

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1
				<p>Breakfast: Green Scrambled Eggs with Fresh Fruit AM Snack: Cheese & Crackers Lunch: Grilled Cheese, Tomato Soup & Mixed Fruit PM Snack: Pretzels with Hummus</p>
4	5	6	7	8
<p>Breakfast: English Muffins with Jelly & Mixed Fruit AM Snack: Cheese & Crackers Lunch: Grilled Cheese Sandwiches, Cheddar Broccoli Soup & Bananas PM Snack: Pretzels with Hummus</p>	<p>Breakfast: Scrambled Eggs with Cheese, Hash Browns & Bananas AM Snack: Graham Crackers and Soy Butter Lunch: Vegetarian Burgers, Carrots & Oranges PM Snack: Chips & Salsa</p>	<p>Breakfast: Biscuits with Jelly & Fresh Cantaloupe AM Snack: Cheese & Crackers Lunch: Vegetarian Nuggets, Broccoli & Fresh Apples PM Snack: Homemade Trail Mix</p>	<p>Breakfast: French Toast Sticks & Peaches AM Snack: Graham Crackers and Soy Nut Butter Lunch: Tofu, Mashed Potatoes, Corn & Fresh Pineapple PM Snack: Plain Yogurt with Bananas</p>	<p>Breakfast: Whole Grain Cereal with Fresh Fruit AM Snack: Cheese & Crackers Lunch: Pizza, Salad & Mixed Fruit PM Snack: Pretzels with Hummus</p>
11	12	13	14	15
<p>Breakfast: English Muffins with Jelly & Mixed Fruit AM Snack: Cheese & Crackers Lunch: Salad, Potato Soup & Bananas PM Snack: Pretzels with Hummus</p>	<p>Breakfast: Scrambled Eggs with Cheese, Hash Browns & Bananas AM Snack: Graham Crackers and Soy Butter Lunch: Cheese Quesadilla & Rice, Carrots & Oranges PM Snack: Chips & Salsa</p>	<p>Breakfast: Biscuits with Jelly & Fresh Cantaloupe AM Snack: Cheese & Crackers Lunch: Homemade Spaghetti with Soy Butter Sandwich, Broccoli & Fresh Apples PM Snack: Homemade Trail Mix</p>	<p>Breakfast: French Toast Sticks & Peaches AM Snack: Graham Crackers and Soy Nut Butter Lunch: Cheese Quesadilla with Rice, Pinto Beans & Fresh Pineapple PM Snack: Plain Yogurt with Bananas</p>	<p>Breakfast: Whole Grain Cereal with Fresh Fruit AM Snack: Cheese & Crackers Lunch: Cucumber, Hummus and Lettuce Wraps, Salad & Mixed Fruit PM Snack: Pretzels with Hummus</p>
18	19	20	21	22
<p>Breakfast: English Muffins with Jelly & Mixed Fruit AM Snack: Cheese & Crackers Lunch: Cheese Quesadilla, Corn & Bananas PM Snack: Pretzels with Hummus</p>	<p>Breakfast: Scrambled Eggs with Cheese, Hash Browns & Bananas AM Snack: Graham Crackers and Soy Butter Lunch: Homemade Mac & Cheese, Carrots & Oranges PM Snack: Chips & Salsa</p>	<p>Breakfast: Biscuits with Jelly & Fresh Cantaloupe AM Snack: Cheese & Crackers Lunch: Alfredo Noodles, Broccoli & Fresh Apples PM Snack: Homemade Trail Mix</p>	<p>Breakfast: French Toast Sticks & Peaches AM Snack: Graham Crackers and Soy Nut Butter Lunch: Vegetarian Burger on Bun, Corn & Fresh Pineapple PM Snack: Plain Yogurt with Bananas</p>	<p>Breakfast: Whole Grain Cereal with Fresh Fruit AM Snack: Cheese & Crackers Lunch: Pizza, Salad & Mixed Fruit PM Snack: Pretzels with Hummus</p>
25	26	27	28	29
<p>Breakfast: English Muffins with Jelly & Mixed Fruit AM Snack: Cheese & Crackers Lunch: Grilled Cheese Sandwiches, Cheddar Broccoli Soup & Bananas PM Snack: Pretzels with Hummus</p>	<p>Breakfast: Scrambled Eggs with Cheese, Hash Browns & Bananas AM Snack: Graham Crackers and Soy Butter Lunch: Vegetarian Burgers on Bun, Carrots & Oranges PM Snack: Chips & Salsa</p>	<p>Breakfast: Biscuits with Jelly & Fresh Cantaloupe AM Snack: Cheese & Crackers Lunch: Tofu, Mashed Potatoes, Corn & Fresh Apples PM Snack: Homemade Trail Mix</p>	<p>Breakfast: French Toast Sticks & Peaches AM Snack: Graham Crackers and Soy Nut Butter Lunch: Vegetarian Nuggets, Corn & Fresh Pineapple PM Snack: Plain Yogurt with Banana</p>	<p>Breakfast: Whole Grain Cereal with Fresh Fruit AM Snack: Cheese & Crackers Lunch: Grilled Cheese, Tomato Soup & Mixed Fruit PM Snack: Pretzels with Hummus</p>