

# Reading is Fun

March 2021

## March is National Reading Month

*When reading to your child ask questions such as:*

- *Who is the star of the book (main character)?*
- *Where does the story take place?*
- *What is the problem?*
- *How do they fix the problem?*

### *Important Dates to Remember*

National Read Across America Day	2nd
Dr. Seuss' Birthday	2nd
Daylight Savings Time	14th
St. Patrick's Day	17th
Passover Palm Sunday	28th

National Read Across America Day occurs every year on the birthday of the children's book author Dr. Seuss, March 2nd. Just like Dr. Seuss said, "The more that you read, the more things you will know. The more that you learn, the more places you'll go." Reading plays an integral role in shaping us into who we are. With the technology we have today it is important to motivate children to read. Reading can be exciting. It takes us to new places. When we read we can be whoever we choose. Reading has shown to increase your brain power. When we read on a regular basis it slows the decline of memory and brain function that comes with

age. Reading just six minutes can reduce stress. Reading is more calming than listening to music or going on a walk.

Set up a cozy area, make a fort, have some snacks, and read a good book with your child. Your child will love the special time out to read. Pick new books everyday or read a favorite one over.



## Too Much Screen Time Slows Social Skills

The University of Alberta has been researching the effects of screen time on toddlers. The study found that the more a child was exposed to screen time the less they were able to interact with other children or follow rules and take direction. In addition

they noted increased incidences of bullying and teasing.

The Canadian 24-Hour Movement Guidelines suggest the following amounts of daily exposure:

Under 2 years old– no screen time

2-4 years old– 1 hour or less per day.

Citation: <https://medicalxpress.com/news/2019-06-screen-toddlers-social-skills.html>

# March Crafts

To make the St. Patrick's Day "hat" below, you will need the following:

1. Ceramic pot for plants
2. Green paint
3. Black construction paper
4. Green construction paper
5. Glitter (gold and green)
6. You can also get pre-made shamrocks with glitter
7. Glue

First, paint the ceramic pot and let dry. While it is drying, cut out the rectangle piece of construction paper and add gold glitter. Next, either cut out a shamrock shape and add green glitter or get the pre-made one ready. Then, cut a long, thin rectangle piece of construction paper to go around the ceramic pot. When the ceramic pot is dry, glue the black piece of construction paper on. Then, the gold rectangle piece on top of the black one. Lastly, glue the shamrock on.

To make the necklace in the picture below you will need the following.

1. Strings
2. Fruit Loops or similar cereal
3. Green construction paper

First cut out a shamrock shape out of the green construction paper and make a hole at the top. Next lace the shamrock through the string. Then put different colors of the cereal on both sides of the shamrock. Place it around your neck and tie it. Eat and enjoy anytime.



## Homemade Playdough Recipe

Ingredients:

- 2 cups all purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
- 2 cups lukewarm water
- 2 tablespoons vegetable oil.
- Food coloring– green
- Quart Sized bags

Stir together the flour, salt and cream of tartar in a large pot. Next add the water and oil. If you're only making one color, add the color now as well. Cook over medium heat, stirring constantly. Continue stirring until the dough has thickened and begins to form into a ball. Remove from heat and then place inside gallon sized bags or onto wax paper. Allow to cool slightly and then knead until smooth. If you're adding colors after, divide the dough into balls and then add to quart sized bags. Start with about 5 drops of color and add more to brighten it. Knead the dough while inside the bag so it doesn't stain your hands. Once it's all mixed, you're ready to PLAY.

## BIRTHDAYS!

### Happy Birthday to the following Children and Staff

Ms. Alexia 3/8

Mr. Sahir 3/14

Ms. Aliza 3/14

Ms. Evelin 3/20

Malachi B. 3/3

Eknoor 3/3

Jordynne 3/5

Kennedy 3/6

Aurora 3/7

Zuri 3/7

Ethan 3/8



Grayson 3/16

Ace 3/19

Aashad 3/20

Addison W. 3/21

Amara P. 3/23

Raniyah 3/24

Hayden 3/27

Christa 3/28

Aryess "A.J." 3/29

Dalary 3/29

Amara C. 3/30

Harmony 3/31

## ANNIVERSARIES!

### Happy Anniversary to the following Staff Members

Ms. Monica 3/29 3yrs.





# 2021 CALENDAR

# March

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6	Sunday 7
	Gwinnett County Digital Learning Day National Read Across America Day			National Cheese Doodle Day		
8	National Meatball Day	10	11	12 Student/Teacher Holiday	13	14 Daylight Savings Time
15	16 Gwinnett County Digital Learning Day	17 St. Patrick's Day	18	19	20	21
22	23	24	25	26	27	28
29	30	31				