

Week 1	27	28	29	30	1
AM Snack	Frozen Blueberries, Yogurt	Breakfast Bar, Bananas	Fruit Smoothie	Yogurt, Dried Fruit	Pastry Crisp, Oranges
Breakfast	Pancake on a stick, Fruit Cocktail	Mini Croissants, Strawberries	(WG) Cheerios, Banana	Breakfast Pizza, Strawberries	(WG)Kolache, Pears
Lunch	(WG) Beef Stroganoff, Corn, Mandarin Oranges	Salisbury Steaks, Mashed Potatoes, Green Beans, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Pears	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Vegetarian	<i>Veggie Burger, Fries, Corn, Mandarin Oranges</i>	<i>Veggie Chicken, Mashed Potatoes, Green Beans, Peaches</i>	<i>Mac &amp; Cheese, Peas, Apple Sauce</i>	<i>Cheese Quesadilla, Black Beans, Pears</i>	<i>Veggie Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges</i>
Snack PM	Applesauce w/ Graham Crackers	Pretzels, Apple Juice	(WG) Wheat Thins, Apples	Apple Slices, Cheese	Chex Mix, Fruit Cocktail
Supper	Chicken Burgers, Carrots, Peaches	Mini Corndogs, Peas, Pineapples	Grilled Chicken and Rice, Corn, Fruit Cocktail	(WG) Beef Raviolis, Green Beans, Pears	Pizza, Salad, Applesauce
Week 2	4	5	6	7	8
AM Snack	Blueberry Muffins, Bananas	Fig bar, Pineapples	Breakfast Bar, Bananas	Cheez-its, Apple Juice	Yogurt w/ Strawberries
Breakfast	(WG) French Toast, Pears	(WG) Toast, Eggs, Blueberries	Biscuits w/ Jelly, Strawberries	(WG) Pancakes, Pineapples	(WG) Waffles, Fruit Cocktail
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Peaches	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Vegetarian	Quesadilla, Pinto Beans, Pineapples	<i>Spaghetti w/ veggie patty, Carrots, Applesauce</i>	Nachos, Corn, Pineapples	Grilled Cheese Sandwich, Peas, Applesauce,	<i>Veggie Burger, Fries, Green Beans, Fruit Cocktail</i>
Snack PM	Goldfish, 100% Juice	Graham Crackers, Blueberries	Cheese Itz, Apples	(WG)Graham Crackers, Pears	String Cheese w/ Peaches
Supper	Quesadilla, Pinto Beans, Pineapples	(WG) Fish sticks, Fries, Applesauce	Chicken Nuggets, Tator Tots, Corn, Peaches	Sloppy Joes, Fries, Peaches	Nachos, Black Beans, Oranges
Week 3	11	12	13	14	15
AM Snack	Frozen Blueberries, Yogurt	Breakfast Bar, Bananas	Fruit Smoothie	Yogurt, Dried Fruit	Pastry Crisp, Oranges
Breakfast	Pancake on a stick, Fruit Cocktail	Mini Croissants, Strawberries	(WG) Cheerios, Banana	Breakfast Pizza, Strawberries	(WG)Kolache, Pears
Lunch	(WG) Beef Stroganoff, Corn, Mandarin Oranges	Salisbury Steaks, Mashed Potatoes, Green Beans, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Pears	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Vegetarian	<i>Veggie Burger, Fries, Corn, Mandarin Oranges</i>	<i>Veggie Chicken, Mashed Potatoes, Green Beans, Peaches</i>	<i>Mac &amp; Cheese, Peas, Apple Sauce</i>	<i>Cheese Quesadilla, Black Beans, Pears</i>	<i>Veggie Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges</i>
Snack PM	Applesauce w/ Graham Crackers	Pretzels, Apple Juice	(WG) Wheat Thins, Apples	Apple Slices, Cheese	Chex Mix, Fruit Cocktail
Supper	Chicken Burgers, Carrots, Peaches	Mini Corndogs, Peas, Pineapples	Grilled Chicken and Rice, Corn, Fruit Cocktail	(WG) Beef Raviolis, Green Beans, Pears	Pizza, Salad, Applesauce
Week 4	18	19	20	21	22
AM Snack	Blueberry Muffins, Bananas	Fig bar, Pineapples	Breakfast Bar, Bananas	Cheez-its, Apple Juice	Yogurt w/ Strawberries
Breakfast	(WG) French Toast, Pears	(WG) Toast, Eggs, Blueberries	Biscuits w/ Jelly, Strawberries	(WG) Pancakes, Pineapples	(WG) Waffles, Fruit Cocktail
Lunch	BBQ Meatballs, Rice, Green Beans, Peaches	Spaghetti w/ Ground beef, Salad Applesauce	Nachos w/ Ground Beef, Corn, Pineapples	Chicken Teriyaki with Fried Rice, Peaches	Cheeseburgers, Fries, Green Beans, Fruit Cocktail
Vegetarian	Quesadilla, Pinto Beans, Pineapples	<i>Spaghetti w/ veggie patty, Carrots, Applesauce</i>	Nachos, Corn, Pineapples	Grilled Cheese Sandwich, Peas, Applesauce,	<i>Veggie Burger, Fries, Green Beans, Fruit Cocktail</i>
Snack PM	Goldfish, 100% Juice	Graham Crackers, Blueberries	Cheese Itz, Apples	(WG)Graham Crackers, Pears	String Cheese w/ Peaches
Supper	Quesadilla, Pinto Beans, Pineapples	(WG) Fish sticks, Fries, Applesauce	Chicken Nuggets, Tator Tots, Corn, Peaches	Sloppy Joes, Fries, Peaches	Nachos, Black Beans, Oranges
Week 5	25	26	27	28	29
AM Snack	Frozen Blueberries, Yogurt	Breakfast Bar, Bananas	Fruit Smoothie	Yogurt, Dried Fruit	Pastry Crisp, Oranges
Breakfast	Pancake on a stick, Fruit Cocktail	Mini Croissants, Strawberries	(WG) Cheerios, Banana	Breakfast Pizza, Strawberries	(WG)Kolache, Pears
Lunch	(WG) Beef Stroganoff, Corn, Mandarin Oranges	Salisbury Steaks, Mashed Potatoes, Green Beans, Peaches	Chicken Alfredo, Peas, Apple Sauce	Chicken Quesadillas, Black Beans, Pears	(WG) Chicken Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges
Vegetarian	<i>Veggie Burger, Fries, Corn, Mandarin Oranges</i>	<i>Veggie Chicken, Mashed Potatoes, Green Beans, Peaches</i>	<i>Mac &amp; Cheese, Peas, Apple Sauce</i>	<i>Cheese Quesadilla, Black Beans, Pears</i>	<i>Veggie Nuggets, Mac 'N' Cheese, Green Beans, Mandarin Oranges</i>
Snack PM	Applesauce w/ Graham Crackers	Pretzels, Apple Juice	(WG) Wheat Thins, Apples	Apple Slices, Cheese	Chex Mix, Fruit Cocktail
Supper	Chicken Burgers, Carrots, Peaches	Mini Corndogs, Peas, Pineapples	Grilled Chicken and Rice, Corn, Fruit Cocktail	(WG) Beef Raviolis, Green Beans, Pears	Pizza, Salad, Applesauce

Space to add your note if needed.