

2026 School Menu

Week	Meal	Monday	Tuesday	Wednesday	Thursday	Friday
1	Breakfast	Pancakes, Cereal, Fruit	French Toast, Cereal, Fruit	Biscuit with Turkey Sausage, Cereal, Fruit	Bagels with Cream Cheese, Cereal, Fruit	Sausage Kolache, Oatmeal, Cereal, Fruit
	AM Snack	Banana and Wheat Crackers	Applesauce and Graham Crackers	Fresh Fruit and Wheat Crackers	Strawberry Graham Crackers	Yogurt and Granola/Berries
	Lunch	Chicken and Rice Casserole, Steamed Peas and Carrots, and Fruit (V: Rice Casserole; LF: Rice with Chicken)	Turkey Chili with Beans and Wheat Saltine Crackers, Steamed Corn, and Fruit (V: Bean Chili)	Whole Grain Spaghetti with Beef Meat Sauce, Steamed Green Beans, and Fruit (V: Plant-Based Spaghetti)	Fish Sticks, Steamed Carrots, and Fruit (V: Plant-Based F'sh Filets)	Hamburger, Garden Salad/Steamed Mixed Veggies, and Fruit (V: Plant-Based Burger)
	PM Snack	Apples/Applesauce and Animal Crackers	Cheese Cubes and Pretzel Twists/Wheat Crackers	Carrot Sticks/Blueberries with Goldfish Crackers	Hummus/Cheese and Wheat Crackers	Banana and Graham Crackers
2	Breakfast	Pancakes, Cereal, Fruit	French Toast, Cereal, Fruit	Biscuit with Turkey Sausage, Cereal, Fruit	Bagels with Cream Cheese, Cereal, Fruit	Sausage Kolache, Oatmeal, Cereal, Fruit
	AM Snack	Banana and Wheat Crackers	Applesauce and Graham Crackers	Fresh Fruit and Wheat Crackers	Vanilla Graham Crackers	Yogurt and Granola/Berries
	Lunch	Teriyaki Chicken and Brown Rice, Steamed Peas and Carrots, and Fruit (V: Rice with Veggie Chik'n)	Turkey Enchiladas, Steamed Corn, and Fruit (V: Bean Enchiladas)	Beef Meatballs with Gravy and Brown Rice, Steamed Carrots, and Fruit (V: Plant-Based Meatballs with Gravy and Brown Rice)	Chicken Alfredo Pasta, Steamed Green Beans, and Fruit (V: Alfredo Pasta; LF: Pasta with Chicken)	Turkey and Cheese Sandwich, Cucumber Slices/Steamed Mixed Veggies, and Fruit (V: Grilled Cheese)
	PM Snack	Trail Mix (Cheerios and Goldfish for Young Toddlers)	Carrot Sticks/Fresh Fruit and Wheat Crackers	Oranges/Applesauce and Cheez-It Crackers	Strawberries/Blueberries and Pretzel Twists/Wheat Crackers	Banana Pudding
3	Breakfast	Pancakes, Cereal, Fruit	French Toast, Cereal, Fruit	Biscuit with Turkey Sausage, Cereal, Fruit	Bagels with Cream Cheese, Cereal, Fruit	Sausage Kolache, Oatmeal, Cereal, Fruit
	AM Snack	Banana and Wheat Crackers	Applesauce and Graham Crackers	Fresh Fruit and Wheat Crackers	Strawberry Graham Crackers	Yogurt and Granola/Berries
	Lunch	Creamy Chicken and Quinoa Casserole, Steamed Peas and Carrots, and Fruit (V: Creamy Quinoa Casserole with Plant-Based Chicken LF: Quinoa and Chicken)	Turkey Chili with Beans and Wheat Saltine Crackers, Steamed Corn, and Fruit (V: Bean Chili)	Beef and Cheese Ravioli, Steamed Green Beans, and Fruit (V: Cheese Ravioli; LF: Beef Ravioli)	Turkey Corndogs, Steamed Broccoli with Cheese, and Fruit (V: Veggie Nuggets)	Chicken and Cheese Quesadillas, Steamed Mixed Veggies, and Fruit (V: Cheese Quesadillas LF: Chicken Quesadillas)
	PM Snack	Hummus/Cheese and Pretzel Twists/Wheat Crackers	Oranges/Blueberries and Wheat Crackers	Cucumber Slices/Fresh Fruit and Goldfish Crackers	Apples/Applesauce and Animal Crackers	Blueberry Muffins and Bananas
4	Breakfast	Pancakes, Cereal, Fruit	French Toast, Cereal, Fruit	Biscuit with Turkey Sausage, Cereal, Fruit	Bagels with Cream Cheese, Cereal, Fruit	Sausage Kolache, Oatmeal, Cereal, Fruit
	AM Snack	Banana and Wheat Crackers	Applesauce and Graham Crackers	Fresh Fruit and Wheat Crackers	Chocolate Graham Crackers	Yogurt and Granola/Berries
	Lunch	Spanish Brown Rice and White Chicken Breast, Steamed Peas and Carrots, and Fruit (V: Spanish Brown Rice with Plant-Based Chik'n)	Ground Turkey Pasta, Steamed Green Beans, and Fruit (V: Plant-Based Chik'n and Rotini Pasta LF: Ground Turkey and Pasta)	Beef Meatballs with Gravy and Brown Rice, Steamed Carrots, and Fruit (V: Plant-Based Meatballs with Gravy and Brown Rice)	Mini Chicken Tenders, Steamed Peas and Carrots, and Fruit (V: Plant-Based Tenders)	Cheese/Pepperoni Pizza, Garden Salad/Steamed Veggies, and Fruit (LF: Veggie Nuggets)
	PM Snack	Trail Mix (Cheerios and Goldfish for Young Toddlers)	Oranges/Blueberries and Wheat Crackers	Cucumber Slices/Fresh Fruit and Cheez-It Crackers	Strawberries/Blueberries and Pretzel Twists/Wheat Crackers	Banana Pudding

We serve whole grain products, fresh fruit and vegetables, and no canned food.

Cereals Served: Corn Flakes, Cheerios, Captain Crunch, Whole Wheat Cereal Flakes with Strawberries. Cereal is a breakfast option every day.

Fresh Fruits Served: Apples, Bananas, Oranges, Pineapple, Cantaloupe, Melons, Strawberries, Blueberries. Fresh fruits are served with every breakfast and lunch.

Milk is served at breakfast and lunch (whole milk for 100 – 240; 2% for 300 and up). Water is served with all snacks.

Our school is nut-free. There is pork in the pepperoni and sausage kolache.

Carrots, Cucumbers, and Garden Salad are always served with Ranch on the side.