Materials: picture of a bird or toy bird

Instructions:

1. Move bird and encourage infant to follow the bird.
2. Assist/modify as needed.



Relax Birdy

Materials: internet access, preferred lotion, soft towel, website:

<https://youtu.be/0OzQKAl9V0>

Preparation: Preview the video.

Instructions:

1. Gently place your infant on the soft towel.
2. Engage infant in a gentle massage.
3. Assist/modify as needed.



Kangaroo Hold

Materials: none

Instructions:

1. Hold baby to chest, facing away. Support chest and under bottom with both arms. Let baby's head lean on your chest for support.
2. Sing this Australian kangaroo rhyme while gently swaying back and forth:

Kangaroo, skippyroo
Dozing in the midday sun
Comes a little boy, run run, run
Look who's caught you just for fun!



Animal Roll

Materials: ball, stuffed or toy zoo animals

Preparation: Gather all materials.

Instructions:

1. Help infant grab and roll ball towards animal. Assist/modify if needed.
2. Describe what the ball is doing in a happy voice.



Animal Moves

Materials: internet access, website:

https://youtu.be/eL_fl1Ebt7c

Preparation: Preview the video.

Instructions:

Enjoy the visit to the zoo while singing and moving together.



Seal Clap

Materials: picture of seal

Instructions:

1. Talk to your infant about a seal's movements.
2. Gently help him/her infant clap like a seal.
3. Assist/modify as needed.



Seal Song

Materials: internet access, website:
<https://youtu.be/nvkxXOLrc0k>

Preparation: Preview the video.

Instructions:

1. Gently place infant on tummy.
2. Enjoy this sing-along with infant.



Seal Flippers

Materials: soft scarf

Instructions:

1. Weave a soft scarf through your infant's fingers and toes like an accordion.
2. Pull scarf through slowly to avoid tickling.
3. Say this short rhyme as you pull the scarf:



The baby seal pup went
 swimming, swimming
 He went swimming, swimming so free.
 His flippers went a-splish and a-splash
 As he went swimming, swimming
 So far out to sea!

Toss it Up

Materials: stuffed animals

Preparation: Gather all materials.

Instructions:

1. Gently toss the animals up in the air.
2. Encourage infant to grab fallen animal.
3. Assist/modify as needed.



My Heart is Like a Zoo

by Michael Hall

Materials: internet access, website:
<https://youtu.be/GMksHENeO6s>

Preparation: Preview the video.

Instructions:

Enjoy *My Heart is Like a Zoo* by Michael Hall.



Get that Animal

Materials: stuffed animals

Preparation: Place animals in a straight line on the floor.

Instructions:

1. Gently place your infant on his/her tummy.
2. Encourage your infant to scoot/crawl to the animals.
3. Assist/modify as needed.

