

FEBRUARY 2020

832-717-0808 www.kidsrkidsofspring.com TUESDAY WEDNESDAY 5 MONDAY **THURSDAY FRIDAY** Brkfst: Cheerios, peaches, Brkfst: Mini bagels, Mixed Brkfst: Waffles, Bananas, Milk Brkfst: French toast sticks, Brkfst: Raisin bran, Milk fruit, Milk AM Snack: Cheese/crackers Pears, Milk AM Snack: Animal crackers AM Snack: Carrot chips/ranch AM Snack: Graham Lunch: Cheese pizza, Peas, AM Snack: Fig Newtons Lunch: Grilled cheese & crackers/applesauce Lunch: Ham sandwiches, (under 2 cucumbers/ranch) Pineapples Tomato soup, Mixed fruit, Lunch: Cheeseburger Lunch: Chicken rotini, Green Chips, Corn, Pineapples, Milk PM Snack: Veggie straws stroganoff, Mix vegetables, beans, Pears, milk PM Snack: Graham crackers PM Snack: Chex mix/Dried Mixed fruit, Milk PM Snack: Yogurt Pops w/dried fruit PM Snack: Popcorn (over 2) + dried fruit: under 2 Frozen Yogurt Day Goldfish/dried fruit 10 11 Brkfst: Cheese toast, Pears. 4 Brkfst: Wheat chex. Brkfst: Biscuits/jelly, Pears, Brkfst: Waffles, Blueberries, Brkfst: Fruit breakfast bars. Peaches, Milk AM Snack: Trail Mix AM Snack: Cheese AM Snack: Pita chips/ AM Snack: Animal Lunch: Lasagna, Salad, AM Snack: Goldfish/Mandarin sticks/Ritz crackers crackers/Bananas Hummus Mixed fruit, Milk Oranges Lunch: Sloppy joes, Green Lunch: Turkey rollups, Corn, Lunch: Chicken nuggets. Lunch: Nachos w/chili/cheese, PM Snack: Fig Newtons beans. Mixed fruit Pineapples Mashed potatoes. Mixed fruit. Pineapples, Broccoli, Milk Sweetheart PM Snack: Oatmeal PM Snack: Pretzels/mix fruit Peas/Carrots, Milk PM Snack: Brownies Lunch cookies/oranges PM Snack: Popcorn (over 2) (Parents - Pls. sign up + dried fruit; under 2 Cheeseand see details at the its/dried fruit **Brownie Day** Front Desk/ Classroom) Brkfst: Pancakes, Pears, Brkfst: Cinnamon toast, Brkfst: French toast sticks, Brkfst: Raisin toast, Milk Brkfst: Cheerios, Pineapple, Strawberries, milk Pears, milk AM Snack: Bananas/Oatmeal AM Snack: Fruit bars AM Snack: Mixed muffins AM Snack: Fig Newtons cookies AM Snack: Veggie straws Lunch: Ham sandwiches. Lunch: Chicken nuggets, Lunch: Meatloaf, Mashed Lunch: Italian Dunkers. Green Lunch: Pigs 'n' Blanket, Mix Chips, Broccoli, Pineapples, Fried potatoes, Mixed fruit, potatoes, Corn, Mixed fruit, beans, Peaches, Milk veas. Pears. Milk PM Snack: Goldfish/Mix fruit PM Snack: Cheese/crackers PM Snack: Popcorn (over 2) PM Snack: Cheese PM Snack: Fruit Bars + dried fruit: under 2 sticks/wheat crackers Goldfish/dried fruit **National Pancake National Muffin** Day Day Brkfst: Cheese toast. Brkfst: Breakfast bars, Brkfst: Cinnamon toast, Milk Brkfst: Raisin bran. Milk Brkfst: Waffles, Milk. Bluberries, milk Peaches, milk AM Snack: Vanilla wafers AM Snack: Veggie Straws Strawberries AM Snack: String cheese AM Snack: Graham w/bananas Lunch: Nacho/Taco AM Snack: Pita/Hummus w/wheat crackers crackers/cream cheese Lunch: BBQ shredded Casserole, Green beans, Lunch: Cheese pizza, Corn, Lunch: Chicken nuggets, Lunch: Cheeseburger chicken, Mashed potatoes, Peaches, Milk Strawberries Tator tots, Applesauce, stroganoff, Mix vegetables, Fresh broccoli, Raisins, milk PM Snack: Pretzels/raisins PM Snack: Carrots/ranch Peas, Milk Mixed fruit, Milk PM Snack: Trail mix w/dried PM Snack: Fruit gogurts PM Snack: Sandwich fruit cookies/dried fruit Go Texan Day Tortilla Chip Day Strawberry Day









