

Ink Art

Materials: paint, paintbrush, paper, wipes

Preparation: Gather infant and materials.

Instructions:

1. Gently wipe and then paint the bottom of your baby's foot. The heel will be the head of an octopus. Toes will be tentacles.
2. Gently place painted foot on sheet of paper, making a footprint.
3. On baby's footprint, create squiggly lines extended from the five toe prints, and add three more squiggly lines to represent eight octopus tentacles.
4. Count to eight with your infant.



Commotion in the Ocean

by Giles Andreae

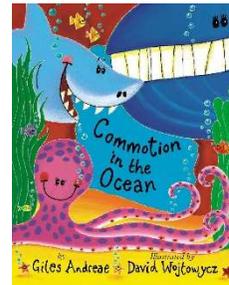
Materials: internet access, website:

<https://www.youtube.com/watch?v=9pRhqZ8Jffs>

Preparation: Preview video.

Instructions:

1. Listen to this read aloud book together
2. Pause to point out interesting illustrations.
3. Repeat names of objects to promote language development.



Otter in the Water

Materials: container, plastic and age-appropriate toys, water

Preparation: Place toys and water in the container.

Instructions:

1. Gather your infant.
2. Otters love to play with toys. Assist infant with exploring through water sensory. Modify if needed.



Make a Wave

Materials: bottle of water, blue food color, confetti, glue

Preparation: Gather your baby and materials.

Instructions:

1. Remove eight capfuls of water to make space for the confetti.
2. Mix confetti and one drop of blue food color in bottle with water.
3. Place glue on the rim of the bottle, and quickly place top on bottle and seal it tightly.
4. Gather your baby and place on tummy. Roll and shake the sensory bottle and describe the confetti swirling around.



Five Little Ducks

Materials: internet access, website: <https://www.youtube.com/watch?v=pZw9veQ76fo>

Preparation: Preview video.

Instructions:

1. Sing along with the video together.
2. As you sing along, move like the animals, and use your fingers to count the five little ducks.



Doggy Paddle

Preparation: Gather your baby.

Instructions:

1. Assist and modify as needed.
2. Make gestures using different swimming techniques, such as doggy paddling.
3. Our furry friends love to swim. Watch as your baby laughs or tries to imitate the different motions.



Silly Goose

Materials: construction paper (orange), internet access, pencil, scissors, string, website:
<https://www.youtube.com/watch?v=0mXoMK4Pvlw>

Preparation: Gather materials. Preview video.

Instructions:

1. Draw a six-inch heart on the orange paper.
2. Cut out the heart and fold it in half.
3. On each end of the top part of heart, use the pencil to place holes.
4. Place the string into each hole, creating a goose beak. Tie the goose beak on yourself and play the goose sound for your baby.



Limu, the Blue Turtle

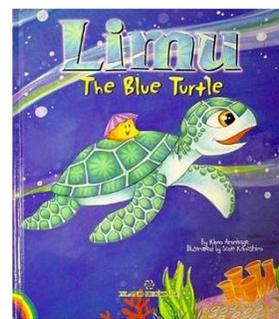
by Kimo Armitage

Materials: internet access, website:
<https://www.youtube.com/watch?v=LDTn8-XxLhM>

Preparation: Preview video.

Instructions:

1. Listen to the book with your infant. Pause to point out interesting illustrations.
2. Repeat names of objects to promote language.



The Arctic

Materials: 6 cubes of ice, container, water

Preparation: Gather materials.

Instructions:

1. Assist and modify as needed.
2. Gather your baby.
3. Place ice cubes and water on the cookie pan to represent icebergs.
4. Assist your baby in exploring the arctic, a habitat for our swimming friends, the polar bears.
5. You can discuss cold with your baby as you touch the ice together.



What's That Texture?

Materials: 3 different fabrics with varying textures, cardboard, glue, water

Preparation: Gather materials. Cut the different fabrics into equal pieces, glue the pieces onto the cardboard, and allow the glue to dry.

Instructions:

1. Assist and modify as needed.
2. Gently place your baby on his/her tummy in front of the sensory board you created.
3. Dampen part of the material with water for your baby to explore the change in textures



The Rainbow Fish

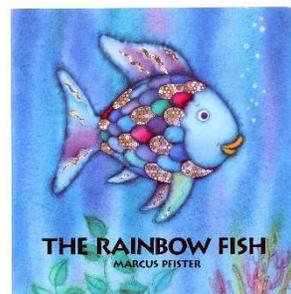
by Marcus Pfister

Materials: internet access, website:
<https://www.youtube.com/watch?v=h6S4IPMs5ZY>

Preparation: Preview video.

Instructions:

1. Listen to the read aloud book with your infant. Pause to point out interesting illustrations.
2. Repeat names of objects to promote language.



I See Me

Materials: internet access, mirror, website:

<https://www.youtube.com/watch?v=6M92OA-5-Y>

Preparation: Gather materials. Preview video.

Instructions:

1. Assist and modify as needed.
2. Gather your baby. Watch the video together.
3. Show your baby their reflection in the mirror. Wave, make faces, and point to your eyes, nose, mouth, and ears.



Squishy Jellyfish

Materials: 2 colors of gelatin, medium container

Preparation: Gather materials. Cut the gelatin into different sizes. Place the gelatin into the container.

Instructions:

1. Assist and modify as needed.
2. Gather your baby.
3. Explore and discuss the different colors, sizes, and squishy texture of the gelatin together.



Baby Shark!

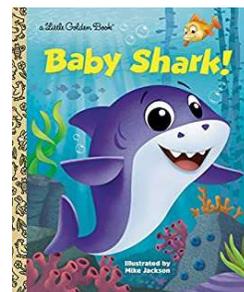
by Mike Jackson

Materials: internet access, website:
<https://www.youtube.com/watch?v=FFNBni8FVWY>

Preparation: Preview video.

Instructions:

1. Listen to the book with your baby as you sing along together. Pause to point out interesting illustrations.
2. Repeat names of objects and animals to promote language.



There Was a Little Turtle

Materials: internet access, website:
<https://www.youtube.com/watch?v=jbmA6uPGcTk>

Preparation: Preview video.

Instructions:

Sing along together, using fun gestures that align with the nursery rhyme.

