

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 1 Cereal & fruit Snack English muffins w/ cheese Lunch Cheese ravioli, cauliflower, & fruit Snack Pepperoni & crackers	Taco Tuesday! 2 Breakfast Cheese Toast & fruit Snack Pudding with Bananas & Vanilla Wafer Cookies Lunch Beef & Cheese Soft Taco, Black Beans, & Corn Snack Chips/Tortilla and Salsa	Breakfast 3 Cheesy Grits and Fruit Snack Muffin and Oranges Lunch BBQ Meatballs, mash potatoes, Green beans Snack Pancakes & Bananas	Breakfast 4 Waffles & Fruit Snack Cheesy Egg Toast Lunch Cheese Quesadilla with refried beans, Sweet Corn, & Fruit Snack Yogurt, fruit and granola	Breakfast 5 Biscuit w/ jelly & fruit Snack Pita & Tzatziki Lunch Ham & Cheese Sandwich, broccoli & Fruit Snack Cheese & Crackers
Breakfast 8 Cereal & Fruit Snack Pretzels & sunflower butter Lunch Chicken in Yellow Rice, Veggies & Fruit Snack Veggie (sliced cucumbers & carrot chips) w/ ranch dip, Saltine Crackers	Breakfast 9 Jellied Biscuit & fruit Snack Pita & Tzatziki Lunch Chicken sandwiches, Veggie straws, & fruit Snack Cheesy Toast & Bananas	Breakfast 10 Cinnamon Oatmeal & Fruit Snack Goldfish & Craisins Lunch Chicken Pot Pie w/biscuits, mixed vegetables & Fruit Snack Pita & Guacamole	Breakfast 11 Pancakes & Fruit Snack Bagel with Cream Cheese Lunch Grilled Cheese Sandwich, green beans & Fruit Snack Cheez Its & Apples	Breakfast 12 Buttered toast & Fruit Snack Yogurt & Berries Lunch Beef Chili, corn bread, with Veggies Snack Soft Pretzels & Cheese Dip
Breakfast 15 Cereal & Fruit Snack English muffin and fruit Lunch Chicken Nuggets, Sweet potatoes mash, & green beans Snack Cheese & Crackers	Breakfast 16 Muffin & Fruit Snack Bagel W/ Cream Cheese Lunch Chicken in Yellow Rice, Black Beans, & carrots Snack English muffin pizza	Breakfast 17 Cinnamon Toast & Fruit Snack Pita & Hummus Lunch Beef Mac N Cheese, Mixed Veggies & Fruit Snack Apple Slices & Soy Butter	Breakfast 18 Waffles & Fruit Snack Pepperoni & Crackers Lunch Cheesy Scrambled Eggs, Hash Browns, & Strawberries Snack Cake & strawberries to Celebrate all the April Birthdays!	Breakfast 19 Bagels & fruit Snack Animal crackers & orange slices Lunch Turkey in Gravy, Mashed Potatoes & peas Snack Veggie Straws & Hummus
Breakfast 22 Cereal & Fruit Snack Pita and fruit Lunch Fish Sticks, Sweet Potato Fries & Peas Snack Bread stick w/ cheese & marinara Dip	Breakfast 23 Waffles & Fruit Snack Graham Crackers & Bananas Lunch BBQ chicken, mixed vegetables, & fruit Snack Apple slices and Yogurt	Breakfast 24 Jellied Toast & Fruit Snack Cottage Cheese & Fruit Lunch Turkey tetrazzini, peas, & fruit cocktail Snack Cheese English Muffin & Orange Slices	Breakfast 25 Cream of Wheat & Fruit Snack Ham & cheese tortilla roll-ups Lunch Spaghetti W/ marinara, Fresh Salad w/ranch & Garlic Toast Snack Ant on a log (celery w/ cream cheese & raisins)	Breakfast 26 Cheesy Grits & Fruit Snack Yogurt & Berries Lunch Sloppy Joe's, Baked Bean and fries Snack Trail Mix (pretzels, cereal, & craisins)
Breakfast 29 Cereal & fruit Snack Pita & Tzatziki Lunch Chicken Tacos, Black bean, and Corn Snack Cheese & Crackers	Breakfast 30 Apple Cinnamon Oatmeal & Fruit Snack Goldfish & Craisins Lunch Sheppard's Pie (beef, mixed veg. & mashed potatoes), Wheat Roll with Butter & Fruit Snack Banana Bread & Fruit	<p>We Serve milk with Breakfast & Lunch. Water with all Snacks. We use whole grains & fresh produce whenever possible.</p> <p><i>We strive to provide a low sugar & dye free selection!</i></p> <p>The menu is subject to substitutions. Check the café board for changes or allergy substitutions.</p>		