



June



6/20 Father's Day					
W6		1	2	3	4
Breakfast		Blueberry mini muffins, veggie sausage, applesauce & milk	Turkey sausage, tater tots, mixed fruit & milk	Pancakes, turkey sausage, applesauce & milk	Bagels, egg patty, cream cheese, mandarin orange & milk
AM Snack		Yogurt & granola	Orange blossom muffin squares	Cereal mix & raisins	Seasonal Fruit
Lunch		Hot Turkey melt slider, peas & carrots, pears & milk (Tofurkey & vegan cheese slider) (Hot turkey & vegan cheese slider)	Pot Roast, mashed potatoes, green beans, pineapple, bread & milk (Meatless tips over white rice) (Chicken strips)	Spaghetti meat sauce, green beans, pears, garlic bread & milk (Chickenless, spaghetti pasta marinara) (Chicken meatballs pasta marinara)	Chicken & cheese flautas, mixed veggies, peaches, bread & milk (Dairy free bean & vegetable burrito)
PM Snack		Cheez-it	Keebler crackers & Babybel cheese (under 2yrs cheese sticks & Keebler cracker)	Apple Cinnamon Fruit & Grains Bar	Cookie Assortment & milk
W7	7	8	9	10	11
Breakfast	Cheese Omelet, peaches & milk	Cinnamon French toast sticks, turkey bacon, mandarin orange & milk	Biscuit, egg, veggie sausage, bananas & milk	Cheese toast, veggie sausage patty, pears & milk (dairy free cheese toast)	English muffin, egg, bananas & milk
AM Snack	Applesauce cups (Under 2 Squeeze pouch applesauce & veggie)	Cheerios & raisins	Fig bar	Blueberry muffin squares	Corn Chex & milk
Lunch	Sweet & sour chicken over veggie fried rice, Veggie Egg Roll, mandarin orange, & milk (Mandarin orange chick'n meatless over white rice)	Chicken & cheese quesadilla, refried beans, pears & milk (Chickenless & dairy free cheese quesadilla)	Lasagna, Italian green beans, peaches, garlic bread & milk (Dairy free vegetable lasagna) (Chicken lasagna)	Grilled beef fajitas, mixed veggies, pineapple, bread & milk (Beefless meat) (Chicken fajitas)	Bean burrito, Spanish rice, corn, mixed fruit & milk (Dairy free black bean & vegetable burrito)
PM Snack	Sun butter & Ritz crackers	Yogurt & mini blueberry muffins	Popcorn (under 3 apple cinnamon snack bar)	Fresh Fruit & Nilla wafers	Chocolate chip muffin squares & milk
W8	14	15	16	17	18
Breakfast	Biscuit, egg, turkey bacon, pears & milk	Tater tot casserole, turkey sausage, mandarin orange & milk	Blueberry mini muffin, veggie sausage, bananas & milk	Waffles, turkey sausage, applesauce & milk	Donuts For Dad, veggie sausage patty, fresh fruit & milk
AM Snack	Nutri Grain bar	Cheerios & milk	English Muffin half's w/ sunbutter	Yogurt & granola	Seasonal Fruit
Lunch	Grilled chicken, scalloped potatoes, peas, mixed fruit, corn muffin & milk (chickenless strips)	Meatloaf, mashed potatoes, green beans, peaches, bread & milk (Meatless meatloaf) (Grilled chicken patty)	Turkey & cheese tortilla rollup, peas & carrots, mixed fruit & milk (Tofurkey & vegan cheese roll up) (Turkey & vegan cheese tortilla rollup)	Brisket mac & cheese, mixed veggies, pineapple, bread & milk (Beefless crumble, macaroni & dairy free cheese)(Chicken, macaroni & cheese)(Brisket mac & dairy free cheese)	Grilled chicken, diced carrots, mandarin orange, bread & milk (Chickenless strips)
PM Snack	Veggie Straws	Nilla wafers & Sun butter	Spinach dip & pita chips (under 2 Naan dippers & spinach dip)	Club crackers & cheese slices	Brownie Bites & milk
W1	21	22	23	24	25
Breakfast	Biscuit, egg, mixed fruit & milk	Cheese Omelet, tater tots, tropical mixed fruit & milk	French toast sticks, turkey bacon, bananas & milk	Egg & cheese breakfast burritos, pears & milk	Veggie sausage, mini bagel, pineapple & milk
AM Snack	Cereal mix & raisins	Yogurt & granola	Applesauce cups (Under 2 Squeeze pouch applesauce & veggie)	Cheese Streusel muffin	Kix cereal & milk
Lunch	BBQ chicken sliders, sweet potato tots, baked beans, peaches & milk (BBQ beefless meat slider)	Cheese pizza, green beans, pineapple & milk (Dairy free cheese pizza)	Grilled chicken breast fajita strips, refried beans, mandarin orange, flour tortilla & milk (Chickenless strips & white corn tortilla)	Spaghetti & meatballs, Italian green beans, peaches, garlic bread & milk (spaghetti & meatless meatballs, marinara) (spaghetti & chicken meatballs & marinara)	Chicken nuggets, diced carrots, mixed fruit, bread & milk (Chickenless nuggets)
PM Snack	Pita Chips & Hummus (under 2 Naan dippers & hummus)	Ritz & cheese sticks	Popcorn (under 3 apple cinnamon snack bar)	Fresh Fruit & Nilla wafers	Carnival Cookie & milk
W2	28	29	30		
Breakfast	Orange blossom muffin squares, turkey sausage, mandarin orange & milk	Egg patty, tater tots, bananas & milk	Biscuit, veggie sausage, applesauce & milk		
AM Snack	Cinnamon raisin bread & cream cheese	Rice Chex & milk	Fig bar		
Lunch	Chicken & rice casserole, peas & carrots, mixed fruit, corn muffin & milk (Chickenless chunks over white rice) (Diced chicken over white rice)	Hamburger, waffle fries, carrots, peaches & milk (Beefless meat slider) (Chicken patty sandwich)	Chicken soft tacos, refried beans, pineapple & milk (Chicken less tacos)		
PM Snack	Fresh Veggies w/dressing & club crackers (under 2yrs veggie & fruit squeeze)	Yogurt & mini blueberry muffins	Goldfish		

CHICKEN ALTERNATIVE IN RED VEGAN/VEGETARIAN ALTERNATIVE IN GREEN NON DAIRY ALTERNATIVE IN PURPLE VEGAN & NON DAIRY ALTERNATIVE IN BLUE

WE ONLY SERVE TURKEY OR VEGGIE SAUSAGE & TURKEY BACON NO PORK PRODUCTS BAKED BEANS & REFRIED BEANS ARE VEGAN

OATMEAL, YOGURT OR CEREAL AVAILABLE AS BREAKFAST ALTERNATIVE JUST ASK FOR IT

JUICE AND WATER SERVED WITH AM & PM SNACK EXCEPT FRIDAY PM SNACK THAT IS MILK AND WATER

ALL JUICE IS JUICE 100% CONCENTRATED JUICE CONTAINS NO ADDED SUGARS, FRUCTOSE OR CORN SYRUP