



Note: Lunch is served with 2% milk (Whole milk is served for suites 150 and 200). Snacks are served with water. Our school does not serve pork and is nut-free. \*School aged students will receive bolded snack.

## School Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<p><i>Whole grain Cereal with milk</i></p> <p>Cheese Pizza, Salad &amp; Ranch Dressing</p> <p><b>AM Applesauce</b> PM Fruit Smoothie/ Crackers &amp; Vegetable Dip</p>	<p><i>Sausage and cheese Kolache</i></p> <p>Popcorn Chicken, Mashed Potatoes, Peas and Ketchup</p> <p>AM Banana PM Carrots &amp; Ranch/ <b>Cheese stick</b></p>	<p><i>Cinnamon Bread</i></p> <p>Beef Meatballs with Mushroom Gravy, Egg Noodles and Green Beans</p> <p>AM Raisins PM Tortilla Chips &amp; Salsa/ <b>Granola bar</b></p>	<p><i>Biscuit with Sausage</i></p> <p>Chicken Fettuccini Alfredo, Salad &amp; Italian Dressing and Garlic Bread</p> <p><b>AM Orange or Berries</b> PM Cucumbers &amp; Ranch/ Chocolate Covered Raisins</p>	<p><i>Fruit and Grain Bar</i></p> <p>Turkey and Cheese Sandwich, Cucumbers &amp; Ranch Dressing and Chips</p> <p><b>AM Apple Slices</b> PM Yogurt &amp; Granola / Fig Bars</p>
<b>Week 2</b>	<p><i>Whole grain Cereal with milk</i></p> <p>Beef Little Smokies, Green Beans and Toast</p> <p>AM Applesauce PM <b>Fruit Muffins</b>/ Crackers &amp; Vegetable Dip</p>	<p><i>Sausage and cheese Kolache</i></p> <p>Turkey and Cheese Wrap, Salad &amp; Italian Dressing and Chips</p> <p><b>AM Banana</b> PM Carrots &amp; Ranch/ Cheese stick</p>	<p><i>Cinnamon Bread</i></p> <p>Beef Lasagna, Mixed Veggies and Garlic Bread</p> <p>AM Raisins PM <b>Tortilla Chips &amp; Salsa</b>/ Granola bar</p>	<p><i>French Toast Sticks and Syrup</i></p> <p>Turkey Fingers, Mashed Potatoes, Green Beans and Ketchup</p> <p><b>AM Orange or Berries</b> PM Cucumbers &amp; Ranch/ Chocolate Covered Raisins</p>	<p><i>Fruit and Grain Bar</i></p> <p>Chicken Veggie Noodle Soup and Crackers</p> <p>AM Apple Slices PM Yogurt &amp; Granola / <b>Fig Bars</b></p>
<b>Week 3</b>	<p><i>Whole grain Cereal with milk</i></p> <p>Beef Salisbury Steak, Mashed Potatoes and Peas</p> <p><b>AM Applesauce</b> PM Fruit Smoothie/ Crackers &amp; Vegetable Dip</p>	<p><i>Sausage and cheese Kolache</i></p> <p>Ground Turkey and Cheese Soft Tacos, Tortilla Chips and Salsa</p> <p>AM Banana PM Carrots &amp; Ranch/ <b>Cheese stick</b></p>	<p><i>Cinnamon Bread</i></p> <p>Fish Sticks, Egg Noodles, Carrots and Ketchup</p> <p>AM Raisins PM Tortilla Chips &amp; Salsa/ <b>Granola bar</b></p>	<p><i>Biscuit with Sausage</i></p> <p>Grilled Cheese and Tomato Soup</p> <p><b>AM Orange or Berries</b> PM Cucumbers &amp; Ranch/ Chocolate Covered Raisins</p>	<p><i>Fruit and Grain Bar</i></p> <p>Chicken and Rice, Green Beans and Toast</p> <p><b>AM Apple Slices</b> PM Yogurt &amp; Granola / Fig Bars</p>
<b>Week 4</b>	<p><i>Whole grain Cereal with milk</i></p> <p>Chicken Patty on Bun and Green Beans</p> <p>AM Applesauce PM <b>Fruit Muffins</b>/ Crackers &amp; Vegetable Dip</p>	<p><i>Sausage and cheese Kolache</i></p> <p>Spaghetti with Turkey Meat Sauce and Cheese, Corn and Garlic Bread</p> <p><b>AM Banana</b> PM Carrots &amp; Ranch/ Cheese stick</p>	<p><i>Cinnamon Bread</i></p> <p>Chicken Nuggets, Chips and Mixed Veggies</p> <p>AM Raisins PM <b>Tortilla Chips &amp; Salsa</b>/ Granola bar</p>	<p><i>French Toast Sticks and Syrup</i></p> <p>Turkey and Cheese Sliders, Carrots &amp; Ranch, Chips</p> <p><b>AM Orange or Berries</b> PM Cucumbers &amp; Ranch/ Chocolate Covered Raisins</p>	<p><i>Fruit and Grain Bar</i></p> <p>Cheese Pizza, Salad &amp; Ranch Dressing</p> <p>AM Apple Slices PM Yogurt &amp; Granola / <b>Fig Bars</b></p>
<b>Week 5</b>	<p><i>Whole grain Cereal with milk</i></p> <p>Turkey Sloppy Joes, Corn and Chips</p> <p><b>AM Applesauce</b> PM Fruit Smoothie/ Crackers &amp; Vegetable Dip</p>	<p><i>Sausage and cheese Kolache</i></p> <p>Turkey Meat Loaf, Mixed Veggies and Mashed Potatoes</p> <p>AM Banana PM Carrots &amp; Ranch/ <b>Cheese stick</b></p>	<p><i>Cinnamon Bread</i></p> <p>Baked Chicken, White Rice and Peas</p> <p>AM Raisins PM Tortilla Chips &amp; Salsa/ <b>Granola bar</b></p>	<p><i>Biscuit with Sausage</i></p> <p>French Toast Sticks, Scrambled Eggs and Turkey Bacon</p> <p><b>AM Orange or Berries</b> PM Cucumbers &amp; Ranch/ Chocolate Covered Raisins</p>	<p><i>Fruit and Grain Bar</i></p> <p>Mac and Cheese, Green Beans and Toast</p> <p><b>AM Apples</b> PM Yogurt &amp; Granola / Fig Bars</p>
<b>Week 6</b>	<p><i>Whole grain Cereal with milk</i></p> <p>Cheese Quesadilla, Spanish Rice, Salad &amp; Italian Dressing</p> <p>AM Applesauce PM <b>Fruit Muffins</b>/ Crackers &amp; Vegetable Dip</p>	<p><i>Sausage and cheese Kolache</i></p> <p>Beef Chili Mac, Green Beans and Toast</p> <p><b>AM Banana</b> PM Carrots &amp; Ranch/ Cheese stick</p>	<p><i>Cinnamon Bread</i></p> <p>Turkey Fingers, Broccoli Rice Cheese Casserole and Toast</p> <p>AM Raisins PM <b>Tortilla Chips &amp; Salsa</b>/ Granola bar</p>	<p><i>French Toast Sticks and Syrup</i></p> <p>Beef Hamburger, Pickle &amp; Lettuce Cup and Chips</p> <p><b>AM Oranges or Berries</b> PM Cucumbers &amp; Ranch/ Chocolate Covered Raisins</p>	<p><i>Fruit and Grain Bar</i></p> <p>Turkey Hot Dog, Tator Tots, Cucumbers &amp; Ranch</p> <p>AM Apple Slices PM Yogurt &amp; Granola / <b>Fig Bars</b></p>