

Week 1	29	30	1	2	3
Snack AM			Waffles + milk	Toasted cheese bagel	Cereal + milk
Lunch			King ranch chicken, mixed veggies + oranges	Chicken alfredo, peas + pears	Pizza, salad + pineapple
Snack PM			Veggie straws + hummus	Yogurt + bananas	Fig bar + juice
Week 2	6	7	8	9	10
Snack AM	Rice cakes + berries	French toast sticks + bananas	Yogurt + peaches	Cinnamon apples + graham crackers	Bacon + potato breakfast bowl
Lunch	Chicken nuggets, mac and cheese + mixed fruit	Quesadillas, beans + peaches	Chili mac, green beans + mixed fruit	Chicken tenders, veggie straws + oranges	Grilled cheese, baked beans + apples
Snack PM	Animal crackers + pears	Fig bar + fruit	Gold fish + fruit juice	Ritz + cheese	Nutri grain bar + peaches
Week 3	13	14	15	16	17
Snack AM	Cinnamon toast + apples	Cereal + milk	Muffins + pears	Biscuits + jelly	Fig bar + milk
Lunch	Meatballs, carrots + pears	Fish fillet, tater tots + peaches	Chicken burger, green beans + apples	Fajita tacos, pinto beans + pineapple	Sun butter + jelly sandwich, Veggie puffs + banana
Snack PM	Veggie straws + cheese dip	Nutri grain bar + juice	Animal crackers + strawberries	Graham crackers + apple sauce	Goldfish + pears
Week 4	20	21	22	23	24
Snack AM	Cereal + milk	Chicken biscuit	Breakfast pizza + milk	Toast + bananas	Pancakes + bacon
Lunch	Chicken nuggets, veggie straws + pears	Chicken pot pie + peaches	Spaghetti, green beans + oranges	Steak fingers, mashed potatoes + peaches	Pepperoni + cheese sliders, fries + pineapple
Snack PM	Animal crackers + apple juice	Cheese quesadilla	Rice cakes + sun butter	Cucumbers + ranch	Diced apples + whole wheat crackers
Week 5	27	28	29	30	31
Snack AM		Sausage biscuit	Breakfast donut + milk	Fig bar + milk	Yogurt parfait
Lunch	-CLOSED-	Chicken nuggets, peas + strawberries	Seasoned chicken, mashed potatoes with gravy, peaches + a roll	Pizza, corn + oranges	Ravioli, mixed veggies + pears
Snack PM		Graham crackers + cinnamon cream cheese	Muffins + bananas	Fruit cup	Breadsticks + pepperoni