

Week 1	29	30	1	2	3
AM Snack	Blueberry Muffins, Bananas	Fig bar, Pineapples	Breakfast Bar, Bananas	Cheeze-its, Apple Juice	Yogurt w/ Strawberries
Breakfast	(WG) French Toast, Pears	(WG) Toast, Eggs, Blueberries	Biscuits w/ Jelly, Strawberries	(WG) Pancakes, Pineapples	(WG) Waffles, Fruit Cocktail
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Peaches	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Vegetarian	Quesadilla, Pinto Beans, Pineapples	Spaghetti w/ veggie patty, Carrots, Applesauce	Nachos, Corn, Pineapples	Grilled Cheese Sandwich, Peas, Applesauce,	Veggie Burger, Fries, Green Beans, Fruit Cocktail
Snack PM	Goldfish, 100% Juice	Graham Crackers, Blueberries	Cheese Itz, Apples	(WG)Graham Crackers, Pears	String Cheese w/ Peaches
Supper	Quesadilla, Pinto Beans, Pineapples	(WG) Fish sticks, Fries, Applesauce	Chicken Nuggets, Tator Tots, Corn, Peaches	Sloppy Joes, Fries, Peaches	Nachos, Black Beans, Oranges
Week 2	6	7	8	9	10
AM Snack	Fruit Salad	Breakfast Bar, Bananas	Fruit Smoothie	Apple Cinnamon Muffins	Pastry Crisp, Oranges
Breakfast	Pancake on a stick, Fruit Cocktail	Mini Croissants, Strawberries	(WG) Cheerios, Banana	Breakfast Pizza, Strawberries	(WG)Kolache, Pears
Lunch	(WG) Beef Raviolis, Green Beans, Pears	Salisbury Steaks, Mashed Potatoes, Green Beans, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Pears	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Vegetarian	Veggie Burger, Fries, Corn, Mandarin Oranges	Veggie Chicken, Mashed Potatoes, Green Beans, Peaches	Mac & Cheese, Peas, Apple Sauce	Cheese Quesadilla, Black Beans, Pears	Veggie Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Snack PM	Applesauce w/ Graham Crackers	Pretzels, Apple Juice	(WG) Wheat Thins, Apples	Apple Slices, Cheese	Chex Mix, Fruit Cocktail
Late PM					
Week 3	13	14	15	16	17
AM Snack	Blueberry Muffins, Bananas	Fig bar, Pineapples	Breakfast Bar, Bananas	Cheeze-its, Apple Juice	Yogurt w/ Strawberries
Breakfast	(WG) French Toast, Pears	(WG) Toast, Eggs, Blueberries	Biscuits w/ Jelly, Strawberries	(WG) Pancakes, Pineapples	(WG) Waffles, Fruit Cocktail
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Peaches	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Vegetarian	Quesadilla, Pinto Beans, Pineapples	Spaghetti w/ veggie patty, Carrots, Applesauce	Nachos, Corn, Pineapples	Grilled Cheese Sandwich, Peas, Applesauce,	Veggie Burger, Fries, Green Beans, Fruit Cocktail
Snack PM	Goldfish, 100% Juice	Graham Crackers, Blueberries	Cheese Itz, Apples	(WG)Graham Crackers, Pears	String Cheese w/ Peaches
Supper	Quesadilla, Pinto Beans, Pineapples	(WG) Fish sticks, Fries, Applesauce	Chicken Nuggets, Tator Tots, Corn, Peaches	Sloppy Joes, Fries, Peaches	Nachos, Black Beans, Oranges
Week 4	20	21	22	23	24
AM Snack	Fruit Salad	Breakfast Bar, Bananas	Fruit Smoothie	Apple Cinnamon Muffins	Pastry Crisp, Oranges
Breakfast	Pancake on a stick, Fruit Cocktail	Mini Croissants, Strawberries	(WG) Cheerios, Banana	Breakfast Pizza, Strawberries	(WG)Kolache, Pears
Lunch	(WG) Beef Raviolis, Green Beans, Pears	Salisbury Steaks, Mashed Potatoes, Green Beans, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Pears	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Vegetarian	Veggie Burger, Fries, Corn, Mandarin Oranges	Veggie Chicken, Mashed Potatoes, Green Beans, Peaches	Mac & Cheese, Peas, Apple Sauce	Cheese Quesadilla, Black Beans, Pears	Veggie Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Snack PM	Applesauce w/ Graham Crackers	Pretzels, Apple Juice	(WG) Wheat Thins, Apples	Apple Slices, Cheese	Chex Mix, Fruit Cocktail
Late PM					
Week 5	27	28	29	30	31
AM Snack	Blueberry Muffins, Bananas	Fig bar, Pineapples	Breakfast Bar, Bananas	Cheeze-its, Apple Juice	Yogurt w/ Strawberries
Breakfast	(WG) French Toast, Pears	(WG) Toast, Eggs, Blueberries	Biscuits w/ Jelly, Strawberries	(WG) Pancakes, Pineapples	(WG) Waffles, Fruit Cocktail
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Peaches	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Vegetarian	Quesadilla, Pinto Beans, Pineapples	Spaghetti w/ veggie patty, Carrots, Applesauce	Nachos, Corn, Pineapples	Grilled Cheese Sandwich, Peas, Applesauce,	Veggie Burger, Fries, Green Beans, Fruit Cocktail
Snack PM	Goldfish, 100% Juice	Graham Crackers, Blueberries	Cheese Itz, Apples	(WG)Graham Crackers, Pears	String Cheese w/ Peaches
Supper	Quesadilla, Pinto Beans, Pineapples	(WG) Fish sticks, Fries, Applesauce	Chicken Nuggets, Tator Tots, Corn, Peaches	Sloppy Joes, Fries, Peaches	Nachos, Black Beans, Oranges

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