

# Week 1 Infant Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG French Toast Sticks, Pears and Milk	WG Biscuit, Grits, Applesauce and Milk	Infants Oatmeal, Mandarin Oranges and Milk	Cream of Wheat, Pureed Strawberries and Milk	Infants Apple Rice Cereal, Mashed Bananas and Milk
Lunch	Finely Chopped Chicken & Brown Rice, Sweet Peas, Mixed Fruit and Milk	Chicken & Gravy, Mixed Veggies, Pureed Blueberries and Milk	Turkey, Mashed Sweet Potatoes, Cream Corn, WG Bread and Milk	WG Spaghetti w/Beef, Mashed Green Beans, Pureed Peaches and Milk	Finely Chopped Hamburger Patty, Cooked Carrots, Applesauce and Milk
Snack	Puffs, Cottage Cheese, and Water	Plain Yogurt and 100% Juice	Mashed Avocado, Saltine Crackers and Water	Infant Animal Crackers, and Milk	Ritz Crackers, Shredded Cheese, and Water

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## Week 2 Infant Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG French Toast Sticks, Pears and Milk	WG Biscuit, Grits, Applesauce and Milk	Infants Oatmeal, Mandarin Oranges and Milk	Cream of Wheat, Pureed Strawberries and Milk	Infants Apple Rice Cereal, Mashed Bananas and Milk
Lunch	Macaroni & Cheese, Mashed Sweet Peas, Pureed Peaches and Milk	Beans, Cooked Mix Veggies, Cooked Mashed Broccoli, WG Bread and Milk	Chicken & Gravy, WG Bread, Cooked Carrots, Mixed Fruit and Milk	Meatballs & Rice W/Gravy, Cream Corn, Mandarin Oranges and Milk	Chicken, Mashed Green Beans, Applesauce and Milk
Snack	Banana and Peach Teethers, and 100% Juice	Yogurt Melts and Milk	Puffs, Applesauce and Water	Ritz Crackers, Cottage Cheese, and Water	Banana Wafers, and 100% Juice

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# **Week 3 Infant Menu**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG French Toast Sticks, Pears and Milk	WG Biscuit, Grits, Applesauce and Milk	Infants Oatmeal, Mandarin Oranges and Milk	Cream of Wheat, Pureed Strawberries and Milk	Infants Apple Rice Cereal, Mashed Bananas and Milk
Lunch	Beef, Mashed Sweet Peas, Mixed Fruit and Milk	WG Spaghetti w/Beef, Cooked Mixed Veggies, Pureed Blueberries and Milk	Chicken Alredo, Cooked Carrots, Applesauce and Milk	Beans, Cream Corn, Pureed Peaches, WG Bread and Milk	Turkey, Mashed Green Beans, Mashed Potatoes and Milk
Snack	Puffs, Cottage Cheese, and Water	Plain Yogurt and 100% Juice	Mashed Avocado, Saltine Crackers and Water	Infant Animal Crackers, and Milk	Ritz Crackers, Shredded Cheese, and Water

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## **Week 4 Infant Menu**

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG French Toast Sticks, Pears and Milk	WG Biscuit, Grits, Applesauce and Milk	Infants Oatmeal, Mandarin Oranges and Milk	Cream of Wheat, Pureed Strawberries and Milk	Infants Apple Rice Cereal, Mashed Bananas and Milk
Lunch	Macaroni & Cheese, Mashed Peas & Carrots, Pureed Peaches and Milk	Meatballs W/Gravy, Cooked Mixed Veggies, Mixed Fruit and Milk	Finely Chopped Hamburgers Patty, Cooked Carrots, Mandarin Oranges and Milk	Turkey, Cheese, WG Bread, Cream Corn, Applesauce and Milk	Chicken, Mashed Green Beans, Mashed Potatoes and Milk
Snack	Banana and Peach Teethers, and 100% Juice	Yogurt Melts and Milk	Puffs, Applesauce and Water	Ritz Crackers, Cottage Cheese, and Water	Banana Wafers, and 100% Juice

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