Kids'R'Kids of West Allen

March 2019 Menu

4	5	6	7	8
Breakfast: Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk AM Snack: Applesauce, Vanilla Wafers, and Water Lunch: Spanish Rice with Turkey, Fruit, Milk PM Snack: American Cheese, Crackers, Water	Breakfast: Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Chicken Nuggets, Peas, Fruit, and Milk PM Snack: Gardetto Mix, Apple Juice, Water	Breakfast: Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit and crackers, and Water Lunch: Hamburgers, Peas, Fruit, and Milk PM Snack: Grapes & Graham Crackers or Nutrigrain Bar & Cheese, Water	Breakfast: Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Pizza, Vegetables, Fruit, Milk PM Snack: Pretzels, String Cheese, Water	Breakfast: Cereal, Mueslix, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Beef Sausage and beans,Salad, Fruit, and Milk PM Snack: Granola Chewy Chocolate Chip Bars and Milk
11 Breakfast: Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk AM Snack: Applesauce, Vanilla Wafers, and Water Lunch: Taquitos, Vegetables, Fruit, and Milk PM Snack: American Cheese, Crackers, Water	12 Breakfast: Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk AM Snack: Cereal, Fruit, and Water Lunch: Chicken Nuggets, Green Beans, Fruit, and Milk PM Snack: Gardetto Mix, Apple Juice, Water	13 Breakfast: Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Turkey Pizza, Mixed Vegetables, Fruit, Milk PM Snack: Grapes & Graham Crackers or Nutrigrain Bar & Cheese, Water	14 Breakfast: Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Hamburgers, Green Beans, Fruit, Milk PM Snack: Pretzels, String Cheese, Water	15 Breakfast: Cereal, Yogurt, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Fish Sticks, Vegetables, Fruit Milk PM Snack: Granola Chewy Chocolate Chip Bars and Milk
18 Breakfast: Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk AM Snack: Applesauce, Vanilla Wafers, and Water Lunch: Pizza, Carrots, Fruit, Milk PM Snack: American Cheese, Crackers, Water	19 Breakfast: Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk AM Snack: Cereal, Fruit, and Water Lunch: Chicken Nuggets, Normandy Vegetables, Fruit, and Milk PM Snack: Gardetto Mix, Apple Juice, Water	20 Breakfast: Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Hamburgers, Peas, Fruit, and Milk PM Snack: Grapes & Graham Crackers or Nutrigrain Bar & Cheese, Water	21 Breakfast: Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Chicken and Cheese Taquitos, Vegetables, Fruit, Milk PM Snack: Pretzels, String Cheese, Water	22 Breakfast: Cereal, Mueslix, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Turkey & Spinach Pasta, Salad, Fruit, and Milk PM Snack: Granola Chewy Chocolate Chip Bars and Milk
25 Breakfast: Oatmeal, Turkey Bacon, Fresh Fruit, Orange Juice, Milk AM Snack: Applesauce, Vanilla Wafers, and Water Lunch: Spanish Rice with Turkey, Carrots, Fruit, Milk PM Snack: American Cheese, Crackers, Water	26 Breakfast: Mini Bagels, Turkey Sausage, Fresh Fruit, Orange Juice, Milk AM Snack: Cereal, Fruit, and Water Lunch: Chicken Nuggets, Normandy Vegetables, Fruit, and Milk PM Snack: Gardetto Mix, Apple	27 Breakfast: Pancakes, Yogurt, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Turkey Pizza, Vegetables, Fruit, and Milk PM Snack: Grapes & Graham Crackers or Nutrigrain Bar & Cheese, Water	28 Breakfast: Eggs, Tortillas, Cheese, Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Chop Suey with Beef Broccoli, Fruit, Milk PM Snack: Pretzels, String Cheese, Water	29 Breakfast: Cereal, Mueslix, Fresh Fruit, Orange Juice, Milk AM Snack: Fruit, Crackers, and Water Lunch: Fish Sticks, Salad, Fruit, Milk PM Snack: Granola Chewy Chocolate Chip Bars and Milk

