5 YEAR OLD Week



Day 1 Week 31

Pumpkin: How Does it Grow (Part I)

Materials: internet access, website: https://youtu.be/I3cc2QeSfWw

Preparation: Preview video. **Instructions:**

- 1. Watch the video with your child.
- 2. Say, "We are going to learn how pumpkins grow!"
- Ask questions about the video, ex: "What are pumpkins used for?" "What is a pumpkin referred to?"



Letter Dd, Trace and Paste

Materials: glue, pencil, scissors, Dd Trace and Paste template

Preparation: Print template. Gather materials. **Instructions:**

- 1. Say, "We are going to write the letter Dd."
- 2. Model the formation of how to write letter Dd.
- 3. Encourage your child to write upper and lowercase Dd.
- 4. Praise for all efforts.



Pumpkin Soup

Materials: internet access, website: https://youtu.be/IDax5kx2-Ks

Preparation: Preview video. **Instructions:**

- 1. Enjoy this wonderful story about friendship and soup with your child.
- Ask questions about the video, ex: "What was the duck's job when making the soup?" "Which animal played the bagpipes?"



Exercise Time Day 1

Materials: internet access, workout mat, website:

https://youtu.be/-0DuHnxnH14

Preparation: Preview video. Find or create an open area.

Instructions:

- 1. Say, "We are going to do our Monday exercises!"
- 2. Follow instructions carefully.
- 3. Enjoy getting fit!





Day 2 Week 31

Pumpkin: How Does it Grow (Part II)

Materials: internet access, website: https://youtu.be/I3cc2QeSfWw Preparation: Preview video.

Instructions:

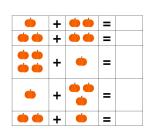
- 1. Watch the video with your child.
- 2. Say, "We are going to learn how pumpkins grow!"
- Ask questions about the video, ex: "What is the Cucurbita family?" "Who taught the Pilgrims how grow pumpkins?"



Pumpkin Math

Materials: pencil, Pumpkin Math template **Preparation:** Print template. Gather materials. **Instructions:**

- 1. Say, "We are going to do a math activity."
- Say, "When we add, we make things bigger."
- 3. Encourage her to count pumpkins.
- 4. Encourage her to write correct answer in corresponding line.
- 5. Praise for effort.



The Pumpkin Patch

by Margaret McNamara

Materials: internet access, website: https://youtu.be/6UE6-pSzH0E

Preparation: Preview video. **Instructions:**

- 1. Enjoy this wonderful story about a girl trying to find the perfect pumpkin!
- Ask questions about the video, ex: "Where did Katie search to find the perfect pumpkin?" "Why was Katie's pumpkin perfect?"



Exercise Time Day 2

Materials: internet access, workout mat, website:

https://youtu.be/-0DuHnxnH14

Preparation: Preview video. Find or create an open area.

Instructions:

- 1. Say, "We are going to exercise!"
- 2. Follow instructions carefully.
- 3. Enjoy getting fit!





Day 3 Week 31

Pumpkin: How Does it Grow (Part III)

Materials: internet access, website: https://youtu.be/I3cc2QeSfWw

Preparation: Preview video. **Instructions:**

- 1. Say, "We are continuing to learn how pumpkins grow!"
- Ask questions about the video, ex: "What is a farmer's worst nightmare when growing pumpkins?" "What happens when pumpkins fade from orange to yellow?"

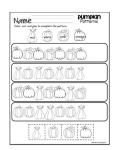


Pumpkin Patterns

Materials: crayons, scissors, Pumpkin Patterns template

Preparation: Print template. Gather materials. **Instructions:**

- 1. Say, "We are going to make a pattern."
- 2. Provide your child appropriate color crayons to create pattern.
- 3. Point to and say the color. Encourage him/her to say what the next color in the pattern is.
- 4. Praise for effort and assist when necessary.



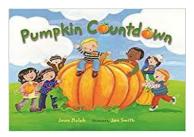
Pumpkin Countdown (Part 1)

Materials: internet access, website:

https://youtu.be/LO8SnCyO7To Preparation: Preview video.

Instructions:

- 1. Enjoy this wonderful story about a class going on a fieldtrip to a pumpkin patch!
- Ask questions about the video, ex: "How many children were in the class?" "How many cars arrived before the school bus?"



Exercise Time Day 3

Materials: internet access, workout mat, website:

https://youtu.be/-0DuHnxnH14

Preparation: Preview video. Find or create an open area.

Instructions:

- 1. Say, "We are going to do our Wednesday exercises!"
- 2. Follow instructions carefully.
- 3. Enjoy getting fit!





Day 4 Week 31

Pumpkin: How Does it Grow (Part IV)

Materials: internet access, website: https://youtu.be/I3cc2QeSfWw Preparation: Preview video.

Instructions:

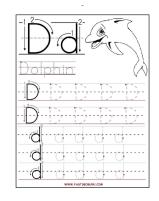
- 1. Watch the video with your child.
- 2. Say, "We are continuing to learn how pumpkins grow!"
- Ask questions about the video, ex: "What kind of pumpkins are good to make pumpkin pie?"



Writing the Letter Dd

Materials: pencil, Writing Letter Dd template **Preparation:** Print template. Gather materials. **Instructions:**

- 1. Say, "We are going to write the letter Dd."
- 2. Provide these materials to your child.
- 3. Encourage him/her to follow the instructions to make the letter Dd.
- 4. Praise for all efforts.



Pumpkin Countdown (Part II)

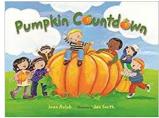
by Joan Hol

Materials: internet access, website:

https://youtu.be/LO8SnCyO7To Preparation: Preview video.

Instructions:

- 1. Continue to enjoy this story about a class going on a fieldtrip to a pumpkin patch!
- Ask questions about the video, ex: "How many steps does it take to grow a pumpkin?" "How many bees were making honey?"



It's Yoga Time

Materials: internet access, workout mat, website:

https://youtu.be/iHoErQuFw 4

Preparation: Preview video. Find or create an open area.

Instructions:

- 1. Say, "We are going to do yoga poses!"
- 2. Follow instructions carefully.
- 3. Enjoy getting fit!





Day 5 Week 31

Pumpkin: How Does it Grow (Part V)

Materials: internet access, website: https://youtu.be/I3cc2QeSfWw

Preparation: Preview video. **Instructions:**

- 1. Watch the video with your child.
- 2. Say, "We are continuing to learn about pumkins!"
- Ask questions about the video, ex: "Why do most people buy pumpkins?" "Are pumpkins fruits? Why?"



Pumpkin Cookies

Materials: mixing bowl, mixing spoon, template (Pumpkin Cookie Recipe)

Preparation: Wash hands prior and after activity. Gather materials. Prep area.

Instructions:

- Preheat oven to 350 degrees F (175 degrees C). Combine flour, baking powder, baking soda, cinnamon, nutmeg, ground gloves, and salt; set aside.
- In a medium bowl, cream together the 1/2 cup of butter and white sugar. Add pumpkin, egg, and 1 teaspoon vanilla to butter mixture, and beat until creamy. Mix in dry ingredients. Drop on cookie sheet by tablespoonfuls; flatten slightly.
- 3. Bake for 15 to 20 minutes in the preheated oven. Cool cookies, then drizzle glaze with fork.
- 4. To Make Glaze: Combine confectioners' sugar, milk, 1 tablespoon melted butter, and 1 teaspoon vanilla. Add ilk as needed, to achieve drizzling consistency.



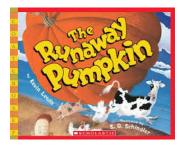
The Runaway Pumpkin

Materials: internet access, website:

https://youtu.be/QuOINjnu2Gc

Preparation: Preview video. **Instructions:**

- 1. Enjoy this wonderful story about a pumpkin's journey down a hill!
- 2. Ask questions about the story, ex: "Who thought about pumpkin soup when they saw the pumpkin rolling down the hill?"



Go Bananas

Materials: internet access, website: https://youtu.be/zFQWVN4xip0

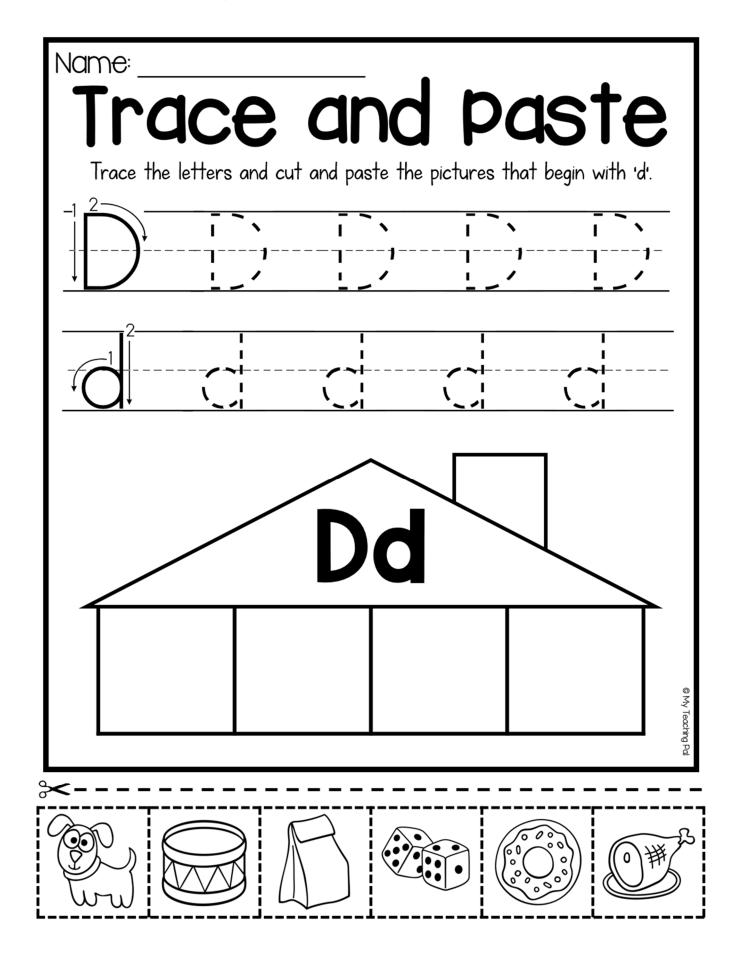
Preparation: Preview video. Find or create an open area.

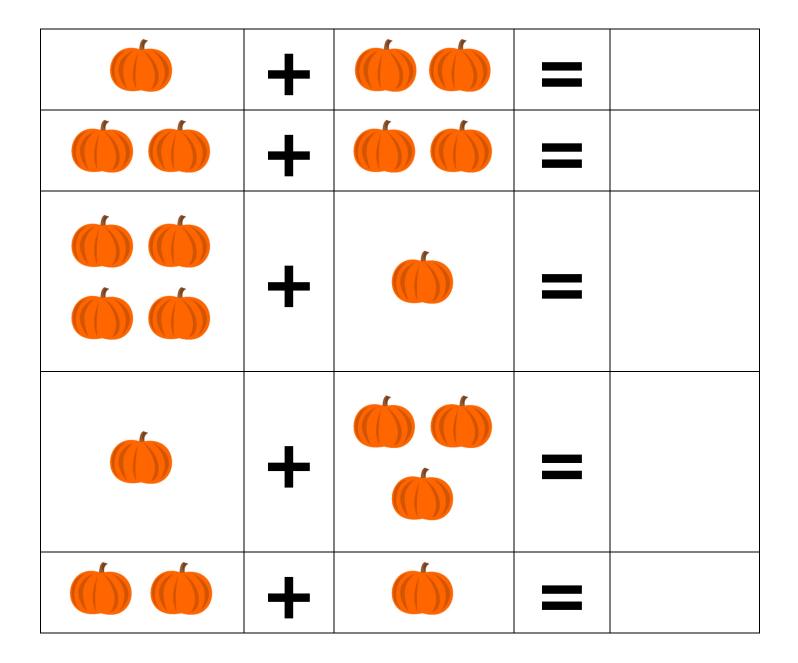
Instructions:

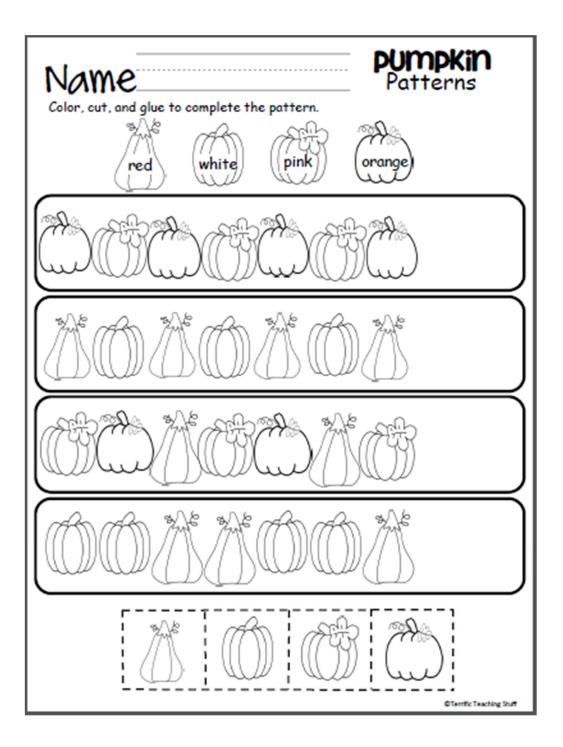
- 1. Say, "We are going to get the wiggles out!"
- 2. Follow instructions carefully.
- 3. Enjoy!

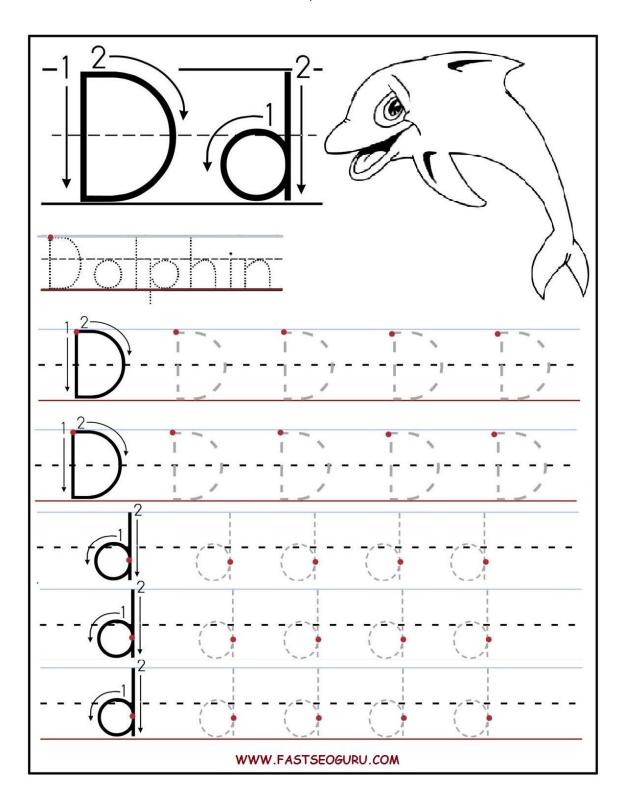












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Pumpkin Cookie Recipe

Ingredients

- $2 \frac{1}{2}$ cups all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 2 teaspoons ground cinnamon
- 1/2 teaspoon ground nutmeg
- $\frac{1}{2}$ teaspoon ground cloves
- 1/2 teaspoon salt
- ¹/₂ cup butter (softened)
- $1 \frac{1}{2}$ cups white sugar
- 1 cup canned pumpkin puree
- 1 egg
- 1 teaspoon vanilla extract
- 2 cups confectioners' sugar
- 3 tablespoons milk
- 1 tablespoon melted butter