

2024

September

Monday

Tuesday

Wednesday

Thursday





Brkfst:Cheerios, Pears, 3

AM Snack: Veggie straws Lunch: Chicken nuggets, Tator tots, Corn, Mix fruit, Milk

PM Snack: Goldfish,

Raisins

Brkfst: Breakfast fruit 4 bars, Milk AM Snack: Strawberry

newtons

Lunch: Penne wspaghetti sauce, Broccoli/Cauliflower mix,

Bananas, Milk PM Snack: Chex mix

Brkfst: French toast sticks, Pineapples, Milk AM Snack: Cheese sticks & Ritz

Lunch: Cheese pizza, Steamed carrots, Applesauce, Milk PM Snack: Fruit bars

National Cheese Pizza Day

Friday

6 Brkfst: Cinnamon biscuits, Mix Fruit, Milk AM Snack: Oatmeal cookies

Lunch: Turkey Tortilla Wraps, Green beans, Mixed fruit, Milk PM Snack: Popcorn (under 2 Cheez Its)

Brkfst: English must ns. Oranges, Milk AM Snack: Veggie snacks

Lunch: Frito pie (under 2 Tortilla w/chili), Corn, Oranges, Milk

PM Snack: Cheez Its,

Raisins

Brkfst: Wheat Cherrio 1,0

AM Snack: Chex mix Lunch: Meatballs/gravy, Mashed potatoes, Mixed fruit, Milk

PM Snack: Animal crackers

Brkfst: Cinnamon Toa**!t1** Crunch, Peaches, Milk AM Snack: Strawberry newtons

Lunch: Chicken alfredo, Carrots, Mixed fruit, Milk PM Snack: Popcorn (under 2 Goldfish)

Brkfst: Raisin bran, m4/2 AM Snack: Pita chips/hummus Lunch: Tator tot

casserole, Peas & carrots, Pineapples, milk PM Snack: Trail mix

Brkfst: Mini pancakes, 13 Applesauce, Milk AM Snack: Fruit gogurts Lunch: Beanie wienies, Gr beans, Pears, Milk PM Snack: Trail Mix w/ dried fruit

Brkfst: Waffles, Mix 16 fruit, Milk AM Snack: Fruit Bars Lunch: Turkey/Cheese

sandwiches, Veggie sticks, Pears, milk PM Snack: Cheese/ wheat crackers

Brkfst: Cinnamon Toast, Strawberries, Milk AM Snack: Trail mix Lunch: Nachos w/chili & cheese (under 2 Tortilla strips w/cheese), Steamed carrots, Mixed fruit, Milk

PM Snack: Pretzels (under 2 Fig newtons) Brkfst: Cheese toast, 18 Bananas, Milk AM Snack: Fig newtons Lunch: Cheeseburger macaroni casserole, Blueberries, Corn, Milk PM Snack: Mozzarella sticks & Crackers

National Cheeseburger Day Brkfst: Breakfast bars, 19 Applesauce, Milk AM Snack: Strawberry Newtons

Lunch: Spaghetti noodles w/ meat sauce, Peas, Peaches, milk PM Snack: Popcorn (over 2) + fruit; under 2 Goldfish/Pears

20 Brkfst: Cinnamon biscuits, Mix fruit, Milk AM Snack: Cucumbers & Ranch Lunch: Ham & Cheese, Veggie Sticks, Mandarin

oranges, Milk PM Snack: Frozen gogurts

Brkfst: Cheese toas 2.3 Pears, Milk

AM Snack: Yogurt/fruit Lunch: Ham/Cheese Tortilla Rollups, Corn, Berries, Milk PM Snack:

Goldfish/Dried Fruit

Brkfst: Cheerios, Pears, 24 Milk

AM Snack: Graham crackers / bananas Lunch: Mini corn dogs, Carrots, Mix Fruit, Milk

PM Snack: Chex mix

Brkfst: Fruit bars, Milk 25 AM Snack: Blueberry muffins Lunch: Lasagna, Peas,

Pears, Milk PM Snack: Oatmeal raisin cookies

Brkfst: Waffles, Milk, 26 Bananas AM Snack: Wheat

saltines, Cheese sticks Lunch: Pigs 'n' Blanket, Green beans, Pineapples PM Snack: Veggie

straws

Brkfst: Raisin Bran, Mak AM Snack: Yogurt/fruit Lunch: Italian Dunkers, Mix vegs, Berries, Milk PM Snack: Chocolate chip cookies

Brkfst: Cheerios, 30 Applesauce, Milk AM Snack: Fig Newtons Lunch: Spaghetti noodles w/meat sauce, Corn, Peaches, Milk PM Snack: Pita chips/ Hummus







