

PRE-K

Week

12

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Virtual Trip A Trip to the Beach

Materials: internet access, website:
<https://www.youtube.com/watch?v=cPUNkkgD-ko>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to learn about safety at the beach.
2. Ask your child "What are some things you need to wear to the beach to stay safe?" "What do lifeguards do to keep you safe?" "Why do we have rules?" "What does the flag mean at the beach?"



Beach Day!

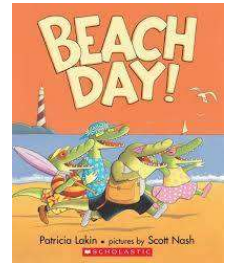
by Patricia Lakin

Materials: internet access, website:
<https://www.youtube.com/watch?v=xwfA0FFat7E>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to listen to the story.
2. After listening to the story, ask related questions, ex: "Why did the artist choose a red background for the first page?" "Name some of the items needed for the beach." "How did they go to the beach?"



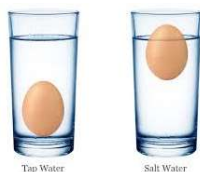
Saltwater Experiment

Materials: table salt, 2 clear glasses, tablespoon, tap water, two raw eggs

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you. Have him/her hypothesize what will happen.
2. Fill the two glasses with tap water.
3. Add about 6 tablespoons of salt in one of the glasses of water and stir it well until the salt has completely dissolved.
4. Place one egg in each of the glasses of water and observe which egg and which one sinks.



Race to Dress for the Beach

Materials: beach bag, beach items (ex: towel, bucket, shovels, sunglasses, sunscreen, hat, bathing suit, cover-up, etc.)

Preparation: Gather materials and set out in various places.

Instructions:

1. Encourage your child to join you.
2. Tell him/her we are going to get dressed for the beach/pool. Have your child name items he/she may need. Then, show him/her the items (inside or outside).
3. Have your child race to an item put in the bag.
4. Continue until all items have been picked up.



Virtual Trip All About Bats

Materials: internet access, website:

<https://www.youtube.com/watch?v=9FVoTMOorXA>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to learn about bats.
2. Ask your child "Where do bats live?" "What do lifeguards do to keep you safe?" "How are bat wings different than bird wings?" "What do bats eat?"



Bats at the Beach

By Brain Lies

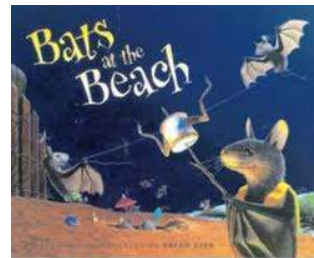
Materials: internet access, website:

<https://www.youtube.com/watch?v=j5TZYFyD0Sq>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to listen to the story.
2. After listening to the story, ask related questions, ex: "What are some of the rhyming words you heard?" "What activities did the bats do at the beach?"



Bat Straw Rockets

Materials: straws (wide diameter and small diameter), tape, crayons, markers, colored pencils, scissors, bat template

Preparation: Print out template.

Instructions:

1. Encourage your child to join you.
2. Have your child color his/her bat and then cut out.
3. Then, take the wide straw and cut to length to fit on the back of the bat. Tape in place. Slip smaller straw inside of wider straw.
4. Then, have your child blow air into the straw and watch the bat fly.



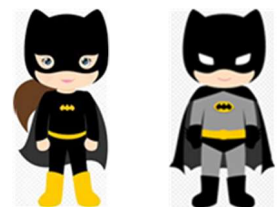
Batman/Batgirl Scavenger Hunt

Materials: template (included), prize

Preparation: Print out template and decide on the prize for completion.

Instructions:

1. Encourage your child to join you.
2. Tell your child that he/she is a bat hero and have a mission to find all the items on this list.
3. Give your child the list and help him/her read it if needed.
4. Once completed, give your child his/her prize.



Virtual Trip Sand Dollars: Its Alive

Materials: internet access, website:
<https://www.youtube.com/watch?v=3uwOURjneWQ>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to learn about sand dollars.
2. Ask your child "What are the differences between Sand Dollars that are alive and dead?" "What can you see moving on the live Sand Dollar?" "What do they eat?"



Beach Day

By Karen Roosa and Maggie Smith

Materials: internet access, website:
<https://www.youtube.com/watch?v=5KbPXpXfxBo>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to listen to the story.
2. After listening to the story, ask related questions, ex: "What are some of the rhyming words you heard?" "What activities did the children do at the beach?"



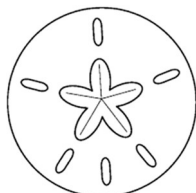
Sand Dollar Words

Materials: Sand Dollar Template, child-sized scissors

Preparation: Print off several copies of the template.

Instructions:

1. Encourage your child to join you.
2. Have your child cut out the Sand Dollars. (Assist if needed.)
3. Then show your child the sight word list. Encourage him/her to say the words and use the Sand Dollars to spell them.
4. Also, add new words like your address, other people's names, etc.



Beach Yoga

Instructions:

1. Encourage your child to join you for yoga poses.
2. **Sun Salutation:** Simply stand with your feet shoulder-width apart and extend your arms straight up towards the sky. Tilt your chin up and stretch, feeling the sun's warmth and taking deep breaths.

Warrior Pose: From sun salutation, slide your feet so that your right foot is still square to your body but comfortably behind you, and your left foot in front, like a deep triangle. Bend your left knee and straighten your right leg while lifting your arms to shoulder height, with each arm pointing straight in the direction of each foot.



Virtual Trip Seagulls

Materials: internet access, website:

<https://www.youtube.com/watch?v=PHVWPJl4aYc>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to learn about seagulls.
2. Ask your child "When they are together, they are called a ___?" "How do they work together?" "What do they drink?"



Seagull

by Danny Snell

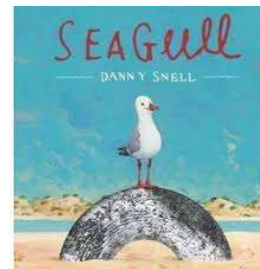
Materials: internet access, website:

<https://www.youtube.com/watch?v=TagDuUuW9AE>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to listen to the story.
2. After listening to the story, ask related questions, ex: "What does hover mean?" "What did she get tangled in?" "What did she do and who helped?"



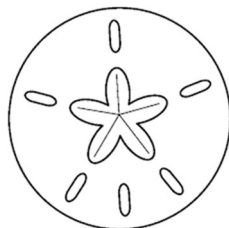
Sand Dollar Numbers

Materials: Sand Dollar Number Template, child-size scissors

Preparation: Print template.

Instructions:

1. Encourage your child to join you.
2. Have your child cut out the Sand Dollars. (Assist if needed.)
3. Then encourage him to identify the numbers and then put them in the correct order. You can also have him write the numbers and even match up items one to one.



Beach Yoga

Instructions:

1. Encourage your child to join you for yoga poses.
2. **Triangle Pose:** Straighten your legs back to a deep triangle, rotate your arms so that your left arm is resting in front of your left leg and your right arm is pointed up to the sky, and tilt your torso accordingly. Turn your face to the sky and take deep breaths.

Dolphin Pose: Start by getting on all fours (knees and hands) with your knees shoulder-width apart. Lay your forearms against the ground with your palms face down, and push your hips up, extending your legs and feeling a gentle stretch in your back and necks. Keep your knees loose and come up on your toes if you need to.



Virtual Trip Hermit Crab Facts: What's under the shell?

Materials: internet access, website:
<https://www.youtube.com/watch?v=k1P24jvrF8g>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to learn about hermit crabs.
2. Ask your child "What do hermit crabs wear for protection and eat?" "Where do they live?" "Do they make their own shells?"



A House for Hermit Crab

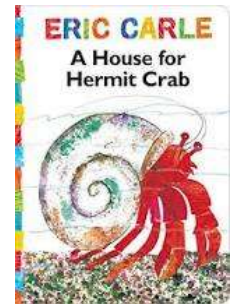
by Eric Carle

Materials: internet access, website:
<https://www.youtube.com/watch?v=rBTBQmVPJbE>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to listen to the story.
2. After listening to the story, ask related questions, ex: "What did the Hermit Crab need to do to his house?" "What sea animals did he see?"



Beach Writing

Materials: paper, pencil, markers, colored pencils, crayons

Preparation: Gather materials.

Instructions:

1. Encourage your child to join you. Talk about what he/she has learned this week.
2. Ask your child to write a story about the beach, bat, seagulls, sand dollars, or hermit crabs. Then, illustrate it. You can also have him/her make a book that includes what he/she has learned about all of these things. Assist as needed.
3. Encourage your child to read it to you.

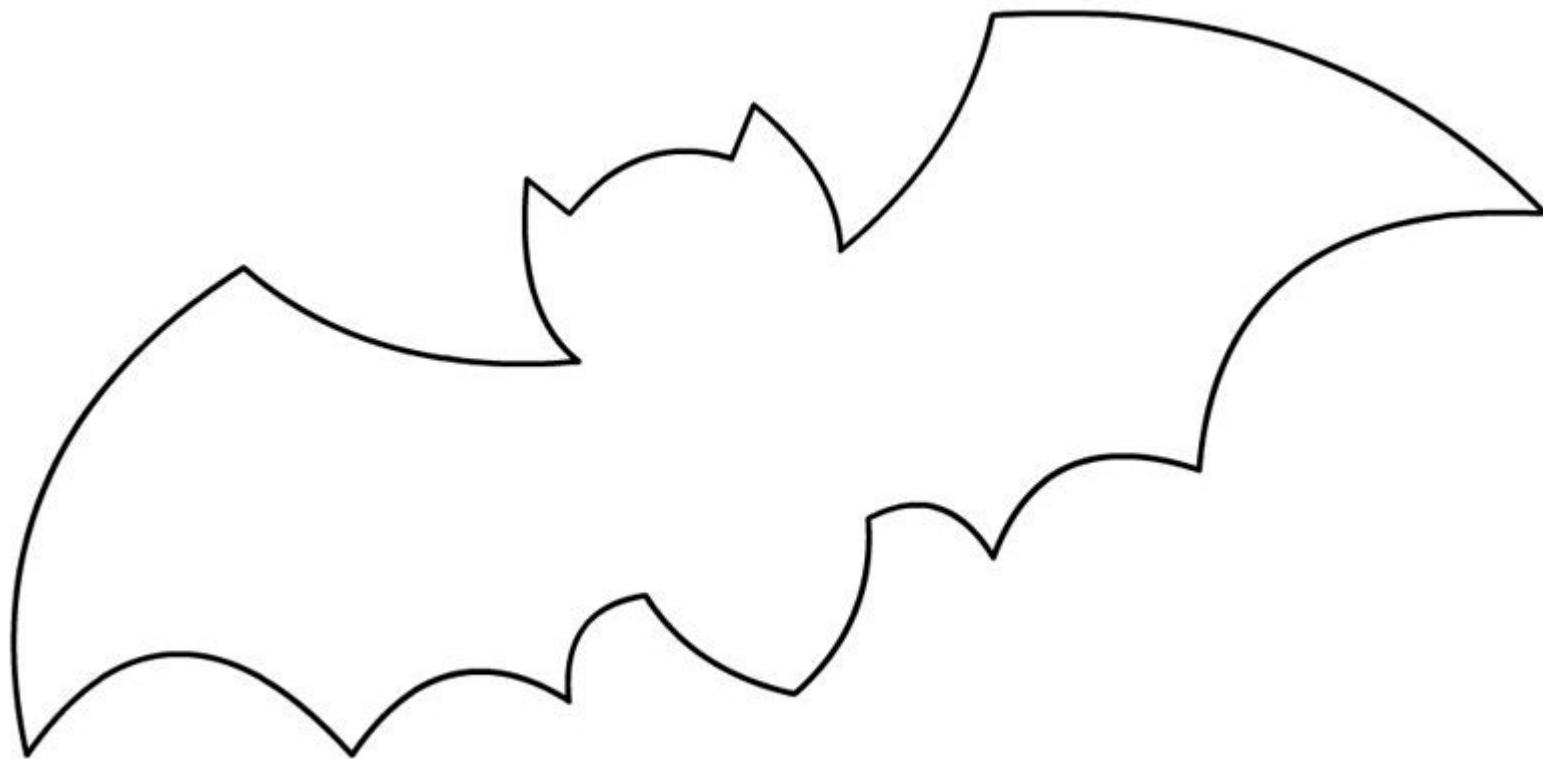


Hermit Crab Crawl

Instructions:

1. Encourage your child to join you for yoga poses.
2. Sit on your bottom with your knees bent and feet flat on the floor.
3. Place your hands behind your hips on the ground.
4. Press your hands and feet down as you lift your hips up high.
5. Lengthen your belly, chest, and back of the neck. Try to make the front of your body into a straight line.
6. Release your bottom down.





Batman/Batgirl Scavenger Hunt (There is a girl and a boy template)

(Your Superhero mission is to find the treasures and complete all the task)



Can you find something that rhymes with moon?



Find something yellow



Find something that begins with the first letter of your name



Find a small flower



Find a utensil you use to eat with



Find a piece of fruit



Draw a picture of a bat and hide it for someone else to find

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