

# Kids'R'Kids of West Allen June 2020 Menu

1	<p><b>Breakfast:</b> Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Applesauce, Vanilla Wafers, and Water <b>Lunch:</b> Chicken Alfredo Pasta, Vegetables, Fruit, and Milk <b>PM Snack:</b> American Cheese, Crackers, Water</p>	2	<p><b>Breakfast:</b> Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Chicken Nuggets, Peas, Fruit, and Milk <b>PM Snack:</b> Gardetto Mix, Apple Juice, Water</p>	3	<p><b>Breakfast:</b> Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit and crackers, and Water <b>Lunch:</b> Sausage &amp; Beans, Mixed Vegetables, Fruit, Milk <b>PM Snack:</b> Grapes &amp; Graham Crackers or Nutrigrain Bar &amp; Cheese, Water</p>	4	<p><b>Breakfast:</b> Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Taquitos, Vegetables, Fruit, Milk <b>PM Snack:</b> Pretzels, String Cheese, Water</p>	5	<p><b>Breakfast:</b> Cereal, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Pizza &amp; Salad, Fruit, and Milk <b>PM Snack:</b> Granola Chewy Chocolate Chip Bars and Milk</p>
8	<p><b>Breakfast:</b> Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Applesauce, Vanilla Wafers, and Water <b>Lunch:</b> Pasta with Meat Sauce, Vegetables, Fruit, and Milk <b>PM Snack:</b> American Cheese, Crackers, Water</p>	9	<p><b>Breakfast:</b> Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Cereal, Fruit, and Water <b>Lunch:</b> Chicken Nuggets, Green Beans, Fruit, and Milk <b>PM Snack:</b> Gardetto Mix, Apple Juice, Water</p>	10	<p><b>Breakfast:</b> Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Hamburgers, Vegetables, Fruit, Milk <b>PM Snack:</b> Grapes &amp; Graham Crackers or Nutrigrain Bar &amp; Cheese, Water</p>	11	<p><b>Breakfast:</b> Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Fish Sticks, Vegetables, Fruit, and Milk <b>PM Snack:</b> Pretzels, String Cheese, Water</p>	12	<p><b>Breakfast:</b> Cereal, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Beans &amp; Sausage, Salad, Fruit, and Milk <b>PM Snack:</b> Granola Chewy Chocolate Chip Bars and Milk</p>
15	<p><b>Breakfast:</b> Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Applesauce, Vanilla Wafers, and Water <b>Lunch:</b> Tortellini with Meat Sauce, Vegetables, Fruit, and Milk <b>PM Snack:</b> American Cheese, Crackers, Water</p>	16	<p><b>Breakfast:</b> Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Cereal, Fruit, and Water <b>Lunch:</b> Chicken Nuggets, Normandy Vegetables, Fruit, and Milk <b>PM Snack:</b> Gardetto Mix, Apple Juice, Water</p>	17	<p><b>Breakfast:</b> Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Southwest Turkey &amp; Rice, Peas, Fruit, and Milk <b>PM Snack:</b> Grapes &amp; Graham Crackers or Nutrigrain Bar &amp; Cheese, Water</p>	18	<p><b>Breakfast:</b> Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Taquitos, Vegetables, Fruit, Milk <b>PM Snack:</b> Pretzels, String Cheese, Water</p>	19	<p><b>Breakfast:</b> Cereal, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Turkey Sandwiches, Salad, Fruit, and Milk <b>PM Snack:</b> Granola Chewy Chocolate Chip Bars and Milk</p>
22	<p><b>Breakfast:</b> Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Applesauce, Vanilla Wafers, and Water <b>Lunch:</b> Beans &amp; Sausage, Vegetables, Fruit, Milk <b>PM Snack:</b> American Cheese, Crackers, Water</p>	23	<p><b>Breakfast:</b> Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Cereal, Fruit, and Water <b>Lunch:</b> Chicken Nuggets, Green Beans, Fruit, and Milk <b>PM Snack:</b> Gardetto Mix, Apple Juice, Water</p>	24	<p><b>Breakfast:</b> Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Hamburgers, Vegetables, Fruit, Milk <b>PM Snack:</b> Grapes &amp; Graham Crackers or Nutrigrain Bar &amp; Cheese, Water</p>	25	<p><b>Breakfast:</b> Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Pizza, Vegetables, Fruit, and Milk <b>PM Snack:</b> Pretzels, String Cheese, Water</p>	26	<p><b>Breakfast:</b> Cereal, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Chicken Alfredo Pasta, Greens, &amp; Mushrooms, Fruit, and Milk <b>PM Snack:</b> Granola Chewy Chocolate Chip Bars and Milk</p>
29	<p><b>Breakfast:</b> Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Applesauce, Vanilla Wafers, and Water <b>Lunch:</b> Tortellini with Meat Sauce, Vegetables, Fruit, and Milk <b>PM Snack:</b> American Cheese, Crackers, Water</p>	30	<p><b>Breakfast:</b> Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Cereal, Fruit, and Water <b>Lunch:</b> Chicken Nuggets, Normandy Vegetables, Fruit, and Milk <b>PM Snack:</b> Gardetto Mix, Apple Juice, Water</p>	1	<p><b>Breakfast:</b> Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Pasta with Meat Sauce, Peas, Fruit, and Milk <b>PM Snack:</b> Grapes &amp; Graham Crackers or Nutrigrain Bar &amp; Cheese, Water</p>	2	<p><b>Breakfast:</b> Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Taquitos, Vegetables, Fruit, Milk <b>PM Snack:</b> Pretzels, String Cheese, Water</p>	3	<p><b>Breakfast:</b> Cereal, Yogurt, Fresh Fruit, Orange Juice, Milk <b>AM Snack:</b> Fruit, Crackers, and Water <b>Lunch:</b> Fish Sticks with Salad, Fruit, and Milk <b>PM Snack:</b> Granola Chewy Chocolate Chip Bars and Milk</p>