

# SCHOOL AGE

---

Week

31

---

Smart Activities



SMART CHOICE. SMARTER CHILD.®

## Mini Marshmallow Sling Shot

**Materials:** cardboard tube, 2 elastic bands, 1 pencil, colorful tape, scissors, mini marshmallows, scissors, hole punch, markers

**Preparation:** Gather materials.

**Instructions:**

1. Cut the cardboard tube in half.
2. Then, cut down the length of one of the tube halves and tuck one of the ends inside the other, making it half the size of the original diameter. Tape it to hold it in place. (See Step 2 picture below.)
3. Then punch 2 holes on either side of the smaller tube (about 2 cm. from the end) and slide the pencil right through the tube. (See Step 3 picture below.)
4. Now, cut 2 slits on each side of the other tube. Loop the elastic bands through these slits. (See Step 4 picture below.)
5. Slide the bigger tube over the smaller one and loop the elastic bands around the ends of the pencil. Your cardboard tube roll slingshot is ready to use! (See Step 5 picture below.)
6. Decorate using tape or markers.
7. Load the inside of the tube with mini marshmallows.
8. Hold the pencil with your fingers and pull down the elastic band. Take aim and let it go.



Step 2



Step 3



Step 4



Step 5



Finished Sling Shot

## Cinnamon Scented Fall Slime with Leaves

**Materials:** airtight container, 5oz. clear glue, ½ cup water, ½ tsp baking soda, 1 tbsp contact solution, fall vase filler (colored gems, plastic leaves, pumpkins, apples, etc.), glitter (red and gold), cinnamon essential oil, small bowl

**Preparation:** Prepare materials and ensure each participant has all materials.

**Instructions:**

1. Pour entire 5 oz bottle of clear glue into a small bowl.
2. Add half a cup of water and half teaspoon of baking soda. Stir mixture together.
3. Add glitter and a couple drops of cinnamon essential oil.
4. Add fall fillers (pumpkins, leaves, apples, acorns, etc.).
5. Add a tablespoon of contact solution and stir until slime starts to form.
6. Store the slime in an airtight container.



## Chocolate Dipped Candy Corn Rice Krispy Treats

**Materials:** crispy rice cereal (6 cups), mini marshmallows (6 cups), butter (5 tbsp), orange gel coloring, dark chocolate candy coating, white chocolate candy coating, wax paper

**Preparation:** Gather materials.

**Instructions:**

1. Melt butter in a pot or microwave safe bowl.
2. Add marshmallows and stir until melted. Stir in a few drops of orange coloring.
3. Mix in cereal and stir until well coated.
4. Press treats into baking dish and cut into squares for each child.
5. Allow your child to shape his/her treat into the shape of a candy corn (triangle shape).
6. Melt chocolate. Allow your child to dip base of the treat in dark chocolate and the tip of the treat into the white chocolate.
7. Allow chocolate to set and enjoy!



## Duct Tape Noise Maker

**Materials:** duct tape (variety of colors), beans, 2 Styrofoam coffee cups, scissors

**Preparation:** Gather materials.

**Instructions:**

1. Pour beans into one of the cups. Fill it about  $\frac{1}{4}$  of the cup.
2. Place the second cup on top of the first cup, rim to rim. Tape the rims together with your choice of duct tape.
3. Place a square of tape on the bottoms of each cup.
4. Cover the cups completely with tape. Cut patterned tape or different colors of tapes into strips to add stripes to your noise maker.
5. Now, you are ready for a celebration or just to make noise.



## Inventing Paper

**Materials:** blender, room temperature water, old screen window, baking sheet, absorbent cloth or sponges, small bowls, optional: cookie cutters with large openings, food coloring

**Preparation:** Gather materials. Cut or shred paper into very small pieces.

**Instructions:**

1. Shred paper and put it in a bowl covered with water to soak a few hours or overnight.
2. Fill half the blender with the soaked paper mixture. Add some water from the bowl. Pulse-blend until a pulpy mixture forms. Add more water as needed.
3. Divide mixture into small batches in bowls and add food coloring to be creative. What else could be added?
4. Put baking sheet under the screen and press pulp into cookie cutters or free form shapes of paper.
5. Use a clean sponge to remove excess water by gently pressing the paper.
6. Let dry. Then, decorate or use make other products.



## Hula Hoop Tic Tac Toe Relay Race

**Materials:** 9 hula hoop or place markers, bean bags, frisbees, 4 participants

**Preparation:** Gather materials and set hula hoops up in a grid 3 x 3. At least two players are needed.

**Instructions:**

1. Have even teams of two players.
2. Explain how tic tac toe works if your child doesn't know.
3. On "Go," one player from each team will run towards the hula hoops with a bean bag and toss where he/she would like for it to land.
4. Once the player gets the marker inside a hoop, he/she will run back and tag the next player to either block or try to make 3 in a row.
5. First team to get tic tac toe wins!
6. Continue the game until all players have gone.



## Corner Origami Bookmark

**Materials:** square piece of paper (15cm x 15cm), markers, colored pencils

**Preparation:** Check out this website to get ideas for your creation:

<https://www.redtedart.com/corner-bookmarks-designs/>

### Instructions:

1. Fold the square paper across the diagonal to make a triangle
2. Rotate to bring the long edge parallel. Then, bring the right corner up to meet the top corner.
3. Repeat with the corner. You should now have a smaller diamond with a line down the middle.
4. Open up the last two folds.
5. Folds down the top corner – only take one sheet of paper.
6. Bring the right corner back up and fold into the flap.
7. Repeat with the left corner.
8. Decorate by drawing a favorite animal, saying, or color.

