

Monday

Tuesday

Wednesday

Thursday

Friday

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Breakfast- waffles, fruit, milk AM Snack- Yogurt, granola, water Lunch- Tortilla, Fish sticks, red beans, corn, fruit, milk Vegetarian alter: Rice and Beans PM Snack- rice cakes, mixed fruit cup, water	Breakfast- Egg patty, hashbrowns, fruit, milk AM Snack- cantaloupe, Cheez-it crackers, water Lunch- Spaghetti w/ marinara sauce, broccoli, fruit, garlic bread, milk PM Snack- pretzel twists, cheese sticks, water	<h1 style="color: red;">KRK CLOSED</h1>
6	7	8	9	10
Breakfast- turkey sausage, Egg, fruit, milk AM Snack- cheese stick, graham crackers, water Lunch- chicken meatballs, pene pasta, red sauce, veggies, fruit, milk Vegetarian alter: Meatless meatballs PM Snack- Cheerio bars, bananas, water	Breakfast- French toast sticks, fruit, milk AM Snack- veggie straws, mandarin oranges, water Lunch- grilled chicken slices, mac n cheese, broccoli, fruit, milk Vegetarian alter: Rice PM Snack- apple slices, goldfish, water	Breakfast- cereal, fruit, milk AM Snack- cheese cubes, ritz crackers, water Lunch- Chicken nuggets, curly fries, fruit, veggies, milk Vegetarian alter: Beans PM Snack- pudding, graham crackers, water	Breakfast- bagels, cream cheese, fruit, milk AM Snack- cereal bars, apple juice Lunch- Spaghetti w/ marinara sauce, mixed veggies, fruit, milk, garlic bread PM Snack- sliced melon, Ritz crackers, water	Breakfast- Chocolate chip pancakes, fruit, milk AM Snack- fresh blueberries, goldfish, water Lunch- Cheese pizza, steamed carrots, fruit, milk PM Snack- tortilla chips, salsa, water toddler alter: applesauce & Graham crackers
13	14	15	16	17
Breakfast- Egg patty, toast, jelly, fruit, milk AM Snack- pears & pretzel twists, water Lunch- Fish sticks, Rice, mixed veggies, fruit, milk Vegetarian alter: Cheese Lasagna PM Snack- raisins, tortilla chips, water toddler alter: fruit cup & Goldfish crackers	Breakfast- egg patty hashbrowns, fruit, milk AM Snack- muffins & fruit, water Lunch- Mac and Cheese, Chicken nuggets, peas & carrots, fruit, milk Vegetarian alter: Rice PM Snack- Fig newtons, bananas, water	Breakfast- cereal, fruit, milk AM Snack- Cheese sticks, pretzel twists, water Lunch- Cheese Quesadilla, beans, shredded lettuce & diced tomatoes, fruit, milk PM Snack- mandarin oranges, Goldfish crackers, water	Breakfast- fruit, milk AM Snack- Yogurt, granola, water Lunch- Spaghetti w/ red sauce sliced chicken, mixed veggies, fruit, milk Vegetarian alter: Spaghetti PM Snack- fresh berries, Graham crackers, water	Breakfast- Chocolate chip pancakes, fruit, milk AM Snack- Watermelon, Animal crackers, water Lunch- Cheese Pizza, steamed peas & carrots, fruit, milk PM Snack- sliced apples, Ritz crackers, water
20	21	22	23	24
Breakfast- Wheat toast, Egg patty, fruit, milk AM Snack- fresh berries, pretzels, water Lunch- chicken n rice, mixed veggies, fruit, milk Vegetarian alternative: beans n rice PM Snack- bananas, cheese stick, water	Breakfast- blueberry muffins, fruit, milk AM Snack- goldfish & orange slices, water Lunch- Cheese tortellini w/ marinara, steamed broccoli, Pittabread, fruit, milk PM Snack- cereal bars, apple slices, water	Breakfast- English muffins, Jelly, bananas, water AM Snack- orange slices, animal crackers, water Lunch- Cheese Quesadilla, French Fries w/ peas & carrots, fruit, milk PM Snack- pita chips, hummus, water toddler alter: apple sauce & crackers	Breakfast- cereal, fruit, milk AM Snack- yogurt, granola, water Lunch- Chicken nuggets, French Fries, Veggies, fruit, milk Vegetarian alter: Veggie Nuggets PM Snack- animal crackers, apple juice	Breakfast- Chocolate Chip pancakes, fruit, milk AM Snack- fresh melon, graham crackers, water Lunch- Cheese Pizza, Mixed veggies, fruit, milk PM Snack- mandarin oranges, popcorn, water
27	28	29	30	31
Breakfast- Turkey sausage, biscuits, fruit, milk AM Snack- orange slices, graham crackers, water Lunch- chicken meatballs, pene pasta, red sauce, veggies, fruit, milk Vegetarian alter: Meatless meatballs PM Snack Apple Slices, Graham crackers, water	Breakfast- English muffins, fruit spread, pears, milk AM Snack- graham crackers, yogurt, water Lunch- Cheese Ravioli w/ marinara sauce, Mixed vegetables, fruit, milk PM Snack- fruit, pretzels, water	Breakfast- Muffins, Milk, Fruit AM Snack- Fruit Mix, Animal crackers Lunch- Chicken tacos, Rice, Veggies, Fruit, Milk Vegetarian alter: Rice and Beans Taco PM Snack- Apple sauce, Popcorn	Breakfast- French toast, milk, fruit AM Snack- Fresh mango, cubed Cheese Lunch- Cheese Quesadilla, bean and rice, Veggies, Milk, Fruit PM Snack- Gogurt, Blueberry	Breakfast- Chocolate Chip pancakes, fruit, milk AM Snack- Watermelon, ritz crackers Lunch- Cheese Pizza, veggies, fruit, milk PM Snack- Popsicles,Popcorn, water