



12475 Sugar Dale Dr.  
Stafford, TX 77477  
281-240-1111

## Policies Regarding Health

In our center we have very specific guidelines for parents to reference regarding health. These policies are intended to be very clear on what health issues make it necessary for your child to be kept out of school. It is our hope that these policies address all concerns from parents and staff. Administered correctly and fairly, they should protect the best interest of all our children, well and ill, as well as our teachers and aides. As you read through our guidelines please understand they are not intended to be harsh or unfair. It is our nature in the center to hold, walk, hug and comfort children; not to send them home. But as we do our best to keep the entire center healthy and germ free we do ask for your help in following these guidelines.

To preserve the health of all children, we ask that you do not send a sick child to school. Small children in particular are prone to infections because their immune systems are not fully developed. One sick child in the classroom places all other children at risk. In addition, the sick child typically has a miserable day.

A child who has fever should not be sent to school under any circumstance (state guidelines has a ceiling of 100.4 degrees for children to remain in a classroom). A child who is listless or shows signs of illness also should be kept at home. Here is a good rule of thumb; keep your child/children at home if you observe any of the following symptoms: 1) persistent stomach ache, any diarrhea or vomiting (state guidelines use 3 times of either in 45 minutes), 2) deep or hacking cough even without a fever, sour throat, 3) continuous runny nose, 4) yellowish or greenish mucus, 5) a rash that has not been diagnosed by a physician, 6) undiagnosed and untreated pink, swollen, matted or runny eyes.

A child can return to school when 1) fever has gone and temperature has been normal for at least 24 hours, 2) energy level has returned to normal for at least 24 hours, 3) active signs of illness (vomiting/diarrhea) are no longer present. Children do not have to remain at home until all secondary symptoms disappear. Some nasal and bronchial congestion may linger for several weeks following a cold or flu, but the child generally is no longer contagious. In the event your child goes to the doctor and receives a prescription medication, we MUST have a return to school note which specifically states the child is not contagious.

Normal dispensing times for medication are at 11:30am and 3:30pm. Please start your child's medication in the beginning/morning to fit into this schedule. Please make sure that you fill out the form at the front desk for any medication that needs to be given to your child.

Please tell us if your child has been exposed to a contagious disease so that the teacher can watch for early symptoms. If your child becomes ill while at school, we will notify you and your emergency contacts. Ill children come to the Boo Boo Room at the reception area while they are waiting to be picked up. We may recommend that you seek medical care for your child.

I have read and understood the above Policies Regarding Health.

---

Parent/Guardian Signature

---

Date