INFANT Week



Day 1 Week 41

Snowball Throw

Materials: white paper

Preparation: Squeeze the paper in a ball. **Instructions:**

- 1. Hold your baby and say, "We are going to throw the paper snowball?"
- 2. Encourage your baby to throw the paper snowball. Assist and modify as needed.
- 3. Repeat as your baby acts on an object to make it move.



Snow Snow

Materials: internet access, website: <u>https://youtu.be/_cu3SOLgxN8</u>

Preparation: Preview video.

Instructions:

- 1. Enjoy this snow song as your baby responds to music.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



Winter Collage

Materials: magazines, paper, scissors, glue **Preparation:** Cut out items you see in the winter.

Instructions:

- 1. Hold your baby and say, "We are going to make a winter collage."
- 2. Assist your baby with gluing the pictures on the paper.
- 3. Encourage and praise all response as your baby completes an art activity.



Sign Language "Mom"

Instructions:

Touch your thumb of your dominate hand to chin using open five fingers in the number 5 formation. (Wiggling fingers slightly is optional.)





Day 2 Week 41

Snow Globe

Materials: snow globe Instructions:

- Hold your baby and say, "This is a snow globe."
- 2. Shake the snow globe and talk about what happens when the artificial snow settles.
- 3. Repeat as your baby use his/her senses to observe the snow globe.



Shake Out

Materials: internet access, website: <u>https://youtu.be/DiYUDiwyGvI</u>

Preparation: Preview video. **Instructions:**

- 1. Enjoy the many snow globes in the video.
- Enjoy the many show globes in the video.
 Talk with your baby about the view inside
- the snow globes.
- 3. Encourage and praise all responses.



Cold Like Winter

Materials: small cloth

Preparation: Place cloth in the freezer until it gets cold.

Instructions:

- 1. Hold your baby and say, "We are going to feel something cold."
- 2. Assist your baby with touching the cold cloth for just 1-2 seconds at a time.
- 3. Encourage and praise all responses as your baby reacts to the cold cloth.



Sign Language "Mom"

Instructions:

Touch your thumb of your dominate hand to chin using open five fingers in the number 5 formation. (Wiggling fingers slightly is optional.)





Day 3 Week 41

Big and Small

Materials: white paper

Preparation: Make big and small paper snowballs.

Instructions:

- 1. Hold your baby and say, "Look at the big and small paper snowballs"
- 2. Encourage your baby to play with the snowballs. Talk about the different sizes. Modify and assist as needed.
- 3. Repeat as your baby plays with the various size snowballs.



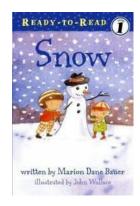
Snow

Materials: internet access, website: https://youtu.be/cUqIyuP19Ig

Preparation: Preview video.

Instructions:

- 1. Enjoy the read aloud book, *Snow* by Marion Dane Bauer.
- 2. Encourage and praise all responses as your baby shows interest in the book.



Cold Play

Materials: shallow dish, cool water

Preparation: Pour a small amount of water in the shallow dish.

Instructions:

- 1. Hold your baby and say, "We are going to feel cold water."
- 2. As your baby engages in play, talk about how winter weather is cold too.
- Encourage and praise all response as your baby use his/her senses to explore the water.



Sign Language "Mom"

Instructions:

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Day 4 Week 41

Cotton Ball Fun

Materials: large cotton balls, cardboard tube Instructions:

- Hold your baby and say, "We are going to put the cotton balls in the tube and see what happens"
- 2. Encourage your baby to help with putting the cotton balls in the tube.
- 3. Watch his/her reactions as it comes through the other side. Talk about the process.
- 4. Encourage and praise all responses.



Snowball Socks

Materials: whites socks

Preparation: Pair the socks to make a ball. **Instructions:**

- 1. Hold your baby and say, "We are going to pretend theses are snowballs."
- 2. Encourage your baby to roll the socks across the floor.
- 3. Encourage and praise all efforts as your baby develops grasp.



Snow Day!

Materials: internet access, website: https://youtu.be/53EO2dMjNS0 Preparation: Preview video.

Instructions:

- 1. Enjoy the read aloud book, *Snow Day* by Candice Ransom. Talk about details of the story.
- 2. Encourage and praise all responses.



Sign Language "Mom"

Instructions:

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Day 5 Week 41

Story Time

Materials: favorite book Instructions:

- 1. Hold your baby and say, "We are going to read a book."
- 2. As you read the book, point to the pictures and talk about the details.
- 3. Encourage your baby to touch the pages.
- 4. Praise all efforts as your baby explores the book.



Winter Fun

Materials: internet access, website: <u>https://youtu.be/eEjXCUI36ls</u>

Preparation: Preview video.

Instructions:

- 1. Enjoy this song about winter as your baby responds to music.
- 2. Repeat as interest remains.
- 3. Encourage and praise all responses.



Goop Fun

Materials: corn starch, container, water **Preparation:** Add one-part water to two parts cornstarch.

Instructions:

- 1. Hold your baby and say, "We are going to play with goop."
- 2. Assist your baby with playing in this sensory activity. Modify as needed.
- 3. Encourage and praise all responses as your baby engages with the goop.



Sign Language "Mom"

Instructions:

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