



# 2024 MENU

# April

## Monday

**1**  
**Breakfast-** Egg Patty, hashbrowns, fruit, milk  
**AM Snack-** Popcorn, apple slices, water **toddler:** applesauce  
**Lunch-** Pene pasta w/ red sauce, broccoli, fruit, milk  
**PM Snack-** Bananas, crackers, water

## Tuesday

**2**  
**Breakfast-** roasted plantains, multigrain bread, fruit, milk  
**AM Snack-** Mini Muffins, apple sauce  
**Lunch-**chicken nuggets, french fries, fruit, veggies, milk  
**Vegetarian alter:** Veggie Nuggets  
**PM Snack-** Fig Newtons, applesauce,water

## Wednesday

**3**  
**Breakfast-** Cereal, fruit, milk  
**AM Snack-** Nilla Wafers, fruit, water  
**Lunch-**Fettuccine Alfredo. sliced chicken, mixed veggies, fruit, milk **Vegetarian alter:** meatless meatballs  
**PM Snack-** Oranges, Veggie Straws, water

## Thursday

**4**  
**Breakfast-** Waffles, fruit, milk  
**AM Snack-** Yogurt, granola, water  
**Lunch-** Cheese Quesadilla, beans, salsa, lettuce, fruit, milk  
**PM Snack-** watermelon slices, rice cakes, water

## Friday

**CAMP 5**  
**Breakfast-** chocolate chip pancakes, fruit, milk  
**AM Snack-** Cheese sticks, ritz crackers, water  
**Lunch-** Cheese pizza, veggies, fruit, milk  
**PM Snack-** pretzels, fruit, water

**8**  
**Breakfast-**turkey corn dogs, fruit, milk  
**AM Snack-** bananas, crackers, water  
**Lunch-** Chicken tenders, sweet potato fries, veggies, fruit, milk **Vegetarian alter:** Veggie nuggets  
**PM Snack-**cubed cheese, pretzels, water

**9**  
**Breakfast-** French toast sticks, fruit, milk  
**AM Snack-** crackers, sun butter, water  
**Lunch-** Pene pasta w/ red sauce, broccoli, fruit, milk  
**PM Snack-** nutigrain bar, applesauce, water

**CAMP 10**  
**Breakfast-** Scrambled eggs, hashbrowns, fruit, milk  
**AM Snack-** banana pudding, Nilla wafers, water  
**Lunch-** Fish sticks, mashed potatoes, veggies, fruit, milk  
**Vegetarian alter:** Veggie Nuggets  
**PM Snack-** - pretzels, peaches, water

**11**  
**Breakfast-** Blueberry muffins, bananas, milk  
**AM Snack-** popcorn, fruit, water **toddler alter:** fruit & graham crackers  
**Lunch-** Veggie hotdog, bun, french fries, Mixed veggies, fruit, milk **toddler alter:** sliced turkey  
**PM Snack-** pears, goldfish, water

**12**  
**Breakfast-** chocolate chip pancakes, fruit, milk  
**AM Snack-** fresh blueberries, yogurt, water  
**Lunch-** Cheese Pizza, Veggies, fruit, milk  
**PM Snack-** Tortilla chips, salsa, water **toddler alter:** pretzel, applesauce

**15**  
**Breakfast-**toasted bagels, cream cheese, fruit, milk  
**AM Snack-** baby carrots, hummus, water **toddler alter:** softened carrots  
**Lunch-** Chicken Noodle Soup, Toasted Cheese, Fruit, Milk  
**Vegetarian alter:** Vegetarian soup  
**PM Snack-** Veggie straws, orange juice

**16**  
**Breakfast-** Pancake wrap with turkey sausage, fruit, milk  
**AM Snack-** bananas, crackers, water  
**Lunch-** Cheese Ravioli w/ red sauce, mixed veggies, fruit, milk  
**PM Snack-** Nutri grain bar, apple sauce, water

**17**  
**Breakfast-** cereal, fruit, milk  
**AM Snack-** Cheese cubes, baked green pea snacks, water  
**Lunch-** Mini turkey burger, shredded lettuce & tomato, baked beans, fruit, milk  
**Vegetarian alter:** Veggie burger  
**PM Snack-** watermelon, multigrain crackers, water

**18**  
**Breakfast-** French Toast sticks, fruit, milk  
**AM Snack-** fresh blueberries, Yogurt, water  
**Lunch-** Spaghetti w/ red sauce, mixed veggies, garlic bread, fruit, milk  
**PM Snack-** pita chips, hummus, water **toddler alter:** crackers & hummus

**19**  
**Breakfast-** Chocolate chip pancakes, fruit, milk  
**AM Snack-** strawberries, graham crackers, water  
**Lunch-** Cheese Pizza, fruit, Vegetables, milk  
**PM Snack-** Tortilla chips, salsa, water **toddler alter:** fruit cups, crackers

**22**  
**Breakfast-** Blueberry muffins, fruit, milk  
**AM Snack-** Cheez-it's, fruit, water  
**Lunch-** Chicken Tenders, sweet potato fries, Veggies, fruit, milk--**Vegetarian alter:** Veggie Nuggets  
**PM Snack-** Orange slices, goldfish, water

**picnic day 23**  
**Breakfast-** waffles, fruit, milk  
**AM Snack-** Apple slices, sunbutter, water--**toddler alter:** crackers & applesauce  
**Lunch-** sliced chicken & cheese sand which, fruit cup  
**Vegetarian alter:** Veggie patty & cheese sand which  
**PM Snack-** Yogurt, granola, water

**24**  
**Breakfast-** Raisin bread, Jelly, fruit, milk  
**AM Snack-** Rice cakes, pears, water  
**Lunch-** Turkey & Cheese wrap, turkey, lettuce & tomato, french fries, fruit, milk--- **Vegetarian alter:** bean & cheese wrap  
**PM Snack-** Pretzels, bananas, water

**25**  
**Breakfast-** cereal, fruit, milk  
**AM Snack-** watermelon, crackers, water  
**Lunch-** taco bowl, (ground turkey, rice, lettuce, cheese, salsa in a tortilla),  
**Vegetarian alter:** crumbled veggie meat  
**PM Snack-** applesauce & multigrain crackers, water

**26**  
**Breakfast-** Chocolate Chip Pancakes, fruit, milk  
**AM Snack-** cheese sticks, ritz crackers, water  
**Lunch-** Cheese Pizza, broccoli, fruit, milk  
**PM Snack-** tortilla chips, salsa, water--**toddler alter:** fruit & crackers

**29**  
**Breakfast-** Egg patty, hashbrowns, fruit, milk  
**AM Snack-** Popcorn, apple slices, water **toddler alter:** applesauce, crackers  
**Lunch-** Fettuccine Alfredo, sliced chicken, veggies, fruit, milk **Vegetarian alter:** Veggie Patty  
**PM Snack-** Fruit strips, crackers, water

**30**  
**Breakfast-** Cereal, fruit, milk  
**AM Snack-** Oranges, multigrain crackers, water  
**Lunch-** Chicken Nuggets, French Fries, Veggies, fruit, milk **Vegetarian alter:** Veggie Nuggets  
**PM Snack-** apple sauce, crackers, water