

INFANT

Week

20

Smart Activities



SMART CHOICE. SMARTER CHILD.®

It's Me

Materials: picture of your baby

Instructions:

1. Hold your baby and show him/her the picture. Say, "This is you and say his/her name."
2. Name your baby's features as you share the picture.
3. Repeat as you promote language development.



My Body

Materials: internet access, website:

<https://youtu.be/vXXiyIGqliE>

Preparation: Preview video.

Instructions:

1. Enjoy this sing along about body parts.
2. Name your baby's body parts to promote language.



Moving Fingers

Instructions:

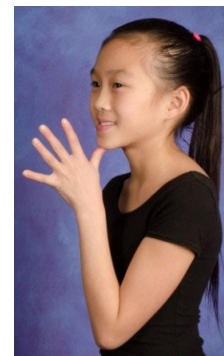
1. Hold your baby and say, "These are your fingers. We are going to sing a song about them."
2. Sing "Where is Thumpkin" with your baby.
3. Repeat as you promote language development.



Sign Language "Mom"

Instructions:

1. Touch your thumb of your dominate hand to chin using open five fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



Push Up

Materials: picture of your baby, favorite toy, a pillow

Preparation: Tape the picture to the pillow.

Instructions:

1. Hold your baby and say, "We are going to look at a picture of you for tummy time."
2. Place your baby in front of the pillow with the favorite toy.
3. Encourage your baby to lift his/her head to see the picture.



Lift Up

Materials: internet access, website:

<https://youtu.be/jGHjojXPal0>

Preparation: Preview video.

Instructions:

Enjoy tummy time with your baby.



I am Strong

Materials: a colorful picture, tape

Preparation: Tape the picture to the floor.

Instructions:

1. Place your baby on his/her tummy.
2. As your baby lifts his/her head to explore the picture, praise your baby for his/her efforts.



Sign Language "Mom"

Instructions:

1. Touch your thumb of your dominant hand to chin using open five fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



My Toes

Instructions:

1. Hold your baby and say, "These are your toes. We are going to sing a rhyme about them."
2. Sing as you touch each toe accordingly:
"This **little piggy** went to the market,
This **little piggy** stayed home,
This **little piggy** had roast beef,
This **little piggy** had none,
And this **little piggy** cried "wee wee wee"
all the way home."
3. Praise your baby's efforts as you promote language development.



Knees and Toes

Materials: internet access, website:

<https://youtu.be/WX8HmogNyCY>

Preparation: Preview video.

Instructions:

Enjoy this sing along with your baby.



Sunny Feet

Materials: paper, yellow paint

Preparation: Draw a circle in the middle of the page and paint it yellow.

Instructions:

1. Hold your baby and say, "We are going to make a sun with your footprints."
2. Paint your baby's feet and make prints around the circle to make sun artwork.
3. Enjoy this priceless art.



Sign Language "Mom"

Instructions:

1. Touch your thumb of your dominate hand to chin using open five fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



Moving Knees

Materials: two lids

Instructions:

1. Gently lay your baby on the floor.
2. Encourage your baby to move towards you as you clap the lids together gently.
3. Praise your baby's efforts as he/she attempts moving towards the sounds.



Crawling

Materials: internet access, website:

<https://youtu.be/14gWirURq6I>

Preparation: Preview video.

Instructions:

Enjoy this video about crawling as you observe your baby's development.



Sponge Painting

Materials: sponge, paper, paint

Preparation: Gather materials.

Instructions:

1. Hold your baby and say, "We are going to paint using a sponge."
2. Encourage your baby to grasp the sponge and move it across the paper.
3. Assist/modify as needed as your baby develops grasp reflexes.
4. Enjoy this priceless art.



Sign Language "Mom"

Instructions:

1. Touch your thumb of your dominate hand to chin using open five fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.



I See Me

Materials: unbreakable mirror

Instructions:

1. Hold your baby and say, "This is a mirror and that is you we see."
2. Talk about facial features with your baby.
3. Observe as your baby gets excited at the site of their own reflection.



Tiny Toes

by Caroline Jayne Church

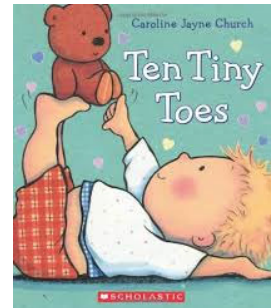
Materials: internet access, website:

<https://youtu.be/JZzZZyHt97A>

Preparation: Preview video.

Instructions:

1. Enjoy *Ten Tiny Toes* by Caroline Jayne Church.
2. Name body parts to encourage language development.



Wiggle Up

Instructions:

1. Hold your baby and say, "These are your arms. We are going to move them up and down."
2. Chant arms up and down as you gently move your baby's arms up and down.
3. Repeat as you coordinate motions using eyes and hands.



Sign Language "Mom"

Instructions:

1. Touch your thumb of your dominate hand to chin using open five fingers in the number 5 formation.
2. Wiggling fingers slightly is optional.

