

# TODDLER

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Week

31

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Smart Activities



SMART CHOICE. SMARTER CHILD.®

## Listening Game- Guess the Sound

**Materials:** internet access, website:  
<https://youtu.be/pbxFOxz9c1g>

**Preparation:** Preview video.

**Instructions:**

1. Encourage your child to join you.
2. Have him/her listen to the sounds and guess what they are each time. (***There is no talking so you will have to respond with the correct answer.***)



## Kitchen Disco

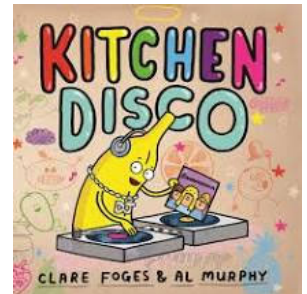
by Clare Foges & Al Murphy

**Materials:** internet access, website:  
<https://youtu.be/aeg0cNyaj7w>

**Preparation:** Preview video.

**Instructions:**

1. Watch and dance to the video with your child.
2. Ask questions, ex: "What happens in the kitchen at night?" "What food did you see in the story?" "Can you dance like the food in the book?"



## Straw Flute

**Materials:** 8 plastic straws, tape, scissors, ruler, pen

**Preparation:** Starting with the full length of one straw, mark each straw 2 cm shorter than the last.

**Instructions:**

1. Show your child the straws and cut on each line.
2. Line up the straws from longest to shortest. Point this out to your child. Then use your tape to secure the straws by wrapping it around close to the top and in the middle.
3. Encourage your child to experiment with blowing into the straws and making different sounds.



## Sign Language "Eat"

**Instructions:**

1. Say, "Let us learn to say 'eat' using our hands." Demonstrate and then have your child make the sign.
2. Place the flattened "O" hand toward the mouth once for the word "eat."
3. Some regions use the sign for "eat" and "food" interchangeably, while other regions sign "eat" twice for the word "food."
4. While shrugging shoulders, sign "more" or "finished" to ask if your child is finished eating.



## Egg Carton Poke

**Materials:** straws, egg carton, scissors

**Preparation:** Cut several holes in the egg carton (big enough to poke a straw through).

**Instructions:**

1. Show your child the straws and egg carton.
2. Allow him/her time to experiment alone and if needed model how to put the straw into a hole.

*This is a great way to help work on fine motor skills.*



## Cows in the Kitchen

by Arlie Anderson

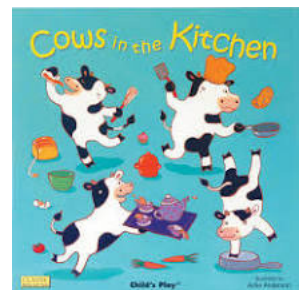
**Materials:** internet access, website:

<https://youtu.be/aI9x7FnUkac>

**Preparation:** Preview video.

**Instructions:**

1. Listen to the read aloud story you're your child.
2. Ask questions, ex: "What animal was in the kitchen?" "What animal was in the dishes?" "What did the farmer say to do?" "What was your favorite animal?"



## Soundwave Cups

**Materials:** glasses or jars, water, metal spoon

**Preparation:** Fill glasses with different amounts of water. Optional: Add some color by using food dye.

**Instructions:**

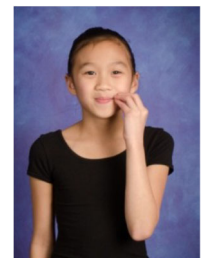
1. Show your child the glasses and spoon.
2. Tap gently on one of the glasses and then another one. Ask your child if he/she hears a difference in the sound.
3. Assist your child in tapping on the glasses and using the word "gently" as he/she learns to tap gently and hear the various sounds.



## Sign Language "Eat"

**Instructions:**

1. Say, "Let us learn to say 'eat' using our hands." Demonstrate and then have your child make the sign.
2. Place the flattened "O" hand toward the mouth once for the word "eat."
3. Some regions use the sign for "eat" and "food" interchangeably, while other regions sign "eat" twice for the word "food."
4. While shrugging shoulders, sign "more" or "finished" to ask if your child is finished eating.



## Pick Up, Run, and Drop Pots

**Materials:** pots and pans, small toys (hard and soft)

**Preparation:** Gather materials.

**Instructions:**

1. Show your child the pots, pans, and toys.
2. Tell your child that he/she is to pick up an item from one pot and run it to the other pot and drop it in there.
3. Ask your child what sound it made - loud or soft? Continue until all items have been completed.



## Cartwheels in the Kitchen

by David Melling

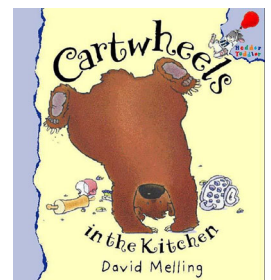
**Materials:** internet access, website:

<https://youtu.be/J0w34oLzoPw>

**Preparation:** Preview video.

**Instructions:**

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "Who was doing cartwheels in the kitchen?" "What are some of the things the animals liked to do?" "What do you like to do?"



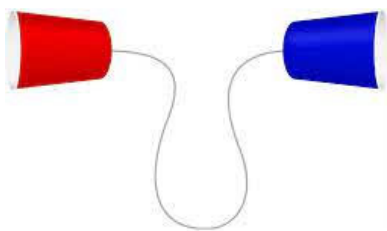
## Kitchen String Telephone

**Materials:** paper cups, yarn, scissors

**Preparation:** Cut 3 feet of yarn, poke a hole in each cup, and secure yarn inside each cup.

**Instructions:**

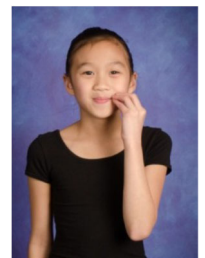
1. Tell your child that he/she is going to talk on the phone.
2. Give your child a cup and you take the other one. Talk into it and encourage him/her to hold it up to his/her ear and then reverse with your child talking into the cup and you listening.



## Sign Language "Eat"

**Instructions:**

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4. While shrugging shoulders, sign "more" or "finished" to ask if your child is finished eating.



## All Around the Kitchen

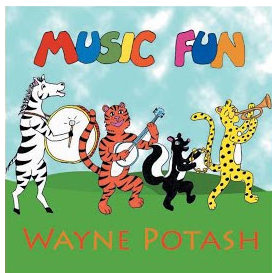
**Materials:** internet access, website:

<https://youtu.be/8kv9nvbpkbs>

**Preparation:** Preview video.

**Instructions:**

1. Say, "We are going to follow the directions in the song."
2. Encourage your child to follow the instructions in the video.



## Piggies in the Kitchen

by Michelle Meadows

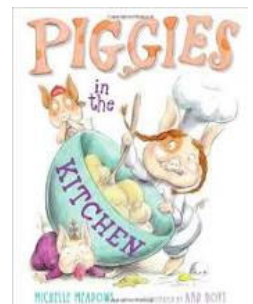
**Materials:** internet access, website:

<https://youtu.be/Wfu1a3tYB1k>

**Preparation:** Preview video.

**Instructions:**

1. Listen to the read aloud story with your child.
2. Ask questions, ex: "What did the piggies do in the kitchen?" "Why did the piggies hide each time they heard a noise?" "What did the piggies make in the kitchen?"



## Whisking Music

**Materials:** whisk, metal bowl

**Preparation:** Gather materials.

**Instructions:**

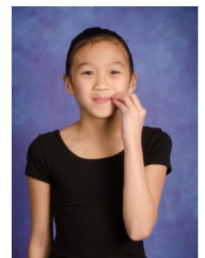
1. Show your child the bowl and whisk.
2. Encourage him/her to move the whisk around in the bowl.
3. Allow your child to experiment with the sounds inside and outside the bowl.



## Sign Language "Eat"

**Instructions:**

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4. While shrugging shoulders, sign "more" or "finished" to ask if your child is finished eating.





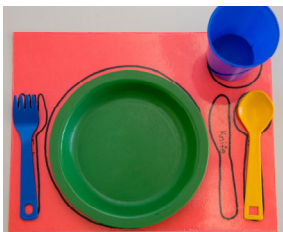
## Find the Kitchen Items

**Materials:** spoon, fork, bowl, cup, plate, napkin

**Preparation:** Hide the items around the kitchen.

**Instructions:**

1. Tell your child that some of the kitchen items have gone missing and you need his/her help to find them.
2. Name an item and give your child a hint where it is. Continue until all items are found.
3. As your child finds the items, have him/her name them. Once all items are found, help your child set the table for the family.



## *In the Night Kitchen*

by Maurice Sendak

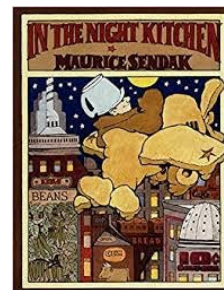
**Materials:** internet access, website:

<https://youtu.be/h9qYoPioDeU>

**Preparation:** Preview video.

**Instructions:**

1. Listen to the read aloud story with your child.
2. Ask him/her questions, ex: "Who was making the noise in the kitchen?" "What did Mickie make with the dough?" "What did Mickie help the bakers get for the batter?"



## Kitchen Art to Music

**Materials:** music, whisk, fork, pastry brush, paper or old box, paint, favorite music

**Preparation:** Gather materials.

**Instructions:**

1. Show your child different kitchen tools, the paint, and painting area.
2. Begin to play your child's favorite music and allow him/her to use the different kitchen tools to make an art creation.



## Sign Language "Eat"

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