



2026 MENU

October

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Breakfast: Plain Cheerios. Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: (V)Cheese Ravioli w/Marinara sauce, Peas, Fresh Fruit, and Milk PM Snack: Pretzels, Cheese Stick and Fresh Fruit	2 Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: (V)Mac and Cheese, Mixed Vegetables, Fresh Fruit and milk PM Snack: Chips, Salsa and Fresh Fruit
5 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: Fish Sticks, Curly Fries, Fresh Fruit, Milk Vegetarian: Veggie Nuggets PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	6 Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack: Yogurt, Granola, Fresh Fruit Lunch: (V)Cheese Pizza, Garden Salad, Fresh Fruit and Milk PM Snack: Cheez-It and Fresh Fruit	7 Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Chicken and Cheese Quesadilla, Green Beans, Fresh Fruit, Milk Vegetarian: Cheese Quesadilla PM Snack: Animal Crackers and Yogurt	8 Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Chicken Nuggets, Peas, Fresh Fruit and Milk Vegetarian: Veggie Nuggets PM Snack: Pretzels, Cheese Stick and Fresh Fruit	9 Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: (V) Spaghetti w/ Marinara, Garlic Bread, Corn, Fresh Fruit PM Snack: Chips, Salsa and Fresh Fruit
12 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: (V) Cheese Melt, Alphabet Soup, Fresh Fruit, Milk PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	13 Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack: Yogurt, Granola, Fresh Fruit Lunch: Rice and Beans, Chicken Taco, Mixed Veggies, Fresh Fruit, and Milk Vegetarian: Rice and Beans Taco PM Snack: Cheez-It and Fresh Fruit	14 Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Chicken Meatballs w/ Penne pasta & Red Sauce, Peas, Fresh Fruit and Milk Vegetarian: Beans and Rice, Mixed Veggies, Fresh Fruit and Milk PM Snack: Animal Crackers and Yogurt	15 Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Chicken Sandwich, Broccoli, Fresh Fruit, Milk Vegetarian: Veggie Nuggets PM Snack: Pretzels, Cheese Stick and Fresh Fruit	16 Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: Chicken and Rice, Green Beans, Mixed Veggie, Fresh Fruit, and Milk Vegetarian: Rice and Beans PM Snack: Chips, Salsa and Fresh Fruit
19 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: (V) Cheese Ravioli w/ Marinara Sauce, Peas, Fresh Fruit, Milk PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	20 Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack: Yogurt, Granola, Fresh Fruit Lunch: (V) Mac and Cheese, Mixed Vegetables, Fresh Fruit, and Milk PM Snack: Cheez-It and Fresh Fruit	21 Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Cheese Pizza, Garden salad, Ranch, Fresh Fruit, Milk PM Snack: Animal Crackers and Yogurt	22 Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Sliced Chicken, Fettuccine Alfredo, Broccoli, Fresh Fruit, and Milk Vegetarian: Fettuccine Alfredo PM Snack: Pretzels, Cheese Stick and Fresh Fruit	23 Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: Chicken and Cheese Quesadilla, Green Beans, Fresh Fruit, and Milk Vegetarian: Cheese Quesadilla PM Snack: Chips, Salsa and Fresh Fruit
26 Breakfast: English Muffin, Jelly, Fresh Fruit and Milk AM Snack: Cheese Stick, Triscuit Cracker and Fresh Fruit Lunch: Chicken Nuggets, Peas, Fresh Fruit, Milk Vegetarian: Veggie Nuggets PM Snack: Cucumbers, Ranch, Pita Bread and Fresh Fruit	27 Breakfast: Fresh Toast Stick, Egg Patty, Fresh Fruit, and Milk AM Snack: Yogurt, Granola, Fresh Fruit Lunch: (V) Spaghetti w/ Marinara, Garlic Bread, Corn, Fresh Fruit PM Snack: Cheez-It and Fresh Fruit	28 Breakfast: Sausage Patty, Hash Brown, Fresh Fruit, and Milk AM Snack: Goldfish and Fresh Fruit Lunch: Lunch:(V) Cheese Melt, Alphabet Soup, Fresh Fruit, Milk PM Snack: Animal Crackers and Yogurt	29 Breakfast: Plain Cheerios, Fresh Fruit and Milk AM Snack: Sun Chips and Apple Sauce Lunch: Rice and Beans, Chicken Taco, Mixed Veggies, Fresh Fruit, and Milk Vegetarian: Rice and Beans Taco PM Snack: Pretzels, Cheese Stick and Fresh Fruit	30 Breakfast: Chocolate Chip, Pancakes, Fresh Fruit, and Milk AM Snack: Cheese Cubes, Ritz Cracker, Fresh Fruit Lunch: Chicken Meatballs w/ Penne pasta & Red Sauce, Peas, Fresh Fruit and Milk Vegetarian: Beans and Rice PM Snack: Chips, Salsa and Fresh Fruit