Kids R Kids Learning Academy

2026 MENU November

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: Fish Sticks, Curly Fries, Fresh Fruit, Milk Vegetarian: Veggie Nuggets PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	**3** Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack: Yogurt, Granola, Fresh Fruit Lunch: (V)Cheese Pizza, Garden Salad, Fresh Fruit and Milk PM Snack: Cheez-It and Fresh Fruit	**4** Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Chicken and Cheese Quesadilla, Green Beans, Fresh Fruit, Milk Vegetarian: Cheese Quesadilla PM Snack: Animal Crackers and Yogurt	**5** Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Chicken Nuggets, Peas, Fresh Fuit and Milk Vegetarian: Veggie Nuggets PM Snack: Pretzels, Cheese Stick and Fresh Fruit	**6** Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch:(V) Spaghetti w/ Marinara, Garlic Bread, Corn, Fresh Fruit PM Snack: Chips, Salsa and Fresh Fruit
9 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch:(V) Cheese Melt, Alphabet Soup, Fresh Fruit, Milk PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	**10** Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack:Yogurt, Granola, Fresh Fruit Lunch: Rice and Beans, Chicken Taco, Mixed Veggies, Fresh Fruit, and Milk Vegetarian: Rice and Beans Taco PM Snack: Cheez-It and Fresh Fruit	**11** Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Chicken Meatballs w/ Penne pasta & Red Sauce, Peas, Fresh Fruit and Milk Vegetarian: Beans and Rice, Mixed Veggies, Fresh Fruit and Milk PM Snack: Animal Crackers and Yogurt	**12** Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Chicken Sandwich, Broccoli, Fresh Fruit, Milk Vegetarian: Veggie Nuggets PM Snack: Pretzels, Cheese Stick and Fresh Fruit	**13** Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: Chicken and Rice, Green Beans, Mixed Veggie, Fresh Fruit, and Milk Vegetarian: Rice and Beans PM Snack: Chips, Salsa and Fresh Fruit
16 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: (V) Cheese Ravioli w/ Marinara Sauce, Peas, Fresh Fruit, Milk PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	**17** Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack:Yogurt, Granola, Fresh Fruit Lunch: (V) Mac and Cheese, Mixed Vegetables, Fresh Fruit, and Milk PM Snack: Cheez-It and Fresh Fruit	**18** Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Cheese Pizza, Garden salad, Ranch, Fresh Fruit, Milk PM Snack: Animal Crackers and Yogurt	**19** Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Sliced Chicken, Fettuccine Alfredo, Broccoli, Fresh Fruit, and Milk Vegetarian: Fettuccine Alfredo PM Snack: Pretzels, Cheese Stick and Fresh Fruit	**20** Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: Chicken and Cheese Quesadilla, Green Beans, Fresh Fruit, and Milk Vegetarian: Cheese Quesadilla PM Snack: Chips, Salsa and Fresh Fruit
23 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: Chicken Nuggets, Peas, Fresh Fruit, Milk Vegetarian: Veggie Nuggets PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	**24** Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack:Yogurt, Granola, Fresh Fruit Lunch: (V) Spaghetti w/ Marinara, Garlic Bread, Corn, Fresh Fruit PM Snack: Cheez-It and Fresh Fruit	**25** Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Lunch:(V) Cheese Melt, Alphabet Soup, Fresh Fruit, Milk PM Snack: Animal Crackers and Yogurt	**26** Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Rice and Beans, Chicken Taco, Mixed Veggies, Fresh Fruit, and Milk Vegetarian: Rice and Beans Taco PM Snack: Pretzels, Cheese Stick and Fresh Fruit	**27** Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: Chicken Meatballs w/ Penne pasta & Red Sauce, Peas, Fresh Fruit and Milk Vegetarian: Beans and Rice PM Snack: Chips, Salsa and Fresh Fruit
30 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: (V)Cheese Ravioli W/Marinara sauce, Peas, Fresh Fruit, and Milk PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit				

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