

Week 1	29	30	1	2	3
Breakfast			Biscuits with Jam and Sliced Apples	Whole Grain Cereal, Bananas	CLOSED For 4th of July
Lunch			Chicken Soft Tacos, Black Beans, Corn, Berries	Tater Tot Casserole, Dinner Roll, and Peaches	
Snack PM			Whole grain Goldfish and 100% Juice	Crackers w/ Cheese Slice	
Dinner			Baked Ziti, Bun, Cucumber Slices and Mixed Fruit	Homemade Chicken Salad Sandwich, Mixed Fruit, Baby Carrots	
Week 2	6	7	8	9	10
Breakfast	Whole Grain Cereal, Bananas	Pancakes, Turkey Sausage and Oranges	Whole Grain Cheese Toast and Apples	Whole Grain Cereal, Bananas	Waffles and Applesauce
Lunch	Homemade Baked Ziti, Green Beans, and Apples	Chicken Teriyaki, Rice, Mixed Vegetables and Apples	Mac and Cheese, Carrots and Berries	Rice w/ Mild Chili Beans, Corn and Mixed Fruit	Cheese Pizza, Salad and Oranges
Snack PM	Cheez it w/ 100% Juice	Goldfish and Apple Juice	Graham Crackers and Greek Yogurt	Pretzels and Nacho Cheese	Whole Wheat Crackers and Cheese Sticks
Dinner	Grilled Cheese, Oranges and Broccoli	Cheese Quesadillas, Mixed Vegetables and Peaches	Homemade Turkey and Cheese Lunchables, Crackers, Salad and Cantaloupe	Baked Ziti, Cucumber Slices and Apples	Homemade Chicken Salad Sandwich, Cantaloupe and Carrot Sticks
Week 3	13	14	15	16	17
Breakfast	Whole Grain Cereal, Bananas	Pancakes, Turkey Sausage and Oranges	Biscuits with Jam and Sliced Apples	Whole Grain Cereal, Bananas	Waffles and Apple Sauce
Lunch	Fish Sticks, French Fries, Mixed Fruit	BBQ Meatballs, Mashed potatoes, Sliced Bread, and Apples	Rice w/ Mild Chili Beans, Corn and Cantaloupe	Grilled Cheese Sandwich, Tomato Soup and Oranges	Chicken Nuggets, Mashed Potatoes, Whole Grain Bread and Peaches
Snack PM	Animal Crackers with 100% Juice	Whole Grain Goldfish w/ Apple Juice	Graham Crackers and Apple Juice	Crackers w/ Cheese Stick	Animal Crackers and 100% Juice
Dinner	Homemade Turkey and Cheese Lunchables, Crackers, Salad and Peaches	Grilled Cheese, Berries and Broccoli	Chicken Cheesy Pasta, Cucumber Slices and Apples	Homemade Chicken Salad Sandwich Peaches, Baby Carrots	Cheese Quesadillas, Mixed Vegetables and Bananas
Week 4	20	21	22	23	24
Breakfast	Whole Grain Cereal, Bananas	Pancakes, Turkey sausage and Oranges	Whole Grain Cheese Toast and Apples	Whole Grain Cereal, Bananas	Waffles and Apple Sauce
Lunch	Cheesy Chicken Rice Casserole, Broccoli and Apple Slices	Chicken Soft tacos, Black Beans, Corn, Cantaloupe	Chicken Penne Alfredo, Green Beans and Oranges	Tater Tot Casserole, Dinner Roll, and peaches	Whole Grain Mac and Cheese, peas Carrots and Berries
Snack PM	Nacho Cheese and Pretzels	Whole Grain Goldfish and 100% Juice	Graham Cracker and Apple juice	Greek Yogurt and Cheerios	Blueberry Muffin and Apple Slices
Dinner	Grilled Cheese, Oranges and Broccoli	Cheese Quesadillas, Mixed Vegetables and Peaches	Homemade Turkey and Cheese Lunchables, Crackers, Salad and Banana	Homemade Chicken Salad Sandwich, Mixed Fruit and Carrot Sticks	Grilled Cheese, Oranges and Broccoli
Week 5	27	28	29	30	31
Breakfast	Whole Grain Cereal, Bananas	Pancakes, Turkey Sausage and Oranges	Biscuits with Jam and Sliced Apples	Whole Grain Cereal, Bananas	Waffles and Applesauce
Lunch	Rice w/ Ranch Style Beans, Corn and Apple Slices	Spaghetti with Meatballs, Whole Grain Bread, Green Beans and Berries	Chicken Soft Tacos, Black Beans, Corn, Oranges	Grilled Cheese, Tomato soup and Peaches	Fish Sticks, Mashed Potatoes, Dinner Rolls and Mixed Fruit
Snack PM	Corn Tortilla Chips w/ Nacho Cheese	Animal Crackers and Apple Juice	Cheez Crackers and 100% Juice	Crackers w/ Cheese Slice	Graham Crackers w/ 100% Juice
Dinner	Homemade Turkey and Cheese Lunchables, Crackers, Salad and Bananas	Grilled Cheese, Oranges and Broccoli	Chicken Alfredo, Cucumber Slices and Mixed Fruit	Homemade Chicken Salad Sandwich, Watermelon, Baby Carrots	Cheese Quesadillas, Mixed Vegetables and Oranges