

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast:</b> 2 Whole Grain Pancake, Banana, Milk</p> <p><b>Lunch:</b> Salisbury Steak with Gravy, Mashed Potato, Corn, Peaches, Milk</p> <p><b>PM Snack:</b> Veaie Chin. Water</p>	<p><b>Breakfast:</b> 3 Whole Grain Blueberry Muffins, Milk</p> <p><b>Lunch:</b> Nachos, Pinto Beans, Pineapples, Milk</p> <p><b>PM Snack:</b> Graham Crackers, 100% Juice</p>	<p><b>Breakfast:</b> 4 Whole Grain Cereal, Banana, Milk</p> <p><b>Lunch:</b> Cheese Pizza, Green Beans, Peaches, Milk</p> <p><b>PM Snack:</b> Whole Grain Chips, 100% Juice</p>	<p><b>Breakfast:</b> 5 Oatmeal, Strawberries, Milk</p> <p><b>Lunch:</b> French Toast, Turkey Sausage, Hash Browns, Mixed Fruit Milk</p> <p><b>PM Snack:</b> Cheez-Its, Mandarin Oranges, Water</p>	<p><b>Breakfast:</b> 6 Whole Grain Waffles, Oranges, Milk</p> <p><b>Lunch:</b> Sweet &amp; Sour Chicken, Noodles, Mixed Vegetable</p> <p><b>PM Snack:</b> Whole Grain Cereal, Bananas, Milk</p>
<p><b>Breakfast:</b> 9 Whole Grain Waffles, Oranges,</p> <p><b>Lunch:</b> Whole Grain Pasta, Spaghetti Sauce, Pineapples, Milk</p> <p><b>PM Snack:</b> Whole Grain Animal Crackers, Apple Slice/Applesauce, Water</p>	<p><b>Breakfast:</b> 10 Whole Grain Chex, Apples, Milk</p> <p><b>Lunch:</b> Whole Grain Bun, Grilled Chicken Breast, Sweet Potato Tots, Mandarin Oranges, Milk</p> <p><b>PM Snack:</b> 100% Strawberry/Banana Smoothies, Water</p>	<p><b>Breakfast:</b> 11 Whole Grain Pancake, Turkey Stick</p> <p><b>Lunch:</b> Baked Fish, Rice, Mixed Vegetable, Pineapples, Milk</p> <p><b>PM Snack:</b> Whole Grain Sun Chips/Cheez-Its, Apple Sauce, 100% Juice, Water</p>	<p><b>Breakfast:</b> 12 Whole Grain Blueberry Muffins, Milk</p> <p><b>Lunch:</b> Whole Grain Chips, 100% Beef, Pinto Beans, Pears</p> <p><b>PM Snack:</b> Whole Grain Soft Baked Pretzels, Cheese Sauce, 100% Fruit Juice</p>	<p><b>Breakfast:</b> 13 Whole Grain Cheerios, Milk</p> <p><b>Lunch:</b> Whole Grain Bun, Turkey Lunch Meat, Cheese, French Fries, Peaches, Milk</p> <p><b>PM Snack:</b> Graham Crackers, 100% Juice, Water</p>
<p><b>Breakfast:</b> 16 Whole Grain Cereal, Fruit, Milk</p> <p><b>Lunch:</b> Whole Grain Chicken Nuggets, Tater Tors, Mandarin Oranges, Milk</p> <p><b>PM Snack:</b> Cheez-Its, Pears, 100% Fruit Juice</p>	<p><b>Breakfast:</b> 17 Whole Grain Waffles, Fruit Cocktail, Milk</p> <p><b>Lunch:</b> Whole Grain Buns, Meat Balls (Beef), Mixed Salad, Pineapples, Milk</p> <p><b>PM Snack:</b> Animal Crackers, Yogurt, Water</p>	<p><b>Breakfast:</b> 18 Whole Grain Biscuits, Turkey Sausage, Apple Sauce, Milk</p> <p><b>Lunch:</b> Mac &amp; Cheese, Green Beans, Pears, Milk</p> <p><b>PM Snack:</b> Graham Crackers, Bananas, Milk, Water</p>	<p><b>Breakfast:</b> 19 Whole Grain Cereal, Fruit Bananas, Milk</p> <p><b>Lunch:</b> Beef &amp; Cheese Taco, Shredded Lettuce, Pinto Beans, Apple Sauce/Apple Slices, Milk</p> <p><b>PM Snack:</b> Mozzarella Sticks, Marinara Sauce, Water</p>	<p><b>Breakfast:</b> 20 Whole Grain Blueberry Muffins, 100% Apple Juice</p> <p><b>Lunch:</b> Whole Grain Cheese Pizza, Corn, Peaches, Milk</p> <p><b>PM Snack:</b> Chex-Mix, Apple Sauce, 100% Fruit Juice, Water</p>
<p><b>Breakfast:</b> 23 Oatmeal, Fresh Blueberries, Milk</p> <p><b>Lunch:</b> Beef &amp; Rice, Casserole, Corn, Apple Slices, Milk</p> <p><b>PM Snack:</b> Ritz Cracker with Cheese, Water</p>	<p><b>Breakfast:</b> 24 Whole Grain Biscuits, Bananas, Milk</p> <p><b>Lunch:</b> Shredded BBQ Chicken Sandwich with Baked Beans, Orange Slices, Milk</p> <p><b>PM Snack:</b> Veggie Chips, Banana, Water</p>	<p><b>Breakfast:</b> 25 Multi-Grain Cheerios, Apple Slices, Milk</p> <p><b>Lunch:</b> Cheese Quesadillas, Mixed Vegetable, Fresh Melon, Milk</p> <p><b>PM Snack:</b> Graham Crackers, Yogurt, Water</p>	<p><b>Breakfast:</b> 26 Whole Grain Pancakes, Fresh Strawberries, Milk</p> <p><b>Lunch:</b> Spaghetti &amp; Meatballs with Marinara Sauce, Lettuce Salad with Ranch, Bananas, Milk</p> <p><b>PM Snack:</b> Whole Grain Soft Pretzels, Cheese Sauce, Water</p>	<p><b>Breakfast:</b> 27 Whole Grain Muffins, Bananas, Milk</p> <p><b>Lunch:</b> Chicken Tenders, Waffles, Carrots, Apple Slices, Milk</p> <p><b>PM Snack:</b> Cheez-its, Orange Slices, Water</p>
<p><b>Breakfast:</b> 30 Whole Wheat Bagel with Cream Cheese, Milk</p> <p><b>Lunch:</b> Salisbury Steak with Gravy, Wheat Bread Slice, Mashed Potatoes, Corn, Apple Slices, Milk</p> <p><b>PM Snack:</b> Veggie-Chips, Banana, Milk</p>				