




(702) 871-7600 www.kidsrkidslasvegas.com

July 1 - 31, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> B: English muffins w/ jelly, milk S: Fruit, crackers, water L: BBQ franks, buttered noodles, veggies, fruit, milk S: Nilla wafers, pudding, water	<b>2</b> B: Waffles w/ syrup, milk S: Fruit, bread, water L: Chicken Alfredo, veggies, fruit, juice S: Crackers, sliced cheese, water	<b>3</b> B: Scrambled eggs, toast, milk S: Fruit, crackers, water L: Baked ziti, rolls, veggies, fruit, milk S: Baked peaches, graham crackers, water	<b>4</b> <b>CLOSED -</b> 	<b>5</b> B: Assorted cereals, milk S: Fruit, crackers, water L: Ham sandwiches, chips, fruit, milk S: Club crackers, oranges, water
<b>8</b> B: Toaster strudels, milk S: Fruit, bread, water L: Meatballs w/ brown gravy, rice, veggies, fruit, milk S: Pretzels w/ cheese dip, water	<b>9</b> B: Scrambled eggs, bacon, milk S: Fruit, crackers, water L: Chili w/ cheese, crackers, fruit, milk S: Animal crackers, string cheese	<b>10</b> B: Bagels w/ cream cheese, milk S: Fruit, bread, water L: Cheese quesadillas w/ salsa, veggies, fruit, milk S: Gold fish, strawberries, water	<b>11</b> B: Biscuits w/ butter, gogurt, milk S: Fruit, crackers, water L: Fish sticks, buttered noodles, veggies, fruit, milk S: Graham crackers, pudding, water	<b>12</b> B: Assorted cereals, milk S: Fruit, bread, water L: Turkey sandwiches, chips, fruit, milk S: Nutrigrain bars, apples, water
<b>15</b> B: Breakfast sandwich, milk S: Fruit, crackers, water L: Chicken enchiladas, veggies, fruit, milk S: Club crackers, cheese slices	<b>16</b> B: Cinnamon rolls, fruit, milk S: Fruit, bread, water L: Mini corn dogs, French fries, fruit, milk S: Popcorn (under 2: crackers), gogurt	<b>17</b> B: Pig in a blanket, milk S: Fruit, crackers, water L: Mac-n-cheese, rolls, veggies, fruit, milk S: Chex mix, oranges, water	<b>18</b> B: Breakfast burritos, milk S: Fruit, bread, water L: Mini pizzas, veggies, fruit, milk S: Apple slices & animal crackers, water	<b>19</b> B: Assorted cereals, milk S: Fruit, crackers, water L: Assorted sandwiches, chips, fruit, milk S: Veggie sticks w/ ranch, water
<b>22</b> B: Hash browns, bacon, milk S: Fruit, bread, water L: Stir fry w/ rice, potstickers, fruit, milk S: Cheez Itz, raisins, water	<b>23</b> B: French toast sticks, milk S: Fruit, crackers, water L: Beef rolled tacos, refried beans, veggies, fruit, milk S: Pudding & Nilla wafers	<b>24</b> B: Cinnamon toast, applesauce, milk S: Fruit, bread, water L: BBQ meatballs, mashed potatoes, veggies, fruit, milk S: Animal crackers, melon	<b>25</b> B: Scrambled eggs, sausage, milk S: Fruit, crackers, water L: Chicken & noodle, rolls, veggies, fruit, milk S: Goldfish & string cheese	<b>26</b> B: Assorted cereals, milk S: Fruit, bread, water L: Bologna cheese sandwiches, chips, fruit, milk S: Crackers w/ sliced cheese
<b>29</b> B: Cheese toast, bacon, milk S: Fruit, crackers, water L: Spanish rice w/ taco meat, veggies, fruit, milk S: KRK trail mix, gogurt	<b>30</b> B: Pancakes w/ syrup, milk S: Fruit, bread, water L: Hotdogs, tator tots, veggies, fruit, milk S: Nacho chips w/ cheese dip	<b>31</b> B: Bagels w/ cream cheese, milk S: Fruit, crackers, water L: Chicken quesadillas, veggies, fruit, milk S: Blueberry muffins, apples		<b>2% milk served</b> <b>Water served all day!</b> <b>B = Breakfast</b> <b>S = Snack</b> <b>L = Lunch</b>