

# 2021

# October

### **Monday**

#### **Tuesday**



## Wednesday



# **Thursday**



### **Friday**

Brkfst: Raisin Bran, Mik AM Snack: Yogurt/fruit Lunch: Italian Dunkers. Corn, Berries, Milk PM Snack: Goldfish/Dried Fruit

Brkfst: Mini pancakes, berries, milk AM Snack: Trail mix w/dried fruit Lunch: Chicken tacos, Mix vegs., Mix fruit, milk PM Snack: Veggie Straws

5 Brkfst: Cinnamon Biscuits, Pears, Milk AM Snack: Cheese sticks/crackers Lunch: Red beans/rice, Mandarin oranges, Peas/carrots, Milk PM Snack: Trail Mix w/fruit

6 Brkfst: Cheerios, Applesauce, Milk AM Snack: Fig Newtons Lunch: Spaghetti noodles w/meat sauce, Corn, Peaches, Milk PM Snack: Pita chips/ Hummus

**National Noodle** Dav

Brkfst: Cheese toast, **7** Pears, Milk AM Snack: Chex mix with raisins Lunch: Fish sticks, Tots Broccoli, Mix fruit, Milk PM Snack: Teddy grahams

Brkfst: Waffles, Mix 8 fruit, Milk AM Snack: Fruit Bars Lunch: Turkey/Cheese sandwiches, Veggie sticks, Pears, milk PM Snack: Cheese/ wheat crackers

#### **National Taco Day**

11 Brkfst: Cheerios, Man oranges, Milk AM Snack: Yogurt tubes Lunch: Beanie Wienies, Corn, Mixed fruit, Milk PM Snack: Carrots/ ranch

(under 2-yrs. applesauce cups)

12

26

Brkfst: Breakfast bars, AM Snack: Veggie straws Lunch: Mini pizza's, Steamed carrots, Mixed fruit, Milk PM Snack: Cheez Its, Raisins

13

20

Brkfst: Cinnamon toast, Pears, Milk AM Snack: Goldfish/oranges Lunch: Tator tot casserole, Green beans, Applesauce, Milk PM Snack: Pretzels & Raisins

14

Brkfst: Mini pancakes, Applesauce, Milk AM Snack: Strawberry newtons Lunch: Meatballs w/ gravy, Mashed potatoes, Corn, Mixed fruit, Milk PM Snack: Chex mix

**Klein ISD Holiday** 

Brkfst: Raisin Bran, Milk AM Snack: Yogurt/fruit Lunch: Ham/Cheese Tortilla Rollups, Corn, Berries, Milk PM Snack: Goldfish/Dried Fruit

#### **Klein ISD Holiday**

Brkfst: Rice Krispies, Pineapples, Milk AM Snack: Chocolate Chip Muffins Lunch: Frito Pie, Corn, Applesauce, Milk PM Snack: Veggie crackers

**National Chocolate Cupcake Day** 

Brkfst: Raisin toast, Milk AM Snack: Animal crackers Lunch: Lasagna, Veggie Blend, Oranges, Milk PM Snack: Cheese & Crackers

Brkfst: French toast sticks, Applesauce, Milk AM Snack: Cream cheese quesadillas Lunch: Chicken nuggets, Mashed potatoes, Carrots, Berries, Milk PM Snack: Fruit bars

Brkfst: Raisin bran, Milk AM Snack: Bananas/Oatmeal cookies Lunch: Spaghetti w/meat, Green beans, Mix fruit, Milk PM Snack: Goldfish/Mix fruit

Brkfst: Breakfast bars Milk AM Snack: Fruit cups/crackers Lunch: Grilled cheese, Tomato soup, Pears, Peas, Milk PM Snack: Trail Mix

w/fruit

Brkfst: Rice Krispies, Strawberries, Milk AM Snack: Fruit bars Lunch: Cheese tortellini, Broccoli, Applesauce, Milk PM Snack: Graham

crackers

Brkfst: Mini bagels w/cream cheese, mix fruit, Milk AM Snack: Hummus /pita chips Lunch: Hot dogs, Veggie blend, Bananas, Milk PM Snack: Fruit yogurt

27 Brkfst: Wheat chex, Oranges, Milk AM Snack: Graham crackers/apple butter Lunch: Shepherd's Pie w/mash potatoes, Vegs, Peaches, Milk PM Snack: Popcorn (under 2-yrs. Cheese-Its)

**National Potato** Dav

Brkfst: Raisin Toast, Milk AM Snack: Fruit bars Lunch: Ham/cheese sandwiches, Chips, Peas Pears, Milk PM Snack: Chocolate ice cream sandwiches

**National Chocolate** Dav

29 Halloween Classroom **Parties** 

