



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multi grain Cheerios & milk	Cinnamon rolls	Turkey sausage & biscuits	Toast w/ jelly & eggs	Fruit Pancakes & eggs
AM	Yogurt Bark	Yogurt Parfait	Trail Mix	Fresh fruit & crackers	Fruit bar
Lunch	Chicken pot pie w/veggies & fresh fruit	Taco Tuesday, veggies & fresh fruit	Mac & cheese, veggies & fresh fruit	Enchilada Casserole, veggies & fresh fruit	Cheese Pizza, veggies & fresh fruit
Vegetarian	<i>Veggie Pot Pie</i>	<i>Bean & cheese taco</i>	<i>NA</i>	<i>Veggie Casserole</i>	<i>Veggie nuggets</i>
PM Snack	Cheese sticks	Animal Crackers	Rice cakes & fruit	Goldfish	Fruit yogurt
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Muli grain Chex cereal & milk	Cinnamon Rolls & Fruit	Turkey sausage & biscuits	Toast w/Jelly & Eggs	Pancakes & fresh fruit
AM	Applesauce & graham crackers	Fresh fruit w/ crackers	Trail mix	Yogurt parfait	Fruit bars
Lunch	Sweet and sour chicken, veggies an & fresh fruit	Taco Tuesday, veggies & fresh fruit	Spaghetti, veggies & fresh fruit	Cheese pizza, veggies & fresh fruit	Chicken nuggets, tater tots & fresh fruit
Vegetarian	<i>Veggie Sweet & sour chicken</i>	<i>Bean & cheese taco</i>	<i>Spaghetti w/ marinara sauce</i>	<i>NA</i>	<i>Veggie nuggets</i>
PM Snack	Pretzels& Cheese	Sun butter sandwich	Fruit muffins	Fruit cup & Graham Crackers	Oatmeal Cookies & Fruit
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multi grain Cheerios & milk	Cinnamon roll & Fruit	Turkey sausage & biscuits	Toast w/ jelly & eggs	Pancakes & Fresh fruit
AM	Fresh fruit & crackers	Trail mix	Yogurt bark	Cinnamon Tortillas	Fruit cup
Lunch	Turkey wrap, veggies & fresh fruit	Taco Tuesday, veggies & fresh fruit	Chicken alfredo, veggies & fresh fruit	Chicken sandwich, tater tots & fresh fruit	Chicken nuggets, Mash potatoes & fruit
Vegetarian	<i>Sun butter sandwich</i>	<i>Bean and cheese taco</i>	<i>Alfredo pasta</i>	<i>Grill cheese sandwich</i>	<i>Veggie nuggets</i>
PM Snack	Cheese sticks & Cracker	Animal crackers	Goldfish	Fruit cup & crackers	Rice cakes & sun butter
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multi grain Chex cereal & milk	Cinnamon rolls & Fruit	Turkey sausage & biscuits	Toast w/ jelly & eggs	Pancakes & Fresh fruit
AM	Yogurt parfait	Fresh fruit w/ Graham crackers	Cheese & crackers	Rice Cakes & fruit cup	Fruit bar
Lunch	Pizza roll -up, veggies & fresh fruit	Taco Tuesday, veggies & fresh fruit	Grill cheese sandwich, veggies & fresh fruit	Spaghetti w/ marinara sauce, veggies & fresh fruit	Cheese pizza, Tater tots & fresh fruit
Vegetarian	<i>Veggie nuggets</i>	<i>Bean & cheese taco</i>	<i>NA</i>	<i>NA</i>	<i>NA</i>
PM Snack	Animal crackers	Oatmeal Cookies & Fruit	Goldfish	Sun butter sandwich	Banana pudding & Crackers

Whole Milk is served with breakfast and lunch; water is also available to the children throughout the day. We are a Nut- Free environment! All fresh fruits are seasonal and provided for all lunch meals.