





Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 3 Cereal & fruit Snack Cheese Roll Up Lunch Chicken Nuggets, Green Beans, & Tator Tots Snack Pretzels & Fruit	Breakfast 4 Buttered Biscuits & Bananas Snack Crackers & Jelly Lunch Sheppard's Pie (beef, mixed vegetables & mashed potatoes) & Fruit Salad Snack Ants on a Log (celery, cream cheese or Sun butter & raisins)	Breakfast 5 Jellied English Muffin & Fruit Snack Animal Crackers & Banana Lunch BBQ Beef Meatballs, Potatoes & peas Snack Hummus & Pita	Breakfast 6 Cinnamon Toast & fruit Snack Pepperoni & Ritz Crackers Lunch Grilled Cheese, Tomato Soup & Fruit Snack Apples W/Yogurt Dip	Breakfast 7 Cream of Wheat & fruit Snack Graham crackers & Sun butter Lunch Chicken Yellow Rice, Mixed Vegetables & Fruit Snack Trail Mix w/Craisins
Breakfast 10 Cereal & Fruit Snack Pretzels & Cheese Lunch Beef Sloppy Joe's, Sweet potato fries & fruit Snack Goldfish & Fruit	Breakfast 11 Cheese Grits & Fruit Snack Hashbrown w/Ketchup & Fruit Lunch Orange Chicken, Vegetable Fried rice & Fruit Snack Orange Slices and Crackers	Breakfast12Pancakes & Mixed BerriesSnackBanana Roll up (Sunbutter & Tortilla)LunchTurkey & Cheese Sandwich, Cooked Carrots and FruitSnackVeggies w/Ranch & saltines	Breakfast 13 Biscuit & Fruit Spread Snack Turkey Slices & Crackers Lunch Cheese Quesadilla, Black Beans & Corn Snack Cottage Cheese & fruit	Celebrate Valentines Day Breakfast- Waffles and Fruit Snack- Apple Sauces & Graham Crackers Lunch- Chicken Parmesan (breaded chicken, pasta, w/marinara sauce) Mixed fruit & Vegetables Snack- Strawberry Shortcake!
17 Breakfast Cereal & Fruit Snack Cinnamon Toast & Fruit Lunch Pepperoni Pizza, Peas & Fruit Snack Cheese & Crackers	18 Breakfast French Toast & Fruit Snack Pretzels w/hummus dip Lunch Beef & Cheese soft Tacos, Corn & Salad w/Ranch Snack English Muffin Pizzas	Breakfast Oatmeal & Fruit Snack Cheese Toast & Fruit Lunch Chicken W/Stir Fry Vegetables, Rice & Pineapple Snack Vanilla Wafers & Bananas	Breakfast 20 Toast w/Jelly & Fruit Snack Graham Crackers & Applesauce/Slices Lunch Cheese Ravioli, Salad w/Ranch & Orange Slices Snack Birthday Cake & fruit to Celebrate February Birthdays	21 Breakfast Bagel w/ Cream Cheese & fruit Snack Yogurt Parfait w/Topping Lunch Chicken Tetrazzini, Mixed vegetables, & fruit Snack Trail Mix W/Craisins
Breakfast Cereal & Fruit Snack Pretzels & Cheese Lunch BBQ Chicken, Mashed Potatoes and fruit Snack Cinnamon Toast & Fruit	Breakfast 25 Muffin & Fruit Snack Cheesey English Muffin & Fruit Lunch Beef & Cheese Salsa Taco Bake w/rice, Beans & Fruit Snack Pancakes & Fruit	Breakfast 26 Hashbrown w/ketchup & Fruit Snack Muffins & Bananas Lunch Chicken Broccoli Alfredo in Pasta, Mixed Veggies & fruit Snack Cheesy Bread stick w/ Marinara sauce	Breakfast 27 Biscuit and Fruit Snack Pepperoni & Crackers Lunch Cheesy Spaghetti, Green Beans & Apple Slices Snack Apple Slices w/Yogurt	Breakfast 28 Waffles & Fruit Snack Graham Crackers & Plant City Strawberries! Lunch Chef's Choice! See the menu board at school! Snack Hummus and Pita

We Serve Milk with Breakfast and Lunch. Water with all Snacks. We limit artificial food coloring and use whole wheat grains & fresh produce wherever possible!