

Monday

Tuesday

Wednesday

Thursday

Friday

2

Breakfast: Yogurt with Granola & Milk
Lunch: Turkey & Cheese Sandwiches, Fresh Pineapples, Peas & Milk
Vegetarian Option: Cheese Sandwich, Fresh Pineapples, Peas, & Milk
PM Snack: Carrot Sticks & Ranch

3

Breakfast: Biscuits with Jelly, Fresh Strawberries, & Milk
Lunch: Cheese Bagel Pizza, Fresh Bananas, Corn, & Milk
Vegetarian Option: Cheese Bagel Pizza, Banana, Corn & Milk
PM Snack: Nachos & Cheese Dip

4

Breakfast: Scrambled Eggs, Toast, Mixed Fruit & Milk
Lunch: Chicken Nuggets, Carrots, Fresh Pineapples, & Milk
Vegetarian Option: Vegetarian Nuggets, Carrots, Fresh Pineapples, & Milk
PM Snack: Ritz & Soy Butter

5

Breakfast: French Toast Sticks, Bananas, & Milk
Lunch: Tacos with Lettuce, Cheese, Corn, Fresh Oranges, & Milk
Vegetarian Option: Cheese Quesadilla, Corn, Fresh Oranges & Milk
PM Snack: Hummus & Saltines

6

Breakfast: Waffles, Applesauce, & Milk
Lunch: Fish Sticks, Salad, Fresh Bananas, & Milk
Vegetarian Option: Grilled Cheese, Salad, Fresh Bananas, & Milk
PM Snack: Pretzels & Fresh Apples

9

Breakfast: Cereal, Peaches, & Milk
Lunch: Meat Loaf, Mashed Potatoes, Peaches, & Milk
Vegetarian Option: Veggie Loaf, Mashed Potatoes, Peaches, & Milk
PM Snack: Animal Crackers & Fresh Bananas

10

Breakfast: Pancakes, Applesauce, & Milk
Lunch: Cheeseburgers, Smiley Fries, Mixed Fruit & Milk
Vegetarian Option: Tofu Cheeseburger, Fries & Mixed Fruit, & Milk
PM Snack: Fruit Pizzas Made with Fresh Fruit

11

Breakfast: Bagels & Cheese, Strawberries, & Milk
Lunch: Soynut Butter & Jelly Sandwiches, Peas, Pears, & Milk
Vegetarian Option: Soynut Butter & Jelly Sandwiches, Peas, Pears, & Milk
PM Snack: Goldfish & Peaches

12

Breakfast: Scrambled Eggs, Toast, & Milk
Lunch: Chicken Nuggets, Carrots, Fresh Pineapples, & Milk
Vegetarian Option: Vegetarian Nuggets, Carrots, Fresh Pineapples, & Milk
PM Snack: Vanilla Wafers & Banana Pudding

13

Breakfast: English Muffins, Jelly, Applesauce, & Milk
Lunch: Chili Mac, Salad, Fresh Watermelon, & Milk
Vegetarian Option: Grilled Cheese, Carrots, Fresh Watermelon, & Milk
PM Snack: Homemade Trail Mix

16

Breakfast: Cereal Bar, Peaches, & Milk
Lunch: Chicken Alfredo, Corn, Fresh Strawberries, & Milk
Vegetarian Option: Alfredo, Corn, Fresh Strawberries, & Milk
PM Snack: Carrot Sticks & Ranch

17

Breakfast: Waffles, Apples, & Milk
Lunch: Tacos with Lettuce, Cheese, Apples, & Milk
Vegetarian Option: Mac & Cheese, Salad, Bananas, & Milk
PM Snack: Ritz & Soy Butter

18

Breakfast: Biscuits with Jelly, Peaches, & Milk
Lunch: Bagel Pizza, Banana, Corn, & Milk
Vegetarian Option: Bagel Pizza, Banana, Corn & Milk
PM Snack: Nachos & Cheese Dip

19

Breakfast: Yogurt, Strawberries, & Milk
Lunch: Chicken Nuggets, Broccoli, & Pineapples
Vegetarian Option: Vegetarian Nuggets, Broccoli, & Pineapples
PM Snack: Goldfish & Peaches

20

Breakfast: French Toast Sticks, Bananas, & Milk
Lunch: Meat Loaf, Mashed Potatoes, Fresh Oranges, & Milk
Vegetarian Option: Fresh Oranges & Milk
PM Snack: Hummus & Saltines

23

Breakfast: Yogurt with Granola & Milk
Lunch: Turkey & Cheese Sandwiches, Fresh Pineapples, Salad & Milk
Vegetarian Option: Cheese Sandwich, Fresh Pineapples, Salad, & Milk
PM Snack: Chef's Choice

24

Breakfast: Waffles, Applesauce, & Milk
Lunch: Fish Sticks, Peas, Fresh Bananas, & Milk
Vegetarian Option: Grilled Cheese, Peas, Fresh Bananas, & Milk
PM Snack: Pretzels & Fresh Apples

25

Breakfast: Pancakes, Applesauce, & Milk
Lunch: Cheeseburgers, Smiley Fries, Mixed Fruit & Milk
Vegetarian Option: Tofu Cheeseburger, Smiley Fries, Mixed Fruit, & Milk
PM Snack: Fruit Pizzas Made with Fresh Fruit

26

Breakfast: Scrambled Eggs, Toast, & Milk
Lunch: Chicken Nuggets, Salad, Fresh Pineapples, & Milk
Vegetarian Option: Vegetarian Nuggets, Salad, Fresh Pineapples, & Milk
PM Snack: Vanilla Wafers & Banana Pudding

27

Breakfast: French Toast Sticks, Bananas, & Milk
Lunch: Tacos with Lettuce, Cheese, Corn, Fresh Oranges, & Milk
Vegetarian Option: Cheese Quesadilla with Corn, Fresh Oranges & Milk
PM Snack: Hummus & Saltines

30



31

Breakfast: Cereal, Peaches, & Milk
Lunch: Meat Loaf, Mashed Potatoes, Peaches, & Milk
Vegetarian Option: Veggie Loaf, Mashed Potatoes, Peaches, & Milk
PM Snack: Animal Crackers & Bananas