

Week



Smart Activities



Day 1 Week 4.1

Arctic Animal Writing

Materials: Arctic Animals template, scissors,

pencil, paper

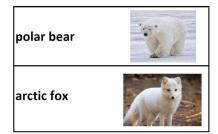
Preparation: Print template and cut apart.

Instructions:

1. Say, "Here are some of the Arctic Animals we will learn about this week. I want you to write their names on your paper."

2. If necessary, use a highlighter to write the words so your child can trace them.

Assist when needed.



Who's That? Arctic Animals

by Tad Carpenter

Materials: internet access, website: https://youtu.be/BT 8SzFprBM **Preparation:** Preview video.

Instructions:

1. Listen to the read aloud story with your child.

2. Ask questions about the story, ex: "What animal lives on water and on the ice?" "What is special about a fox?" "Who enjoys sunbathing and has a mustache?"



Arctic Habitat

Materials: container with two sections, baking soda, conditioner, ice cubes, water, small artic animals

Preparation: Mix 1 cup of baking soda with several large squirts of conditioner until it reaches a snow-like consistency. Then put it in the freezer for 20-30 mins so it will get cold.

Instructions:

- 1. Put several ice cubes on one side of the container and place the "snow" on top of them.
- 2. Add water to the other side of the bin and add a few ice cubes to the water.
- 3. Add the Arctic animals to the container and allow your child to play and explore.



Polar Bear Crawl

Preparation: Find an open, safe area. Instructions:

- 1. Have your child get down on all fours with straight arms, hand directly below shoulders, and knees bent 90 degrees below hips.
- 2. Now, tell your child to keep his/her back flat and crawl forward and backwards moving opposite hands and feet in unison.



BEAR CRAWLS



Day 2 | Week 41

10 Arctic Animals for Kids

Materials: internet access, website: https://youtu.be/DXxzjmCFwTI
Preparation: Preview video.

Instructions:

1. Watch the video with your child.

Ask questions, ex: "What does a bear eat?"
 "What animals hold paws together and
 why?" "What animals eat fish?" What is your
favorite animal?"



Over in the Arctic: Where the Cold Winds Blow

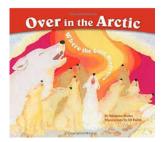
by Marianne Berkes

Materials: internet access, website: https://youtu.be/xJUEbBqP3B0
Preparation: Preview video.

Instructions:

1. Listen to the read aloud story with your child.

2. Ask questions, ex: "What animals live in the Arctic?" "Can you name the different names of baby animals?"



Snowstorm in a Jar

Materials: jar, baby oil, white paint, water, glitter, effervescent tablet, blue food coloring (optional), spoon, bowl

Preparation: Fill jar ³/₄ of the way with baby oil.

Instructions:

- 1. Say, "Let's make a snowstorm in a jar."
- Together combine 1 teaspoon of white paint with very warm water in a bowl. Stir until paint is dissolved. Then pour the white water into the jar.
- 3. Allow your child to add glitter and food coloring, if desired. Once glitter has fallen to the bottom, add the effervescent tablet.



The Sid Shuffle

Materials: internet access, website: https://youtu.be/uMuJxd2Gpxo

Preparation: Locate an open, safe area.

Preview video.

Instructions:

- Then say, "Let's move and exercise with Sid from Ice Age."
- 2. Enjoy exercising with your child.





Day 3 | Week 41

Ice Cube Floats

Materials: ice cubes, containers, water (warm and cold)

Preparation: Set up two containers: one with cold water and one with warm water.

Instructions:

- 1. Have your child stick his/her finger in both containers and describe how they feel.
- 2. Then have him/her predict what will happen to the ice cubes in each container.
- 3. Have your child place an ice cube in each container and observe. Discuss what happened.



Little Polar Bear - Where are You Going Lars?

by Hans de Beer

Materials: internet access, website: https://youtu.be/CAIwd_Uemqs
Preparation: Preview video.

Instructions:

- 1. Listen to the story with your child.
- 2. Ask questions, ex: "What was Lars' dad teaching him to do?" "What happened to Lars while he and his dad slept?" "Where did Lars end up?" "How did he get back home?"



Where Is Lars Going?

Materials: paper, pencil, markers, crayons **Preparation:** Gather materials.

Instructions:

- Say, "You listened to the story the Little Polar Bear and saw the adventure Lars went on. I want you to write your own story for Lars."
- 2. Explain to your child that you want him/her to have Lars travel somewhere else.
- 3. Have your child create his/her story. Assist your child with writing it.
- 4. Encourage your child to illustrate the story.



Snow Balloon Reach Tap

Materials: white balloon, string, tape **Preparation:** Locate a safe, open area. Blow up the balloon. Tie a string and hang it a few inches higher than your child can reach.

Instructions:

- Say, "We are going to play a game called 'Balloon Taps.' You are going to jump up high and tap the balloon as many times as you can with your hand."
- 2. Count how many times your child can tap the balloon. Encourage him/her to count along.



Day 4 | Week 41

Opposites Attract

Materials: Opposites Attract template **Preparation:** Print template and cut cards

apart.

Instructions:

- Lay out the cards and help your child identify the pictures. Make sure they are mixed up.
- 2. Allow your child to match up the opposite pictures. After he/she is finished, turn the cards face down and play a memory game.

Clean	Dirty
Нарру	Sad
Big	Little

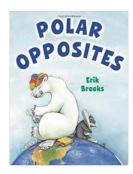
Polar Opposites

by Eric Brooks

Materials: internet access, website: https://youtu.be/1GLwXMBeMHg
Preparation: Preview video.

Instructions:

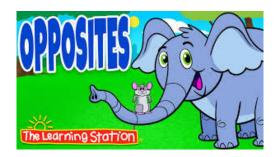
- 1. Listen to the read aloud story with your child.
- 2. Ask questions, ex: "Where does Alex live and where does Zina live?" "Can you name items that makes them different?" "Where can they meet each other?"



Opposites Song

Materials: internet access, website: https://youtu.be/hPn9jwrWOdE
Preparation: Preview video.

- 1. Listen and watch the video about opposites.
- 2. Encourage your child to list some of the opposites he/she learned from the video.



Snowball Cup Toss

Materials: Styrofoam coffee cups, marker (black and orange), large cotton balls **Preparation:** Locate a safe area to set up cups.

Instructions:

- 1. Draw snowman faces on each cup.
- 2. Set cups in a row like bowling pins.
- 3. Then, try to toss the cotton balls into the cups.
- 4. To extend the activity, you can write numbers on the cups and work on math skills by having your child help you add his/her points together.





Day 5 | Week 41

Snowball Transfer

Materials: mini marshmallows, plate, tray, mini

tongs, bowl, dice

Preparation: Place marshmallows on a plate.

Instructions:

1. Say, "We are going to pretend these marshmallows are snowballs."

- Have your child roll the dice and then pick up that many marshmallows using the tongs.
- 3. Once your child has transferred all the marshmallows, allow him/her to eat some.



In Artic Waters

by Laura Crawford

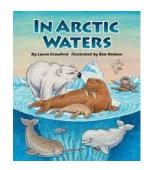
Materials: internet access, website:

https://youtu.be/CvZog2-YdtY **Preparation:** Preview video.

Instructions:

1. Listen to the read aloud book with your child.

2. Ask questions, ex: "What did jazz man play?" "Can you tell me what the jazz man did when he played six?" "What happened at the end of the story?"

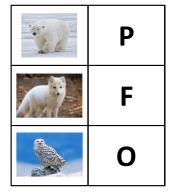


Beginning Artic Animal Letters

Materials: Beginning Letters template, scissors **Preparation:** Print template and cut cards apart.

Instructions:

- 1. Say, "I want you to identify the animals and then put them with the beginning letter."
- 2. Assist when needed.



Snowball Catch and Toss

Materials: paper

Preparation: Wad up balls of paper. Locate an open, safe area.

Instructions:

- 1. Say, "We are going to toss pretend snowballs back and forth."
- 2. If one of us makes a bad toss, we have to do 10 jumping jacks.
- 3. Continue while interest remains.





polar bear



arctic fox



snowy owl



moose



puffin



seal



arctic hare



beluga whale



walrus



gray wolf



orca



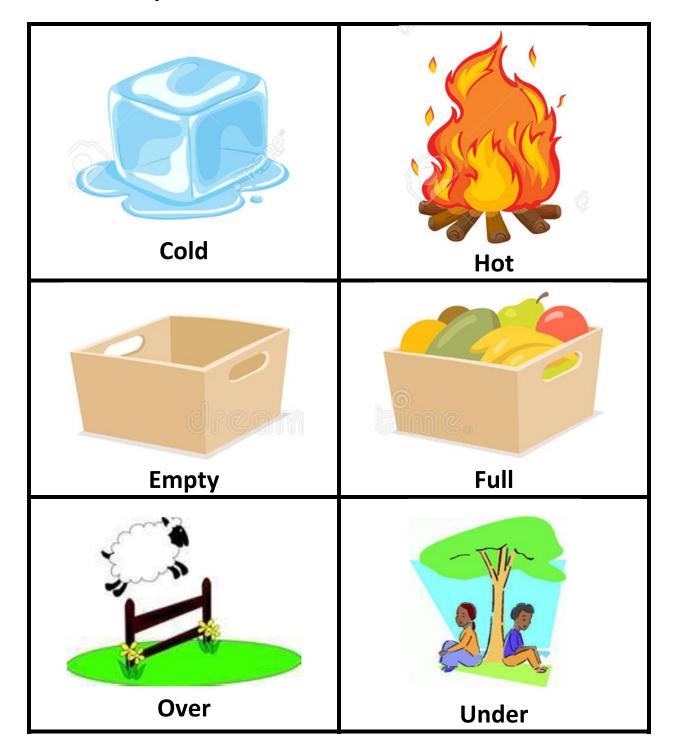
penguin



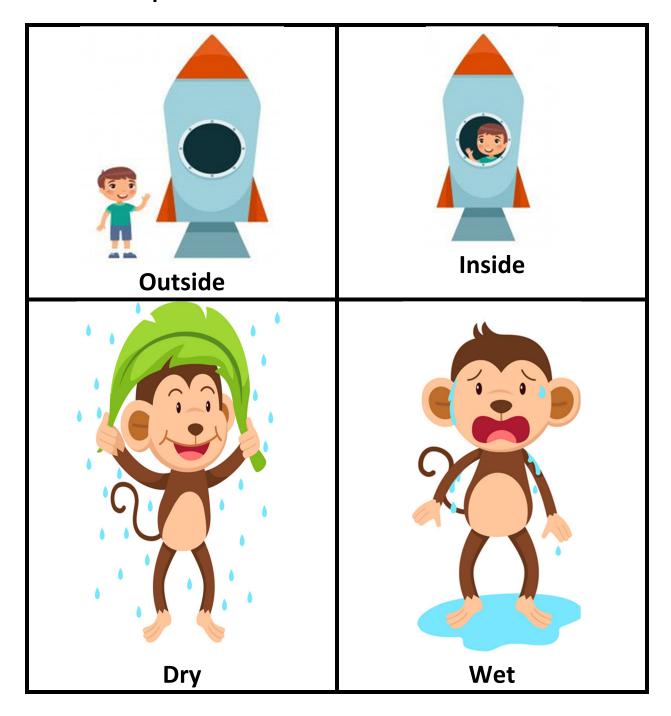
Opposites Attract Template



Opposites Attract Template

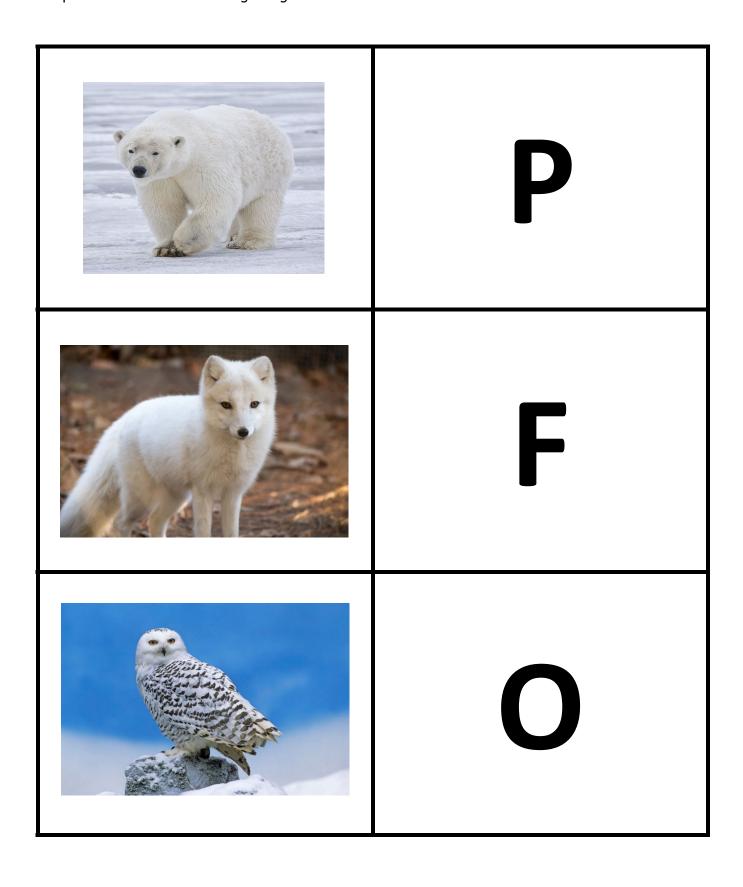


Opposites Attract Template

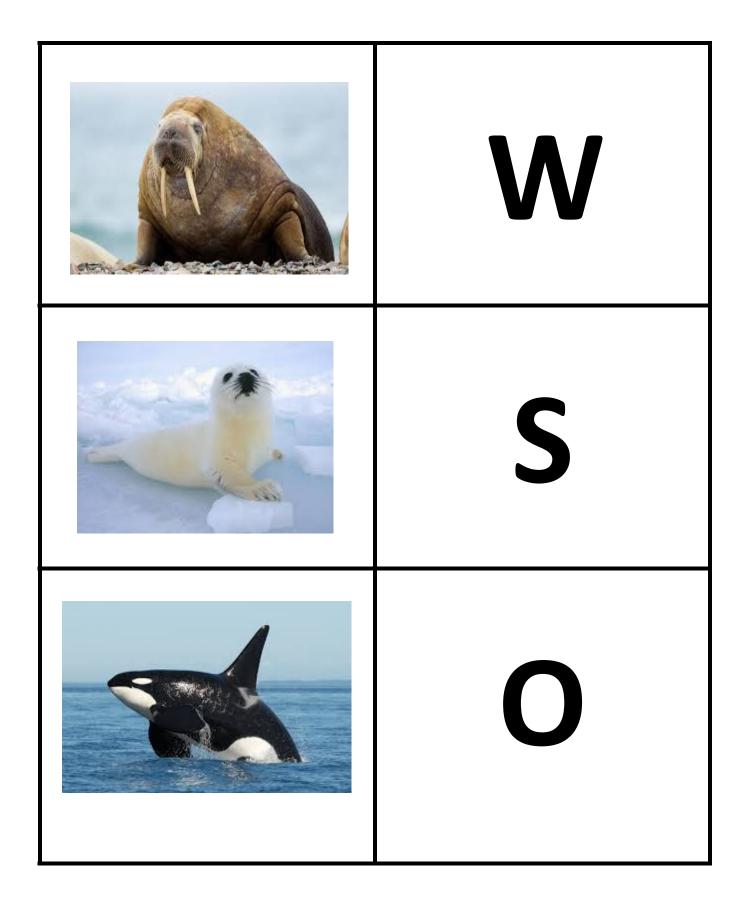


Beginning Letters Template

Match the pictures with the correct beginning letter.



Beginning Letters Template



Beginning Letters Template

