

Monday

Tuesday

Wednesday

Thursday

Friday

We Serve Milk with Breakfast & Lunch.
Water with all Snacks.

We use dye free, whole-wheat grains & Fresh produce wherever possible!

1
Happy
New
Year!!!

2
Breakfast-
Cereal & Fruit
Snack-
Pretzels & Pepperoni
Lunch-
Cheese Pizza, Green Beans & Fruit
Snack-
Hummus & Pita

3
Breakfast-
Hashbrowns & Fruit
Snack-
Cheese & Crackers
Lunch-
Chef's Choice! See the menu board at school
Snack- Trail Mix w/Craisins

6
Breakfast-
Cream of Wheat & Fruit
Snack-
Cheese & Crackers
Lunch-
BBQ Chicken, Sweet Potatoes & Corn
Snack-
Pretzels w/Hummus Dip

7
Breakfast-
French Toast Sticks & Fruit
Snack-
Warm Biscuit & Berries
Lunch-
Turkey in Gravy, Mixed Vegetables & Fruit
Snack-
Bananas & Cereal Mix

8
Breakfast-
Cinnamon Toast & Fruit
Snack-
Muffins & Applesauce
Lunch-
Beef Sloppy Joe Slider, French Fries & Cauliflower
Snack- English Muffin Pizza

9
Breakfast-
Bagel & Fruit
Snack-
Cheesy Egg Toast
Lunch-
Soy Nut Butter & Jelly Sandwiches, Pea & Carrot medley & fruit
Snack-
Pepperoni & Crackers

10
Breakfast-
Oatmeal & Fruit
Snack-
Graham Crackers & Orange Slices
Lunch-Goulash (Beef, Macaroni, Marinara & Tomatoes) Green Beans & Fruit
Snack-
Tortilla Chips & Salsa

13
Breakfast-
Cereal & Fruit
Snack-
Crackers W/Sunflower Butter & Jelly
Lunch-
Fish Sticks, Cooked Carrots & Mashed Potatoes
Snack-
Cinnamon Toast & Strawberries

14
Breakfast-
Bagel & Fruit
Snack-
Cheese & Crackers
Lunch-
Orange Chicken, Pineapple, White Rice & Broccoli
Snack-
Hummus & Pita

15
Breakfast-
Oatmeal & Fruit
Snack-
Cottage Cheese w/Mandarin Oranges
Lunch-
Chili W/Beans & Tomatoes, Rice & Fruit
Snack-
Tortilla Chips & Salsa

16
Breakfast-
Pancakes & Fruit
Snack-
Turkey Slices & Crackers
Lunch-
Cheese Quesadilla, Black Beans & Corn
Snack-
Birthday Cake & Fruit for January Birthdays!

17
Breakfast-
Waffles & Fruit
Snack-
Yogurt Parfait
Lunch-
Ham or turkey & Cheese Sandwiches
Sweet Potato Fries & Peas
Snack-
Trail Mix W/Craisins

20
Breakfast-
Cereal & Fruit
Snack-
Graham Crackers & Cinnamon Applesauce
Lunch-
Turkey Pot Pie W/veggies, Biscuit & Fruit Salad
Snack-
Bread Sticks W/ Marinara

21
Breakfast-
Cinnamon Toast & Fruit
Snack-
Yogurt W/ Berries
Lunch-
Beef Sloppy Joes, Fries & Salad w/Ranch
Snack-
Waffles & Bananas

22
Breakfast-
Bagel W/ Cream Cheese & Fruit
Snack-Vanilla Wafers & Fruit
Lunch-
Chicken Parmesan in Pasta, Mixed Veggies & Fruit
Snack-English Muffin Pizza

23
Breakfast-
Jellied Biscuit & Fruit
Snack-
Goldfish & Orange Slices
Lunch-
Tomato Soup, Grilled Cheese & Salad w/Ranch
Snack-
Apple Slices w/dip (Sunbutter or Yogurt)

24
Breakfast-
Buttered English Muffin & Fruit
Snack-
Cheese Slices/String & Crackers
Lunch-
BBQ Beef Meatballs, Tater Tots & Fruit
Snack-
Veggie Straws w/hummus dip

27
Breakfast-
Cereal & Fruit
Snack-
Cheese Toast & Fruit
Lunch-
Chicken Nuggets, Peas & Fruit
Snack-
Cheez-Its & Fruit

28
Breakfast-
Pancake & Fruit
Snack-
Goldfish & Orange Slices
Lunch-
Beef & Cheese Taco, Mixed Vegetables & Fruit
Snack-
Fresh Veggies & Ranch W/ Saltine Crackers

29
Breakfast-
Cheese Grits & Fruit
Snack-
Hummus & Crackers
Lunch-
Italian Baked Chicken, Broccoli & Fruit
Snack-
Cheese Toast & Orange Slices

30
Breakfast-
Waffles & Fruit
Snack-
Crackers w/Sunbutter & Jelly
Lunch-
Cheese Ravioli & Marinara, Green Beans & Fruit
Snack-
Yogurt Parfait w/fruit & cereal topping

31
Breakfast-
Muffins & Fruit
Snack-
Hashbrowns w/ketchup & Fruit
Lunch-
Chicken in Yellow Rice, Black Beans & Corn
Snack-
Warm Pretzel & Cheese Dip