Kids R Kids Learning Academy Menu

AUGUST 2020

832-717-0808 www.kidsrkidsofspring.com

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Breakfast: Cheerios,mix fruit, milk AM Snack: Veggie straws Lunch: Nachos with chili, corn, mandarin oranges, milk PM Snack: Trail mix	Breakfast: Fruit bars, milk AM Snack: Choc chip cookies(**Natl. Choc Chip Cookie Day**) Lunch: Pasta w/chicken, mix fruit, green beans, milk PM Snack: Popcorn **Gym Picnic Day** **Bring sack lunch**	Breakfast: Raisin bran, milk AM Snack: Fruit bars Lunch: Beanie wienies, corn, applesauce PM Snack: Gogurts **400/450** **Picnic Day** **Bring sack lunch**	Breakfast: Waffles, mix fruit, milk AM Snack: Wheat saltines, Cheese sticks Lunch: Hot dogs, peas & carrots, pineapples PM Snack: Carrots/ranch **300/350 & 500/550** **Picnic Day** **Bring sack lunch**	Breakfast: Cheese toast, applesauce, milk AM Snack: Goldfish Lunch: Turkey and cheese sandwiches, veggie sticks, peaches, milk PM Snack: Pretzels/ dried fruit
10 Breakfast: Cinnamon biscuits, peaches, milk AM Snack: Oatmeal cookies Lunch: Chicken nuggets, mashed potatoes, green beans, pineapple, milk PM Snack: Fig newtons	11 Breakfast: Toast w/jelly, milk AM Snack: Cheese/crackers Lunch: Tator tot casserole, peas/carrots, mix fruit, milk PM Snack: Fruit bars **Gym Picnic Day** **Bring sack lunch**	12 Breakfast: Rice Krispies, pineapple, milk AM Snack: Pita w/ hummus Lunch: Frito pie, corn, mixed fruit, milk PM Snack: Chocolate crème cookies **400/450** **Picnic Day** **Bring sack lunch**	13 Breakfast: Mini pancakes, applesauce, milk AM Snack: Animal crackers/raisins Lunch: Chicken croissants, mixed veggies, peaches, milk PM Snack: Gogurts **300/350 & 500/550** **Picnic Day** **Bring sack lunch**	14 **McDonald's End of Summer Party Day**
17 Breakfast: Brkfst bars, applesauce, milk AM Snack: Strawberry newtons Lunch: Mini corn dogs, green peas, pineapples, milk PM Snack: Wheat Crackers w/cream cheese	18 Breakfast: Waffles, bananas, milk AM Snack: Wheat crackers/Sun butter Lunch: Cheese pizza, Corn, Mix fruit PM Snack: Carrots/ranch	19 Breakfast: Mini pancakes, Applesauce, milk AM Snack: Cheese/ crackers Lunch: Hot dogs, Tator tots, Steamed Carrots, Mixed fruit, milk PM Snack: Trail mix **National Potato Day**	20 Breakfast: Cheese toast, pears, milk AM Snack: Chocolate chip muffins Lunch: Macaroni & cheese, mixed veggies, peaches, milk PM Snack: Veggie Crackers	21 Breakfast: Raisin bran, Milk AM Snack: Pita chips w/hummus Lunch: Beanie weinie, corn, pineapples, milk PM Snack: Ice cream sandwiches
24 Breakfast: Wheat chex, pineapples, milk AM Snack: Apple slices/sun butter Lunch: Ham & cheese sandwiches, chips, peas, peaches, milk PM Snack: Fruit bars	25 Breakfast: Cheerios, pineapples, milk AM Snack: Veggie straws Lunch: Cheese tortellini, carrots, pears, milk PM Snack: Goldfish/Dried fruit	26 Breakfast: Mini pancakes, tropical fruit, milk AM Snack: Apple Slices Lunch: Nachos with chili, corn, mandarin oranges, milk PM Snack: Carrots with ranch	27 Breakfast: Cheese toast, mixed fruit, milk AM Snack: Graham crackers w/cr cheese Lunch: Chicken nuggets, tator tots, mix fruit, steamed carrots, milk PM Snack: Gogurts	28 Breakfast: Breakfast bars, mixed fruit, milk AM Snack: Veggie straws Lunch: Turkey and cheese sandwiches, chips, peas, pineapple, milk PM Snack: Popcorn (under 2 yrs. Goldfish)
31 Breakfast: Cheerios, Peaches, Milk AM Snack: Ritz crackers /cheese Lunch: Ham/cheese rollups, Green beans, mand oranges, milk PM Snack: Mini pretzels/dried fruit	 		 	