



## November

Week 1	28	29	30	31	1
Breakfast					Assorted Cereal
Snack AM					Fruit Cocktail, Crackers
Lunch					Assorted Sandwiches.
					Veggies, Fruit
Snack PM					Club Crackers, Jelly
Week 2	4	5	6	7	8
Breakfast	Belvita Biscuits, Yogurt	Buttered Toast, Bacon	Waffles w/Syrup	Bagels w/Cream Cheese	Assorted Cereal
Snack AM	Bananas, Crackers	Grapes, Crackers	Cutie Oranges, Crackers	Fruit Cocktail, Crackers	Sliced Peaches, Crackers
Lunch	Chicken Parmesan	BBQ Meatballs, Mashed	Chicken Alfredo, Veggies,	Fish Sticks, Ranch Rice,	Grilled Cheese Sandwiches,
	Casserole, Veggies, Fruit	Potatoes, Veggies, Fruit	Fruit	Veggies, Fruit	Veggies, Fruit
Snack PM	Nachos w/Salsa (Goldfish under 2)	Shortbread Cookies, Fruit	Veggie Straws w/Ranch	KRK Trail Mix	White Cheddar Puffs, Fruit
Week 3	11	12	13	14	15
Breakfast	English Muffins w/Butter, Sausage	Pancakes w/Syrup	Breakfast Tots, w/Ketchup, Bacon	French Toast w/Syrup	Assorted Cereal
Snack AM	Bananas, Crackers	Grapes, Crackers	Cutie Oranges, Crackers	Sliced Peaches, Crackers	Fruit Cocktail, Crackers
Lunch	Chicken and Noodles,	Corndogs, French Fries,	Mac-N-Cheese, Rolls,	Chicken Rolled Tacos,	Assorted Sandwiches,
	Veggies, Fruit	Veggies, Fruit (Chicken Nuggets under 2)	Veggies, Fruit	Refried Beans, Veggies, Fruit	Veggies, Fruit
Snack PM	Saltine Crackers, Sliced Cheese	Fig Bars, Gogurt	Goldfish, String Cheese	Animal Crackers, Fruit	Pretzels w/Cheese Dip
Week 4	18	19	20	21	22
Breakfast	Piggy in a Blanket	Scrambled Eggs, Bacon	Cinnamon Toast, Applesauce	Cheese Toast, Sausage	Assorted Cereal
Snack AM	Bananas, Crackers	Grapes, Fruit	Cutie Oranges, Crackers	Fruit Cocktail, Crackers	Sliced Peaches, Crackers
Lunch	BBQ Beef Hot Dogs, Rice, Veggies, Fruit (Under 2.5 yrs: Chicken Nuggets)	Baked Ziti, Rolls, Veggies, Veggies, Fruit	Chicken Nuggets, Mashed Potatoes, Veggies, Fruit	Spanish Rice w/Taco Meat, Veggies, Veggies, Fruit	Assorted Sandwiches, Veggies, Fruit
Snack PM	Pita Bread, Hummus	Saltine Crackers, Jelly	Ritz Crackers, Cream Cheese	Nilla Wafers, Pudding	Wheat Thins, Sliced Cheese
Week 5	25	26	27	28	29
Breakfast	Cinnamon Rolls, Yogurt	Tater Tots w/Shredded Cheese/Bacon	Waffles w/Syrup	Closed	Closed
Snack AM	Bananas, Crackers	Grapes, Crackers	Cutie Oranges, Crackers	In Observance	In Observance
Lunch	Chicken Quesadillas, Refried Beans, Veggies, Fruit	Beef Stroganoff, Veggies, Fruit	Hot Dogs, French Fries, Veggies, Fruit (Fish Sticks under 2)	Of	Of
Snack PM	Chex Mix, String Cheese	Graham Crackers, Fruit	Shortbread Cookies, Gogurt	Thanksgiving Day	Family Day