

5 YEAR OLD

Week

12

Smart Activities



SMART CHOICE. SMARTER CHILD.®

Trip to the Beach

Materials: internet access, website:

<https://www.youtube.com/watch?v=uZMFsnsKSc>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "What are the items Caitie carried in her bag?" "What items did Caitie use to make the sandcastle?"



Froggy Learns to Swim

by Jonathan London

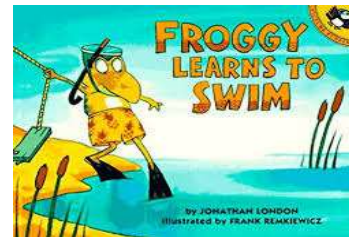
Materials: internet access, website:

https://www.youtube.com/watch?v=eII_Yq423-Y

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story of a frog learning to swim.
2. Ask your child questions about the story, ex: "Why did Froggy go back home?" "How long did Froggy swim?"



Saltwater Experiment

Materials: baking soda, eggs or grapes, 4 clear cups of water, salt, sugar

Preparation: Prepare an area for possible splashing.

Instructions:

1. Say to your child; "We are going to conduct a science experiment!"
2. Label cups to keep organized.
3. Dissolve 2 tablespoons of salt in one cup, 2 tablespoons of sugar in another cup, and 2 tablespoons of baking soda in a third cup. Be sure to leave one cup as plain, fresh water. (This is the controlled variable.)
4. Make sure you add enough ingredients to see residue at the bottom of the glasses.
5. Ask your child to make predictions of what they think will happen.
6. Test the eggs or grapes in each glass of water to see what happens.
7. To extend the activity, find other items to see if they float or sink.

Running on the Beach

Materials: beach bag, beach items (ex: towel, bucket, shovels, sunglasses, sunscreen, hat, bathing suit, cover-up, etc.)

Preparation: Gather materials and set out in various places.

Instructions:

1. Encourage your child to join you.
2. Tell him/her we are going to get dressed for the beach/pool. Have your child name items he/she may need. Then, show him/her the items (inside or outside).
3. Have your child race to an item put in the bag.
4. Continue until all items have been picked up.



Fun Facts About Bats

Materials: internet access, website:

<https://www.youtube.com/watch?v=2Mii45v85YY>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "What do bats use to know what's around them?" "What are baby bats called?"



Bats at the Library

by Brian Lies

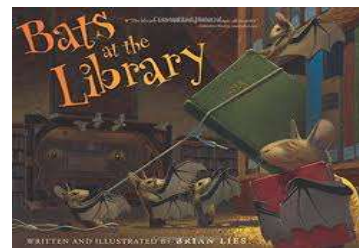
Materials: internet access, website:

<https://www.youtube.com/watch?v=E4MoLVYUMp4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about bats going to the library.
2. Ask your child questions about the story, ex: "What are the games the younger bats played?" "Where did the older bats go when they entered the library?"



Batty Rockets

Materials: straws (wide diameter and small diameter), tape, crayons, markers, colored pencils, scissors, bat template (included)

Preparation: Print out template.

Instructions:

1. Encourage your child to join you.
2. Have your child color his/her bat and then cut out.
3. Then, take the wide straw and cut to length to fit on the back of the bat. Tape in place. Slip smaller straw inside of wider straw.
4. Then, have your child blow air into the straw and watch the bat fly.



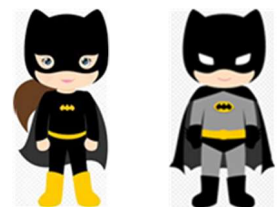
Batgirl/Batman Scavenger Hunt

Materials: template (included), prize

Preparation: Print out template and decide on the prize for completion.

Instructions:

1. Encourage your child to join you.
2. Tell your child that he/she is a bat hero and have a mission to find all the items on this list.
3. Give your child the list and help him/her read it if needed.
4. Once completed, give your child his/her prize.



A Trip to the Playground

Materials: internet access, website:

<https://www.youtube.com/watch?v=dJKOw6ngH28>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "What items did Ms. Penny have in her bag?"
"What were some playground safety rules?"



King of the Playground

by Phyllis Reynolds Naylor

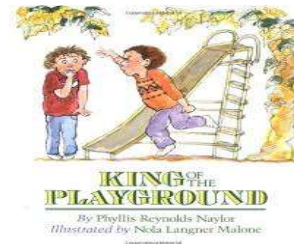
Materials: internet access, website:

<https://www.youtube.com/watch?v=e0J7IVmh1V4>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a young boy overcoming the playground bully.
2. Ask your child questions about the story, ex: "What did Sammy say he would do to Kevin if he went on the slide?" "What would you have done if you were Kevin?"



Story Illustration

Materials: construction paper, crayons, markers

Instructions:

1. Say, "Remember the playground Sammy and Kevin played in the story? Now, we are going to draw our own!"
2. Discuss what you may see at a playground with your child.
3. Provide materials and encourage him/her to illustrate a playground.



Playground Yoga

Instructions:

1. Encourage your child to join you for yoga poses.
2. **Sun Salutation:** Simply stand with your feet shoulder-width apart and extend your arms straight up towards the sky. Tilt your chin up and stretch, feeling the sun's warmth and taking deep breaths.

Warrior Pose: From sun salutation, slide your feet so that your right foot is still square to your body but comfortably behind you, and your left foot in front, like a deep triangle. Bend your left knee and straighten your right leg while lifting your arms to shoulder height, with each arm pointing straight in the direction of each foot.



Seagull Facts

Materials: internet access, website:
<https://www.youtube.com/watch?v=kmWMnpKoC5M>

Preparation: Preview video.

Instructions:

1. Watch the video with your child.
2. Ask questions about the video, ex: "How many different species of seagulls are there?" "What does the word 'prey' mean in the video?"



Seagull and Sea Dragon

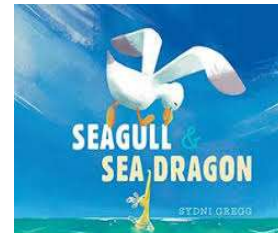
by Sydney Gregg

Materials: internet access, website:
<https://youtu.be/2WOU69cFqDo>

Preparation: Preview video.

Instructions:

1. Enjoy this wonderful story about a seagull and a sea dragon meeting for the first time.
2. Ask your child questions about the story, ex: "What did the seagull think the jellyfish were?" "What did the sea dragon think about the seagull's feathers?"



Paper Seagulls

Materials: construction paper, crayons, feathers, glue, paper plates, plastic spoon, scissors

Instructions:

1. Encourage your child to join you.
2. Say, "We are going to make paper seagulls!"
3. Discuss seagulls from the video.
4. Encourage your child to cut a paper plate in half. Cut the other half into a triangle (tail).
5. Utilize the picture below to create and decorate your bird.



Yoga Time

Instructions:

1. Encourage your child to join you for yoga poses.
2. **Triangle Pose:** Straighten your legs back to a deep triangle, rotate your arms so that your left arm is resting in front of your left leg and your right arm is pointed up to the sky, and tilt your torso accordingly. Turn your face to the sky and take deep breaths.

Dolphin Pose: Start by getting on all fours (knees and hands) with your knees shoulder-width apart. Lay your forearms against the ground with your palms face down, and push your hips up, extending your legs and feeling a gentle stretch in your back and necks. Keep your knees loose and come up on your toes if you need to.



Hermit Crab Facts

Materials: internet access, website:

<https://www.youtube.com/watch?v=k1P24jvrF8g>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to learn about hermit crabs.
2. Ask your child "What do hermit crabs wear for protection and eat?" "Where do they live?" "Do they make their own shells?"



A House for Hermit Crab

by Eric Carle

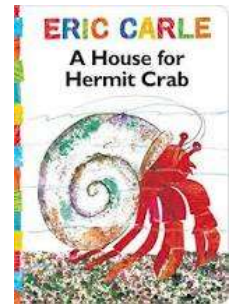
Materials: internet access, website:

<https://www.youtube.com/watch?v=rBTBQmVPJbE>

Preparation: Preview video.

Instructions:

1. Encourage your child to join you to listen to the story.
2. After listening to the story, ask related questions, ex: "What did the Hermit Crab need to do to his house?" "What sea animals did he see?"



Hermit Crab Art

Materials: cardstock paper (white), glue, paint, pencil, scissors, sponge

Instructions:

1. Encourage your child to join you.
2. Apply paint to child's left hand and press onto a cardstock. Allow to dry.
3. Cut a circle out from cardstock for shell.
4. Use pencil to draw swirl on the shell.
5. Cut the sponge into long pieces for painting.
6. Dab sponges in paint and dap lightly onto crab's shell. Allow to dry.
7. Cut 2 strips of paper for eyes.
8. Cut out handprint and attach to shell pointing downwards.
9. Glue antennas to back of handprint.

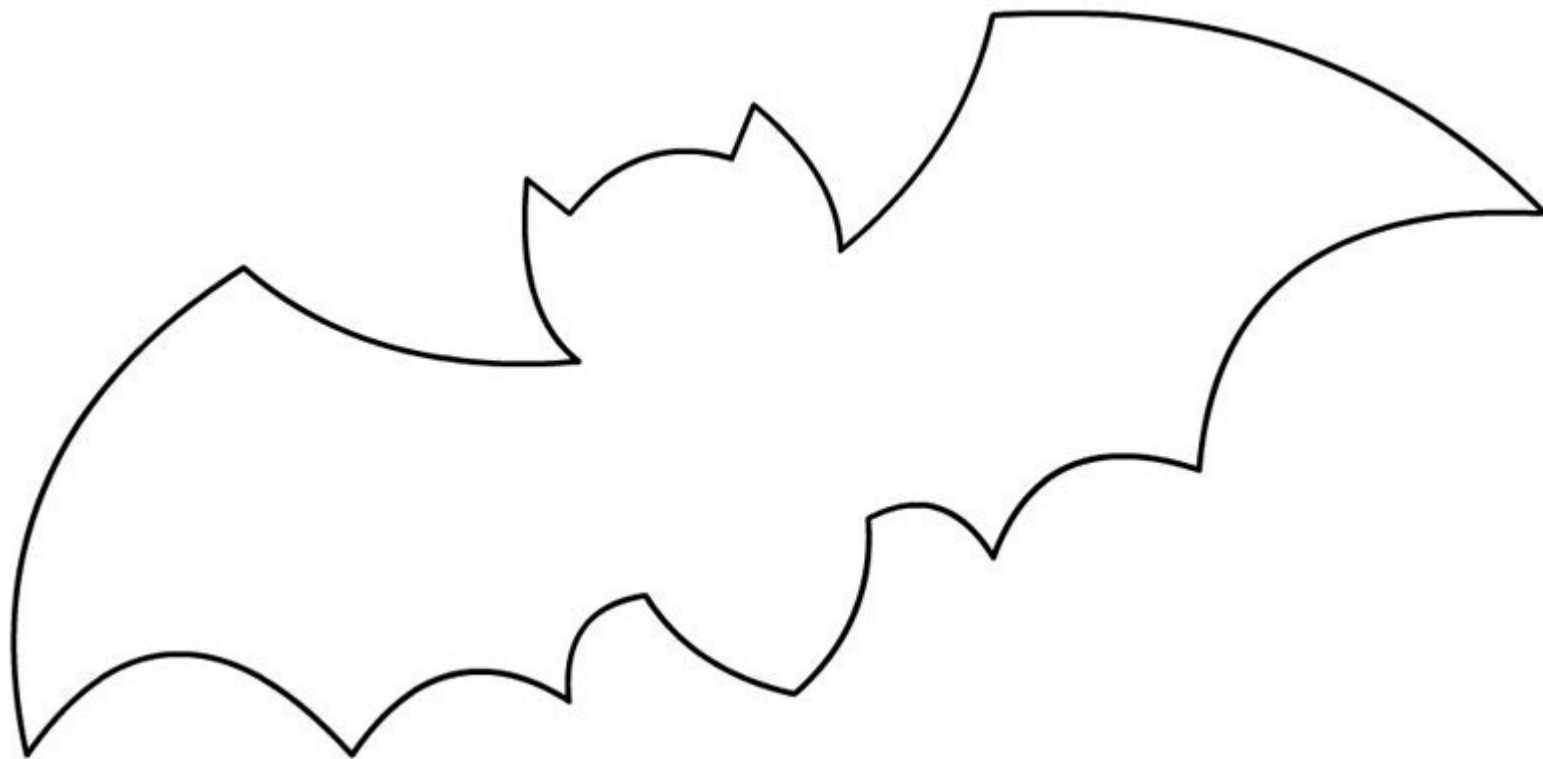


Crab Walk

Instructions:

1. Encourage your child to join you for yoga poses.
2. Sit on your bottom with your knees bent and feet flat on the floor.
3. Place your hands behind your hips on the ground.
4. Press your hands and feet down as you lift your hips up high.
5. Lengthen your belly, chest, and back of the neck. Try to make the front of your body into a straight line.
6. Release your bottom down.





Batman/Batgirl Scavenger Hunt (There is a girl and a boy template)

(Your Superhero mission is to find the treasures and complete all the task)



Can you find something that rhymes with moon?



Find something yellow



Find something that begins with the first letter of your name



Find a small flower



Find a utensil you use to eat with



Find a piece of fruit



Draw a picture of a bat and hide it for someone else to find

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