



## March

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
|   |   | 1<br>Breakfast: Waffles,<br>Peaches, & Milk<br>Lunch: Chicken Alfredo,<br>Corn, Fresh Strawberries, &<br>Milk<br>Vegetarian Option:<br>Alfredo, Corn, Fresh<br>Strawberries, & Milk<br>PM Snack: Vanilla Wafers<br>& Banana               | 2<br>Breakfast: Cereal,<br>Peaches, & Milk<br>Lunch: Turkey Sausage &<br>English Muffin Sandwich,<br>Corn, Fresh Blueberries, &<br>Milk<br>Vegetarian Option:<br>English Muffin & Cheese<br>Sandwich, Corn, Fresh<br>Blueberries, & Milk<br>PM Snack: Tortilla Chips &<br>Cheese | <b>Breakfast:</b> Cereal Bar,<br>Bananas, & Milk<br><b>Lunch:</b> Chicken Noodle<br>Soup, Carrots, Fresh<br>Pineapples, & Milk<br><b>Vegetarian Option:</b><br>Vegetarian Nuggets,<br>Carrots, Fresh Pineapples,<br>& Milk<br><b>PM Snack:</b> Ritz Crackers &<br>Cheese        |
| 6<br>Breakfast: Yogurt,   | 7   | 8<br>Breakfast: Toast,  | 9<br>Breakfast: Bagels with  | 10<br>Breakfast: French Toast   |
| Blueberries, & Milk<br>Lunch: Cream of Chicken<br>Rice Casserole, Mixed Fruit<br>& Milk<br>Vegetarian Option:<br>Veggie Burger, Tater Tots,<br>& Mixed Fruit, & Milk<br>PM Snack: Bananas &<br>Vanilla Wafers                                   | Breakfast: Pancakes,<br>Oranges, & Milk<br>Lunch: Tacos with Lettuce,<br>Cheese, Apples, & Milk<br>Vegetarian Option: Bean<br>Burrito, Salad, Apples, &<br>Milk<br>PM Snack: Animal Crackers<br>& Pears   | Scrambled Eggs,<br>Applesauce, & Milk<br>Lunch: Cheeseburgers,<br>Tater Tots, Mixed Fruit &<br>Milk<br>Vegetarian Option:<br>Tofu Cheeseburger,<br>Tater Tots, & Mixed<br>Fruit, & Milk<br>PM Snack: Goldfish &<br>Pears                  | Jelly, Strawberries, & Milk<br>Lunch: Tomato Soup,<br>Grilled Cheese Roll-Ups,<br>Salad, Apples, & Milk<br>Vegetarian Option:<br>Tomato Soup, Grilled<br>Cheese Roll-Ups, Salad,<br>Apples, & Milk<br>PM Snack: Fruit Pizzas<br>Made with Fresh Fruit                            | Sticks, Mixed Fruit, & Milk<br>Lunch: Turkey Sandwich,<br>Carrots, Banana, & Milk<br>Vegetarian Option:<br>Grilled Cheese, Banana,<br>Carrots Sticks, & Milk<br>PM Snack: Saltine<br>Crackers & Cheese  |
| 13<br>Breakfast: Cereal,<br>Peaches, & Milk<br>Lunch: Spaghetti &<br>Meatballs, Corn, Fresh<br>Blueberries, & Milk<br>Vegetarian Option:<br>Spaghetti, Corn, Fresh<br>Blueberries, & Milk<br>PM Snack: Tortilla Chips &<br>Cheese               | 14<br>Breakfast: Scrambled<br>Eggs, Toast, Mixed Fruit &<br>Milk<br>Lunch: Cheese Bagel Pizza,<br>Fresh Pears, Green Beans,<br>& Milk<br>Vegetarian Option:<br>Cheese Bagel Pizza, Fresh<br>Bananas, Green Beans, &<br>Milk<br>PM Snack: Ritz & Soy<br>Butter | 15<br>Breakfast: Pancakes,<br>Oranges, & Milk<br>Lunch: Salisbury Steak,<br>Mashed Potatoes, Apples, &<br>Milk<br>Vegetarian Option: Bean<br>Burrito, Salad, Apples, &<br>Milk<br>PM Snack: Animal<br>Crackers & Pears                    | 16<br>Breakfast: English Muffins<br>& Jelly, Bananas, & Milk<br>Lunch: Chili, Peas, Pears,<br>& Milk<br>Vegetarian Option:<br>Cheese Quesadilla with<br>Peas, Fresh Oranges & Milk<br>PM Snack: Hummus &<br>Pretzels   | 17<br>Breakfast: Green Muffins,<br>Pears, & Milk<br>Lunch: Green Chicken Mac<br>& Cheese Bowl, Broccoli,<br>Green Apples, & Milk<br>Vegetarian Option: Green<br>Mac & Cheese, Broccoli,<br>Green Apples, & Milk<br>PM Snack: Kiwi & Yogurt                                      |
| 20  | 21  | 22  | 23   | 24  |
| Breakfast: Cereal<br>Bar, Bananas, & Milk<br>Lunch: Chicken<br>Noodle Soup, Carrots,<br>Fresh Pineapples, &<br>Milk<br>Vegetarian Option:<br>Vegetarian Nuggets,<br>Carrots, Fresh<br>Pineapples, & Milk<br>PM Snack: Ritz<br>Crackers & Cheese | Breakfast: Pancakes,<br>Oranges, & Milk<br>Lunch: Tacos with Lettuce,<br>Cheese, Apples, & Milk<br>Vegetarian Option: Bean<br>Burrito, Salad, Apples, &<br>Milk<br>PM Snack: Animal Crackers<br>& Pears   | Breakfast: Waffles,<br>Peaches, & Milk<br>Lunch: BBQ Chicken<br>Sandwiches, Corn, Fresh<br>Strawberries, & Milk<br>Vegetarian Option: Soy<br>Butter Sandwich, Corn,<br>Fresh Strawberries, & Milk<br>PM Snack: Vanilla Wafers<br>& Banana | Breakfast: Biscuits &<br>Gravy, Apples, & Milk<br>Lunch: Country Fried<br>Steak, Mashed Potatoes,<br>Banana, & Milk<br>Vegetarian Option:<br>Grilled Cheese, Banana,<br>Mashed Potatoes, & Milk<br>PM Snack: Tortilla Chips &<br>Cheese Dip                                      | Breakfast: Cereal,<br>Peaches, & Milk<br>Lunch: Turkey Sausage &<br>English Muffin Sandwich,<br>Corn, Fresh Blueberries, &<br>Milk<br>Vegetarian Option:<br>English Muffin & Cheese<br>Sandwich, Corn, Fresh<br>Blueberries, & Milk<br>PM Snack: Soy Butter &<br>Apple Slices   |
| 27  | 28  | 29  | 30   | 31  |
| Breakfast: Yogurt,<br>Blueberries, & Milk<br>Lunch: Cream of Chicken<br>Rice Casserole, Mixed Fruit<br>& Milk<br>Vegetarian Option: Tofu<br>Cheeseburger, Tater Tots,<br>& Mixed Fruit, & Milk<br>PM Snack: Peaches &<br>Graham Crackers        | Breakfast: Toast,<br>Scrambled Eggs,<br>Applesauce, & Milk<br>Lunch: Mexican Pizza,<br>Green Beans, Mixed Fruit &<br>Milk<br>Vegetarian Option:<br>Mexican Pizza, Green<br>Beans, Mixed Fruit, & Milk<br>PM Snack: Hummus &<br>Pretzels                       | Breakfast: French Toast<br>Sticks, Mixed Fruit, & Milk<br>Lunch: Turkey Sandwich,<br>Carrots, Banana, & Milk<br>Vegetarian Option:<br>Grilled Cheese, Banana,<br>Carrots Sticks, & Milk<br>PM Snack: Saltine<br>Crackers & Cheese         | Breakfast: Pancakes,<br>Oranges, & Milk<br>Lunch: Salisbury Steak,<br>Mashed Potatoes, Apples, &<br>Milk<br>Vegetarian Option: Bean<br>Burrito, Salad, Apples, &<br>Milk<br>PM Snack: Animal<br>Crackers & Pears   | Breakfast: Bagels with<br>Jelly, Strawberries, & Milk<br>Lunch: Tomato Soup,<br>Grilled Cheese Roll-Ups,<br>Salad, Apples, & Milk<br>Vegetarian Option:<br>Tomato Soup, Grilled<br>Cheese Roll-Ups, Salad,<br>Apples, & Milk<br>PM Snack: Fruit Pizzas<br>Made with Fresh Fruit |