

November

Week 1	31	1	2	3	4
Breakfast		Kolaches	Scrambled Eggs / Toast	Raisin Bran Cereal	French Toast
Snack AM		Yogurt	Sliced Apples / Graham Crackers	Cheese Sticks	Veggie Chips
Lunch		Hamburger Mac & Cheese	Chicken Tacos / Corn /	National Sandwich	Tomato Soup / Cheese
		/ Peas / Pears	Pineapple	Day/Chips/Mixed Fruit	Toast / Oranges
Snack PM		Cereal Bar	Chex Mix	Pudding and Cookies	Whole Grain Goldfish
Week 2	7	8	9	10	11
Breakfast	Bagel with Cream Cheese	Scrambled Eggs / Toast	Pancakes/Fresh Fruit	Blueberry Muffins	Cinnamon Rolls
Snack AM	Oatmeal Bars	Raisin Bread	Crackers/Hummus	National Vanilla Cupcakes	Veggie Chips
Lunch	Spaghetti w/ Meat Sauce / Green Beans / Pears	Cowboy Beans / Sliced Oranges / Salad w/ Ranch	Chicken & Broccoli Rice Casserole / Pear	Chicken Fingers/Green Beans/ Fresh Fruit	Cheese Pizza/Mixed Veggies/Pineapple
Snack PM	Whole Grain Goldfish	Chex Mix	Cereal Bar	Carrots/Cucumbers/Ranch	Cheese It's
Week 3	14	15	16	17	18
Breakfast	Yogurt w/ Granola	Scrambled eggs/ Hashbrowns	Biscuits/Jelly/Bacon	Raisin Bran Cereal	French Toast
Snack AM	Bagel with Cream Cheese	Raisin Bread	Apple Pie in a cup	Cheese Sticks	Veggie Chips
Lunch	BBQ Chicken/mashed	Chicken Tacos / Corn /	Hamburger Mac & Cheese	Chicken Pot Pie/ Oranges	Thanksgiving Lunch
Snack PM	Potatoes/Fresh Fruit Chex Mix	Pineapple Cereal Bar	/ Peas / Pears Whole Grain Goldfish	Soft Pretzels	Cereal Bar
Week 4	21	22	23	24	25
Breakfast					Ē
Snack AM	Bagel with Cream Cheese	Blueberry Muffins	Pancakes/Fresh Fruit	KRK CLOSED HAPPY hanksgiving	
SHOCK AM	Cheerios/ Rains	Scrambled eggs/ Hashbrowns	Oatmeal Bars		
Lunch	Chicken & Broccoli Rice Casserole / Peaches	Beanie Weenies/ Corn Bread/ Peaches	Spaghetti w/ Meat Sauce / Peas / Fresh Fruit		
Snack PM	Cheese and Pepperoni	Chewy Bars	Chex Mix	A KKK	() 👬 ()
Week 5	28	29	30	1	2
Breakfast	Kolaches	Scrambled eggs/ Hashbrowns	Raisin Bran Cereal		
Snack AM	Raisin Bread	Yogurt	Bagel with Cream Cheese		
Lunch	Chicken fingers/ Green beans/ Mixed Fruit	Chicken Tacos / Ranch Beans / Pineapple	Meatball Sub/ Chips/ Fresh Fruit		
Snack PM	Whole Grain Goldfish	Cheese/ Crackers	Trail Mix		

Milk is served with breakfast and lunch. Water is served with Snack.