

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Breakfast</b> Cereal & Fruit <b>Snack</b> Crackers w/ Jelly <b>Lunch</b> Fish Sticks, Mashed Potatoes, & Peas <b>Snack</b> Graham Crackers & Berries	<b>2</b> <b>Breakfast</b> Cinnamon Toast and Fruit <b>Snack</b> Cheese & Crackers <b>Lunch</b> Chicken Cheese & Rice Casserole, Brocoli & Fruit <b>Snack</b> Orange Slices & Goldfish Crackers	<b>3</b> <b>Breakfast</b> Oatmeal & Fruit <b>Snack</b> Mixed Muffins & Apple <b>Lunch</b> Turkey & Cheese Sandwhich, Sweet Potato Fries, & Melon <b>Snack</b> Chips/Tortilla & Salsa	<b>4</b> <b>Breakfast</b> Pancakes & Fruit <b>Snack</b> Pepperoni & Crackers <b>Lunch</b> Cheese Quesadilla, Black Beans, & Corn <b>Snack</b> Hummus & Pitas	<b>5</b> <b>Breakfast</b> Cream of Wheat & Fruit <b>Snack</b> Bananas & Animal Crackers <b>Lunch</b> Goulash (Beef, Macaroni, Marinana, & Tomatoes), Green Beans, & Fruit <b>Snack</b> Trail Mix w/ Craisins
<b>8</b> <b>Breakfast</b> Cereal & Fruit <b>Snack</b> Cheese Slices & Crackers <b>Lunch</b> Cheese Pizza, Green Beans, and Fruit <b>Snack</b> Waffles & Bananas	<b>9</b> <b>Breakfast</b> Pancake & Fruit <b>Snack</b> Graham Crackers & Applesauce <b>Lunch</b> Beef & Cheese Taco, Salad w/Ranch, & Fruit <b>Snack</b> Veggies & Ranch with Saltine Crackers	<b>10</b> <b>Breakfast</b> Grits & Fruit <b>Snack</b> Hummus & Veggie Straws <b>Lunch</b> Italian Baked Chicken, Mashed Potatoes, & Mixed Veggies <b>Snack</b> Yogurt w/ Berries & Cereal Toppings	<b>11</b> <b>Breakfast</b> Waffles & Fruit <b>Snack</b> Cottage Cheese & Peaches <b>Lunch</b> Spagetti w/ Cheese in Marinara, Salad w/ Ranch, & Fruit <b>Snack</b> Sliced Apples & Sun Butter	<b>12</b> <b>Breakfast</b> Hashbrowns w/ Ketchup & Fruit <b>Snack</b> Goldfish & Banana <b>Lunch</b> Chicken Sandwhich, Baked Beans, & Melon <b>Snack</b> Blueberry Muffins & Oranges
<b>15</b> <b>Breakfast</b> Cereal & Fruit <b>Snack</b> Pita & Tzatziki <b>Lunch</b> Chicken Nuggets, Peas, & Fruit <b>Snack</b> Cheez-its & Fruit	<b>16</b> <b>Breakfast</b> French Toast & Fruit <b>Snack</b> Graham Crackers & Orange Slices <b>Lunch</b> BBQ Beef Meatballs, Tater Tots w/ Ketchup, & Fruit <b>Snack</b> Cheesy English Muffin Pizza	<b>17</b> <b>Breakfast</b> Bagel w/ Cream Cheese & Fruit <b>Snack</b> Yogurt w/ Berries <b>Lunch</b> Chicken in Yellow Rice, Black Beans, & Corn <b>Snack</b> Waffles & Bananas	<b>18</b> <b>Breakfast</b> Muffins & Fruit <b>Snack</b> Veggie Straws w/Hummus <b>Lunch</b> Tomato Soup, Grilled Cheese, & Peaches <b>Snack</b> <b>Birthday Cake &amp; Fruit for June Birthdays!</b>	<b>19</b> <b>Breakfast</b> Buttered English Muffins & Fruit <b>Snack</b> Cheese Slices & Crackers <b>Lunch</b> Beef Sloppy Joe Slider, Seasoned Fries w/ Ketchup, & Cauliflower <b>Snack</b> <b>Orange Juice &amp; Donuts w/ Dads!</b>
<b>22</b> <b>Breakfast</b> Cereal & Fruit <b>Snack</b> Cinnamon Toast & Fruit <b>Lunch</b> Pepperoni Pizza, Green Beans, & Fruit <b>Snack</b> Orange Slices & Goldfish	<b>23</b> <b>Breakfast</b> Hashbrowns w/ Ketchup & Fruit <b>Snack</b> Vanilla Wafers & Banana <b>Lunch</b> BBQ Chicken, Sweet Potatoes, & Corn <b>Snack</b> Ants On A Log ( Celery, Cream Cheese, & Raisins)	<b>24</b> <b>Breakfast</b> Toast w/ Jelly & Fruit <b>Snack</b> Graham Crackers & Apple Sauce <b>Lunch</b> Roasted Turkey in Gravy, Mashed Potatoes, & Cooked Carrots <b>Snack</b> Cheesy Bread w/ Marinara	<b>25</b> <b>Breakfast</b> Grits & Fruit <b>Snack</b> Yogurt Parfait w/Berries <b>Lunch</b> Mac & Cheese, Broccoli, & Fruit <b>Snack</b> Pretzels & Hummus	<b>26</b> <b>Breakfast</b> Oatmeal & Fruit <b>Snack</b> Cheese & Crackers <b>Lunch</b> Marinara Beef Meatballs Subs, Tator Tots, & Apple Slices <b>Snack</b> Trail Mix w/Craisins
<b>29</b> <b>Breakfast</b> Cereal & Fruit <b>Snack</b> Cheese & Pretzels <b>Lunch</b> Fish Sticks w/ Ketchup, French Fries, & Fruit <b>Snack</b> Graham Crackers w/ Jelly & Sun Butter	<b>30</b> <b>Breakfast</b> Pancakes & Fruit <b>Snack</b> Apples w/ Yogurt Dip <b>Lunch</b> Chef's Choice! See the menu in the cafe! <b>Snack</b> Cheese Toast & Fruit	<p>We Serve milk with Breakfast &amp; Lunch. Water with all Snacks.            We use whole grains &amp; fresh produce whenever possible.            Students have access to select fresh fruit or vegetables daily.</p> <p>We strive to provide a low sugar &amp; dye free selection!</p> <p>The menu is subject to substitutions. Check the lobby family information board for changes or allergy substitutions.</p>		