



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & Milk	Toast w/ jelly & eggs	Turkey sausage & biscuits	Cinnamon rolls	Fruit Pancakes
AM	Yogurt Bark	Fruit bars	Trail Mix	Fruit & crackers	Applesauce & Graham Crackers
Lunch	Chicken nuggets, veggies & Fresh fruit	Taco Tuesday, veggies & Fresh fruit	Spaghetti, veggies & Fresh fruit	Pin-wheels, veggies & Fresh fruit	Hamburger, veggies & Fresh fruit
Vegetarian	<i>Veggie nuggets</i>	<i>Bean & Cheese Taco</i>	<i>Spaghetti w/ marinara sauce</i>	<i>Grill cheese sandwich</i>	<i>Veggie Nuggets</i>
PM Snack	Cheese sticks & Crackers	Animal Crackers	Fruit Muffins	Goldfish	Fruit yogurt
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & milk	Toast w/ jelly & eggs	Turkey sausage & biscuits	Cinnamon rolls w/ Fruit	Pancakes & Fresh fruit
AM	Applesauce & Graham crackers	Bananas & Crackers	Cheese & crackers	Yogurt Parfait	Fruit bars
Lunch	Chili mac, veggies an & Fresh fruit	Taco Tuesday, veggies & Fresh fruit	Mac & cheese, veggies & Fresh fruit	Cheese pizza, veggies & Fresh fruit	KRK Lunchables, veggies & Fresh fruit
Vegetarian	<i>Veggie Chili Mac</i>	<i>Bean & cheese Taco</i>	<i>NA</i>	<i>NA</i>	<i>Veggie nuggets</i>
PM Snack	Pretzels	Jello & Fruit	Fruit muffins	Fruit cup	Banana pudding & Crackers
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & Milk	Toast w/ jelly & eggs	Turkey sausage & biscuits	Cinnamon roll w/ Fruit	Pancakes & Fresh fruit
AM	Bananas & Crackers	Trail mix	Yogurt bark	Cinnamon Toast	Fruit cup
Lunch	Mac and Cheese, veggies & Fresh fruit	Taco Tuesday, veggies & Fresh fruit	Alfredo, veggies & Fresh fruit	Chicken quesadillas, veggies & Fresh fruit	Cheese pizza, veggies & Fresh fruit
Vegetarian	<i>NA</i>	<i>Bean and cheese Taco</i>	<i>NA</i>	<i>Cheese quesadillas</i>	<i>NA</i>
PM Snack	Cheese sticks & crackers	Animal crackers	Goldfish	Fruit cup	Fruit bar
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & Milk	Toast w/ jelly & eggs	Turkey sausage & biscuits	Cinnamon rolls w/ Fruit	Pancakes & Fresh fruit
AM	Yogurt Bark	Trail mix	Cheese & Crackers	Yogurt Parfait	Fruit bar
Lunch	Pizza roll -up veggies & Fresh fruit	Taco Tuesday, veggies & Fresh fruit	Meatballs, mash potatoes & Fresh fruit	Spaghetti w/ marinara sauce, veggies & Fresh fruit	Chicken nuggets, Tater tots & Fresh fruit
Vegetarian	<i>Veggie nuggets</i>	<i>Bean & Cheese taco</i>	<i>Veggie nuggets</i>	<i>NA</i>	<i>Veggie nuggets</i>
PM Snack	Animal crackers	Graham crackers & applesauce	Goldfish	Jello & Fruit	Banana pudding & crackers

Whole Milk is served with breakfast and lunch; water is also available to the children throughout the day. We are a Nut-Free environment! All fresh fruits are seasonal and provided for all lunch meals.