

Week 1	28	29	30	1	2
AM Snack	Fruit Salad	Breakfast Bar	Fruit Smoothie	Blueberry Muffins	Pastry Crisp
Breakfast	(WG) Pancake, Fruit Cocktail	Kolache, Pears	Mini Croissants, Strawberries	(WG) Cheerios, Banana	(WG) Breakfast Pizza, Oranges
Lunch	Beef Raviolis, Broccoli, Pears	Salisbury Steaks, Mashed Potatoes, Steamed Carrots, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Fruit Cocktail	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Snack PM	Graham Crackers, Apple Sauce	Pretzels, Apple Juice	(WG) Wheat Thins, Cheese Cubes	Apple Slices, String Cheese	Chex Mix, Fruit Cocktail
Supper (School Age)	Beef Ravioli, Broccoli, Pears	Salisbury Steaks, Mashed Potatoes, Steamed Carrots, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Fruit Cocktail	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Week 2	5	6	7	8	9
AM Snack	Blueberry Muffins	Fig bar	Breakfast Bar	Cheez-its, Apple Juice	Yogurt
Breakfast	(WG) French Toast, Pears	(WG) Pancakes, Pineapples	Biscuits w/ Jelly, Strawberries	(WG) Toast, Eggs, Blueberries	(WG) Waffles, Peaches
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Pears	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Snack PM	Goldfish, Apple Juice	Animal Crackers, Blueberries	(WG) Mini Corn Dogs	Crackers, Fruit Salad	Peaches, String Cheese
Supper (School Age)	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Pears	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Week 3	12	13	14	15	16
AM Snack	Fruit Salad	Breakfast Bar	Fruit Smoothie	Blueberry Muffins	Pastry Crisp
Breakfast	(WG) Pancake, Fruit Cocktail	Kolache, Pears	Mini Croissants, Strawberries	(WG) Cheerios, Banana	(WG) Breakfast Pizza, Oranges
Lunch	Beef Raviolis, Broccoli, Pears	Salisbury Steaks, Mashed Potatoes, Steamed Carrots, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Fruit Cocktail	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Snack PM	Graham Crackers, Apple Sauce	Pretzels, Apple Juice	(WG) Wheat Thins, Cheese Cubes	Apple Slices, String Cheese	Chex Mix, Fruit Cocktail
Supper (School Age)	Beef Ravioli, Broccoli, Pears	Salisbury Steaks, Mashed Potatoes, Steamed Carrots, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Fruit Cocktail	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Week 4	19	20	21	22	23
AM Snack	Blueberry Muffins	Fig bar	Breakfast Bar	Cheez-its, Apple Juice	Yogurt
Breakfast	(WG) French Toast, Pears	(WG) Pancakes, Pineapples	Biscuits w/ Jelly, Strawberries	(WG) Toast, Eggs, Blueberries	(WG) Waffles, Peaches
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Pears	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Snack PM	Goldfish, Apple Juice	Animal Crackers, Blueberries	(WG) Mini Corn Dogs	Crackers, Fruit Salad	Peaches, String Cheese
Supper (School Age)	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Pears	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Week 5	26	27	28	29	30
AM Snack	Fruit Salad	Breakfast Bar	Fruit Smoothie	Blueberry Muffins	Pastry Crisp
Breakfast	(WG) Pancake, Fruit Cocktail	Kolache, Pears	Mini Croissants, Strawberries	(WG) Cheerios, Banana	(WG) Breakfast Pizza, Oranges
Lunch	Beef Raviolis, Broccoli, Pears	Salisbury Steaks, Mashed Potatoes, Steamed Carrots, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Fruit Cocktail	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Snack PM	Graham Crackers, Apple Sauce	Pretzels, Apple Juice	(WG) Wheat Thins, Cheese Cubes	Apple Slices, String Cheese	Chex Mix, Fruit Cocktail
Supper (School Age)	Beef Ravioli, Broccoli, Pears	Salisbury Steaks, Mashed Potatoes, Steamed Carrots, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Fruit Cocktail	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges