

## October

Week 1	27	28	29	30	1
Breakfast					Assorted Cereals, Milk
Snack AM					Pineapple Tidbits, Crackers
Lunch					Assorted Sandwiches,
					Veggies, Fruit, Milk
Snack PM					Nacho Chips w/ Salsa
Week 2	4	5	6	7	8
Breakfast	Cinnamon Rolls, Fruit	Biscuits with Gravy,	Waffles with Syrup, Milk	English Muffins w/ butter,	Assorted Cereals, Milk
	Cocktail, Milk	Sausage, Milk		Bacon, Milk	
Snack AM	Bananas, Crackers	Grapes, Crackers	Cutie Oranges, Crackers	Applesauce, Crackers	Pineapple Tidbits, Yogurt
Lunch	Meatballs & Brown Gravy,	Mini Pizzas, Veggies, Fruit,	Macaroni & Cheese, Rolls,	Fish Sticks, Buttered	Assorted Sandwiches, Fruit,
	Rice, Veggies, Fruit, Milk	Milk	Veggies, Fruit, Milk	Noodles, Veggies, Fruit	Veggies, Milk
Snack PM	Cheese Sandwich	Fig Bars, Gogurt	Sliced Cucumbers with	Veggie Straws, String	Ritz Crackers with Cream
	Crackers		Ranch Dip	Cheese	Cheese
Week 3	11	12	13	14	15
Breakfast	Belvita Biscuits, Fruit,	French Toast Sticks with	Cinnamon Toast, Yogurt,	Hashbrowns, Bacon, Milk	Assorted Cereals, Milk
	Milk	Syrup	Milk		
Snack AM	Bananas, Crackers	Grapes, Crackers	Cuties, Crackers	Applesauce, Crackers	Pineapple Tidbits, Crackers
Lunch	Cheesy Chicken &	Fish Sticks, Ranch	Baked Ziti, Rolls, Veggies,	Cheese Quesadillas with	Assorted Sandwiches,
Cready DM	Noodles, Veggies, Fruit	Noodles, Veggies, Fruit	Fruit Milk	Salsa, Veggies, Fruit	Veggies, Fruit, Milk
Snack PM	Popcorn & Juice (under	KRK Trail Mix, Applesauce	Chef's Choice!	Graham Crackers, Gogurt	Carrot Sticks w/ ranch dip
	2: Goldfish) 18	19	20	21	(under 2: steamed) 22
Week 4	-				
Breakfast	Bagels with Cream Cheese, Milk	Cheese Toast, Bacon, Milk	Scrambled Eggs, Sausage, Milk	Waffles with Syrup, Milk	Assorted Cereals, Milk
Snack AM	Bananas, Crackers	Grapes, Crackers	Cuties, Crackers	Peaches, Crackers	Pineapple Tidbits, Crackers
Lunch	BBQ Meatballs, Mashed	Chicken Burritos, Veggies,	Chicken Parmesan	Hot Dogs, French Fries,	Assorted Sandwiches,
	Potatoes, Veggies, Fruit	Fruit, Milk	Noodles, Veggies, Fruit	Veggies, Fruit, Milk	Veggies, Fruit, Milk
Snack PM	Pita Bread with Hummus	Broccoli Florets w/ Ranch	Goldfish, String Cheese	Pretzels with Cheese Dip	Chex Mix, Gogurt
	Dip	Dip (under 2: steamed)			
Week 5	25	26	27	28	29
Breakfast	Cinnamon Rolls,	English Muffins, Turkey	Pig in a blanket, Milk	Hashbrowns, Bacon, Milk	Assorted Cereals, Milk
	Applesauce, Milk	Sausage, Milk			
Snack AM	Bananas, Crackers	Grapes, Crackers	Cuties, Crackers	Applesauce, Crackers	Sliced Peaches, Crackers
Lunch	Chicken Nuggets, Mashed	Spaghetti w/ Meat Sauce,	Chicken & Rice Casserole,	Mac & Cheese, Rolls,	Assorted Sandwiches,
Create DM	Potatoes, Veggies, Fruit	Veggies, Fruit, Milk	Veggies, Fruit, Milk	Veggies, Fruit, Milk	Veggies, Fruit, Milk
Snack PM	White Cheddar Puffs,	Sliced Cucumbers with	Wheat Thins, Sliced	Pretzels with Hummus Dip	Fig Bars, Pears
	Gogurt	Ranch Dip	Cheese		

Whole Milk served to children under 2 years. 1% Milk served to children over 2 years.