

# School Menu – Winter 2020

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	French Toast, Peaches	Sausage Kolache, Blueberries	Cheerios, Strawberries	Waffle. Banana & Raspberries	Scrambled Eggs, Toast, Pears
<b>AM</b>	Fig Bar	Pumpkin Muffin	Cheez-its	Wheat Thins, Cheese	Yogurt, Strawberries
<b>Lunch</b>	Tortilla Soup, Rice, Black Beans, Pineapple	Chicken Nuggets, Corn, Mashed Potatoes, Pears	Turkey & Cheese Sandwich, Broccoli, Mandarin Oranges	Chicken Alfredo, Salad, Apple Sauce	Cheese Pizza, Green Beans, Peaches
<b>PM</b>	Chex-Mix, Apple Sauce	Yogurt Parfait w/ Granola, Blackberries	Apple Slices, String Cheese	Veggie Straws, Orange Juice	Fruit Trail Mix
<b>Supper</b>	Tortilla Soup, Rice, Black Beans, Pineapple	Chicken Nuggets, Corn, Mashed Potatoes, Pears	Turkey & Cheese Sandwich, Broccoli, Mandarin Oranges	Chicken Alfredo, Salad, Apple Sauce	Cheese Pizza, Green Beans, Peaches
Week 2					
<b>Breakfast</b>	Pancake, Turkey Sausage, Blueberries	Jam & Toast, Bacon, Strawberries	Wheat Bagel, Cantaloupe	Cheerios, Bananas	English Muffin, Jelly, Mixed Fruit
<b>AM</b>	Animal Crackers	Trail Mix	Yogurt w/ Berries	Crackers, Orange Slices	Strawberry Banana Smoothie
<b>Lunch</b>	Mac & Cheese, Chicken Tenders, Peas, Pears	Spaghetti w/ Meat Sauce, Green Beans, Applesauce	Grilled Cheese, Steamed Corn, Peaches	Tomato Soup, Rolls, Black Beans, Mixed Fruit	Cheeseburger, Baked Beans, Oranges
<b>PM</b>	Ritz Crackers, Tangerines	Mini Pretzels, Bananas	Graham Crackers, Applesauce	Goldfish, Apple Juice	Mini Pizza Bagels
<b>Supper</b>	Mac & Cheese, Chicken Tenders, Peas, Pears	Spaghetti w/ Meat Sauce, Green Beans, Applesauce	Grilled Cheese, Steamed Corn, Peaches	Tomato Soup, Rolls, Black Beans, Mixed Fruit	Cheeseburger, Baked Beans, Oranges
Week 3					
<b>Breakfast</b>	French Toast, Peaches	Sausage Kolache, Blueberries	Cheerios, Strawberries	Waffle. Banana & Raspberries	Scrambled Eggs, Toast, Pears
<b>AM</b>	Fig Bar	Pumpkin Muffin	Cheez-its	Wheat Thins, Cheese	Yogurt, Strawberries
<b>Lunch</b>	Tortilla Soup, Rice, Black Beans, Pineapple	Chicken Nuggets, Corn, Mashed Potatoes, Pears	Turkey & Cheese Sandwich, Broccoli, Mandarin Oranges	Chicken Alfredo, Salad, Apple Sauce	Cheese Pizza, Green Beans, Peaches
<b>PM</b>	Chex-Mix, Apple Sauce	Yogurt Parfait w/ Granola, Blackberries	Apple Slices, String Cheese	Veggie Straws, Orange Juice	Fruit Trail Mix
<b>Supper</b>	Tortilla Soup, Rice, Black Beans, Pineapple	Chicken Nuggets, Corn, Mashed Potatoes, Pears	Turkey & Cheese Sandwich, Broccoli, Mandarin Oranges	Chicken Alfredo, Salad, Apple Sauce	Cheese Pizza, Green Beans, Peaches
Week 4					
<b>Breakfast</b>	Pancake, Turkey Sausage, Blueberries	Jam & Toast, Bacon, Strawberries	Wheat Bagel, Cantaloupe	Cheerios, Bananas	English Muffin, Jelly, Mixed Fruit
<b>AM</b>	Animal Crackers	Trail Mix	Yogurt w/ Berries	Crackers, Orange Slices	Strawberry Banana Smoothie
<b>Lunch</b>	Mac & Cheese, Chicken Tenders, Peas, Pears	Spaghetti w/ Meat Sauce, Green Beans, Applesauce	Grilled Cheese, Steamed Corn, Peaches	Tomato Soup, Rolls, Black Beans, Mixed Fruit	Cheeseburger, Baked Beans, Oranges
<b>PM</b>	Ritz Crackers, Tangerines	Mini Pretzels, Bananas	Graham Crackers, Applesauce	Goldfish, Apple Juice	Mini Pizza Bagels
<b>Supper</b>	Mac & Cheese, Chicken Tenders, Peas, Pears	Spaghetti w/ Meat Sauce, Green Beans, Applesauce	Grilled Cheese, Steamed Corn, Peaches	Tomato Soup, Rolls, Black Beans, Mixed Fruit	Cheeseburger, Baked Beans, Oranges